COUNSELLING FACULTY

Peter Cornish, PhD (University of Saskatchewan)
Associate professor and Director

Dr. Cornish’s primary responsibilities include individual therapy, career counselling, group psychotherapy, supervision and training of practicum students, interns, and co-ordinating the group counselling program. His clinical and research interests include interpersonal and group dynamics, individual and community empowerment, rural mental health service innovations, interprofessional team functioning, and gender issues. Although he considers himself a generalist, his empowerment-oriented approach to professional practice draws heavily on feminist, brief interpersonal dynamic and solution-focussed methods. Dr. Cornish is a registered psychologist (Newfoundland) and works part-time in private practise with H. Khalili, PhD and Associates.

Representative research

Lorraine Dicks, PhD (Memorial University of Newfoundland)
Registered Psychologist
Assistant Professor
Senior Psychologist, Health Care Corporation (Eastern Health Board)

Dr. Dicks completed graduate studies in Behavioural Neuroscience through University Laval in Quebec City, Carlton University in Ottawa, as well as Memorial. Her emphasis has been in the area of neuropsychological assessment and intervention as applied to neurological and psychiatric populations. She maintains a small private practice where she conducts cognitive assessments of individuals referred by a third party (insurance companies, lawyers) for litigation purposes related to personal injuries (eg, traumatic brain injury, whiplash). She was Co-Chair of the NL Neurotrauma
Initiative Program (a partnership with the Rick Hansen Institute and the Canadian Paraplegic Association, The Brain Injury Association, and the Provincial Government) for the past several years.

**Michael Doyle, EdD** (University of Toronto)  
**Associate professor and Training Director**

Following completion of his doctoral studies in applied psychology from the University of Toronto, Dr. Doyle worked as a practitioner in the mental health field. Current activities at the centre involve counselling and psychotherapy, teaching UCC 2020: Applied Cognitive and Affective Learning Strategies (a university wide credit course), outreach consultations, and supervision of practicum students and predoctoral interns. His research interests include the first-year student experience, helping faculty deal with students who are dealing with difficult issues, study processes in students, reproductive loss and complicated bereavement, and the impact of health issues on psychological functioning. He is secretary-treasurer of the Canadian University & College Counselling Association. He recently completed an 8-year term as chair of the Newfoundland Board of Examiners in Psychology. Dr. Doyle is a registered psychologist (Newfoundland) and is listed in the Canadian Register of Health Service Providers in Psychology. He also maintains a part-time practice in psychological services and consulting.

**Representative research**


**John Garland, PhD** (Texas Christian University)  
**Associate professor and Research Co-ordinator**

Dr. Garland has been on the centre's faculty since 1980. His primary interest is the application of research findings from cognitive psychology to students in the classroom. This has led to the development of student-centred programs for reading, studying, writing, thesis writing, test taking and test anxiety. He has co-developed an undergraduate credit course in learning strategies and is interested in computer applications, statistics and evaluation. Dr. Garland is a registered psychologist (Newfoundland) and served for many years as the registrar for the Newfoundland Board of Examiners in Psychology.
Representative research


George Hurley, PhD (University of Missouri-Columbia)

Professor

Dr. Hurley has been on the centre's faculty since 1980 and is interested in program development, supervision, and outreach/consultation to the university and the community at large. His theoretical orientation is based on an integrationist model. Among other professional activities, Dr. Hurley is past president of the Canadian Register of Health Service Providers in Psychology (CRHSPP) and past chair of the Section on Counselling Psychology, CPA. He holds a cross-appointment to the Discipline of Family Practice, Faculty of Medicine. Dr. Hurley is Vice-President of the Board of Directors of the National Register of Health Services Providers in Psychology and is a Fellow of the American Psychological Association. is a registered psychologist (Newfoundland and Labrador) and is listed in the Canadian and National Registers of Health Service Providers in Psychology. Dr. Hurley also maintains a part-time private practice in psychotherapy services and consultation.

Representative research


**Janet Krantz, Ph.D.** (The University of Memphis)
**Assistant Professor, Eating Disorder Program Coordinator, Outreach Event Coordinator, Counselling Centre Webmaster**

Dr. Krantz's primary responsibilities include individual therapy, career counseling, group psychotherapy, and the supervision and training of practicum and doctoral students. Her clinical and research interests include interpersonal therapy from a psychodynamic perspective that is multiculturally informed, personal construct theory, and stages of client's readiness for change. She is committed to serving disenfranchised and underserved populations. Although she considers herself a generalist, she enjoys working with nontraditional students, LGBT students, issues related to cancer diagnoses, the intersection of spirituality and therapy, and grief and loss concerns. She views the therapeutic relationship as the primary change agent in therapy and is dedicated to holistic approaches to wellness. To that end, she actively pursues collaboration within the discipline of psychology and interdisciplinary approaches to general individual wellness. Dr. Krantz is provisionally licensed as a psychologist in Newfoundland and is committed to the Centre's internship training programme.

**Representative research**
Krantz, J. (1995). *Multiple personality and borderline personality disorder: Competing or complimentary diagnoses?* Poster session presented at the annual meeting of the Southeastern Psychological Association, Savannah, GA.

**Kelly Neville, RN-C, MN., BSN.** (Memorial University of Newfoundland)
**Personal Counsellor**

Kelly has been an advanced practice nurse since 2002 after completing her Masters in Nursing focusing on Individual Counselling using Brief Solution Focused Therapy. She has worked in psychiatry and mental health since 1990 and has had extensive experience in both Acute Psychiatry and Intensive Outpatient Mental Health Programming while conducting both group and individual
therapy. Kelly has worked with individuals who have experienced anxiety and depression, personality disorders, thought disorders, substance and gambling abuse and eating disorders. Since 2002, Kelly has been maintaining a private counselling practice and conducting sessional work for MUN's School of Nursing instructing nursing students mental health and teaching "therapeutic communication techniques" as well as counselling university students at the University Counselling Centre. Her interest lie in working with individuals who have difficulty with an unusual stressful situation, who need to learn and refine skills to change behavioural, emotional and thinking patterns associated with problems that cause misery and distress, self-esteem enhancement, assertiveness and communication training (including setting limits and boundaries), and wellness/health promotion and prevention (including personal problem solving and goal setting).

Lynda J. Younghusband, PhD (Memorial University of Newfoundland)  
Certified Canadian Counsellor (CCC)  
Assistant Professor (contractual) Counselling Centre, Memorial University

Dr. Younghusband is a retired school counsellor, a former teacher and before that, a community health nurse. Her doctoral studies focused on high school teachers’ experiences of stress in the workplace and she is continuing that research with a particular interest in the abuse (verbal, physical and emotional) that teachers experience in their profession. Other interests include adolescent health and behaviour, particularly the areas of depression and stress. A sessional lecturer in the faculty of Education since 1997, she is also on the board of directors for the Canadian Counselling Association.

Representative Research


TEACHING STAFF

Lester Marshall, BSc, MEd (Memorial University of Newfoundland)
Learning Specialist
Mr. Marshall is involved with developing and conducting the Centre’s learning-to-learn program, designed to implement recent findings from the fields of cognitive and educational psychology for the enhancement of students’ academic performance. He also serves on committees and facilitates special programs to specific groups on campus, including international students, native students, residence-hall students, and students with learning disabilities.

Representative research

ADMINISTRATIVE STAFF

Wayne Yetman
Administrative Assistant

Patricia Coady
Intermediate Secretary

OFF-SITE PROFESSIONAL SUPERVISORS

Olga Heath, PhD (Memorial University of Newfoundland)
Registered Psychologist
Professional Practice Coordinator - Psychology services
Health Care Corporation (Eastern Health Board)

As professional practice consultant for psychology services, Dr. Heath is responsible for developing and co-ordinating internship rotations within Eastern Health. Clinically, she works primarily with clients with eating disorders.
Lilly Walker, PhD (University of North Dakota)  
Registered Psychologist  
Dean, Student Affairs and Services  
Memorial University of Newfoundland

Dr. Walker is an established clinician, administrator, and author who has been recognized for her contributions to psychology and education in Canada. She has been a strong advocate of mental health and has always been involved in community consultation and intervention programming. Dr. Walker values sharing the insights and scholarly findings of psychology with the goal of assisting people in accomplishing productive changes in their lives. Her current interests involve the growth and development of student affairs and services at Memorial University. She values the role of supervision in the maturation of a professional psychologist and thoroughly enjoys interacting with predoctoral interns in that aspect of their training.

Representative research

CROSS-APPOINTED FACULTY

Cheri Bethune, MD, MCiSc, CCFP, FCFP (McMaster University)  
Professor of Family Medicine

Dr. Bethune was cross-appointed to the University Counselling Centre in 1987. She has been on faculty with the Discipline of Family Medicine since 1984. Her major interests include the teaching of interviewing skills to medical students and family practice residents, reflective practice, professionalism, career choice, research in the doctor-patient relationship and the enhancement of interdisciplinary approaches to teaching and patient care. Other interests include sexuality, sexual abuse, and wife assault. She enjoys alternative healing approaches in the use of hypnosis and acupuncture. She has served on the executive of the College of Family Physicians of Canada for seven years.

She recently completed her Masters of Clinical Science (Family Medicine) by distance through the University of Western Ontario. Her thesis topic was a qualitative analysis of learner’s experience using a critical incident reflective journal during their family medicine
training. This has led to further interests and research into these of journals in adult education, distance education strategies, and the teaching of reflective practice.

**Representative research**

Pullman, D., Bethune, C., Duke, P., (2003). Memorial University of Newfoundland, Faculty of Medicine, The Medical Humanities in the Clinical Skills Course. *Academic Medicine, 78(10).*

**Sheldon Birnie-Lefcovitch, PhD, RSW (Wilfrid Laurier University)**

**Associate Professor and Director, School of Social Work**

Dr. Birnie-Lefcovitch was cross-appointed to the University Counselling Centre in 2003. His interests are in community mental health with a particular focus on primary prevention, normative life transitions, and informal social support. His current SSHRC-funded research investigates rural-urban differences in student adaptation during the transition from high school to university. A faculty member in the School of Social Work since 1998, he was recently appointed Director and serves on the Board of Directors of the Newfoundland and Labrador Association of Social Workers.

**Representative Research**

Birnie-Lefcovitch, S. (2001). *Primary prevention in child and adolescent mental health.* Presentation to the staff of the Mental Health Division, Janeway Children’s Hospital: St. John’s, Newfoundland.
Birnie-Lefcovitch, S. (In Progress). *Entering University:* A comparison of adaptational outcomes achieved by rural and urban students during the transition from high school to university.


**Terrence (Ted) Callanan, MD** (Memorial University of Newfoundland), Dip. Psych. (McGill), FRCPC

Member, Canadian Psychoanalytic Society

**Chair, Discipline of Psychiatry (Faculty of Medicine)**

Dr. Callanan was cross-appointed to the University Counselling Centre in 2002. He has a particular interest in mental health assessment and group and family dynamics and functioning. His research also includes studies on remote mental health assessment via distance technologies and assessment of mental health services. He is a graduate of Memorial University of Newfoundland's medical school and has studied psychiatry at McGill University as well as training at the Canadian Psychoanalytic Institute (Quebec English branch).

**Representative Research**


**Alice Gaudine, MSc (A) (McGill University), PhD (Concordia University), RN**

Associate Professor (School of Nursing)

Dr. Gaudine was cross-appointed to the University Counselling Centre in 2002. Her research interests include the quality of nursing work life and the retention of nurses. She has experience
in mental health nursing. She has also worked as a head nurse, nursing coordinator, and director of nursing. Upon completing her doctoral degree in 1997, she joined the faculty of Memorial University's School of Nursing. In this position, she has taught therapeutic relationships and mental health nursing in the undergraduate program, and program development in the graduate program.

**Representative research**

**Current Research Funding**
Gaudine, A., LeFort, S., & Thorne, L. The functioning of hospital ethics committees for clinical practice and nurses' and physicians' use of these committees. CIHR operating grant (2005 - 2008), $141,795.

**Kellie Hadden, PhD** (University of Saskatchewan)
**Assistant Professor (Psychology Department)**

Dr. Hadden was cross-appointed to the University Counselling Centre in 2002. Her research interests include pain assessment in children and adolescents with significant neurological impairment (SNI). Her clinical interests involve both individual and group psychotherapy. She has worked in a variety of clinical settings, such as, university counselling centres, forensic institutions, children's rehabilitation centres, and hospitals (inpatient and outpatient). The clinical issues that interest her the most are depression, anxiety, abuse, anger management, violence, post-traumatic stress, personality disorders, and complicated grief.

**Representative research:**