

<http://www.mun.ca/wamun>

Greetings from your President

Welcome to a new year of WAMUN activities. I do hope everyone had a pleasant summer. Certainly the weather cooperated and gave us many sunny days. The gardens needed a little rain but no doubt they were watered by hand to keep the flowers blooming. The Executive has been working during the summer and has prepared, what we think, will be a year of interesting talks and a new Interest group for you to consider. We are quite excited about the ET show. First up is the Fall Reception in September. Two items about this get together;



Firstly, we have a lovely Plant Stand to sell tickets on at the Reception and at Interest Groups who meet before the Reception. This stand originally belonged to Gladys Deutsch and then to Leila

Clase. Leila has moved and wished to donate it to WAMUN to sell on tickets and raise some money for our Scholarship Fund. So please come ready to buy tickets. The winning ticket will be drawn at the end of the evening. A photo of the Plant Stand will be circulated beforehand at Interest groups and via the List Serve for you to see and think about how nice it would be in your house. I know I would be happy to have it in mine.

Secondly, have you thought about bringing a friend to the Fall Reception and introducing them to the WAMUN family? We welcome new members and this year we are offering Gift Membership Cards so that you can give your friend a free membership for one year. These cards will be available in September.

The Interest Groups are gearing up for a new year but some have continued during the summer months. The Scrabble Group met every Wednesday throughout the summer and the Book Group members are no doubt reading to their hearts content. The walking groups also kept walking through the summer and the Morning Coffee will start up again soon. Our new Interest Group is described later in the Newsletter but it is intended for people who have electronic toys such as ipads, ipods, blackberries, smart phones and some items whose names I do not even know, and who wish to learn more about their use. This came about as a result of some interest shown at the recent AGM.

A Thank You note to WAMUN has been received from CFUW. The letter said that "your members have become indispensable to the success of the Big Book Sale and we look forward to working with them each April". The WAMUN executive also extends its thanks to those WAMUN members who worked with CFUW. It is a good liaison, after all we have similar ideals and fund raising for MUN Scholarships is paramount.

Our Fall Speaker will be Dr. Barbara Roebathan. Dr. Roebathan is an Associate Professor of Community Health (Dietetics/Nutrition) and will speak to us in October about Nutrition and some of the work she has done. With the success of last year's Pot Luck Supper and Speaker evening, we intend to do that again and it seems appropriate with a lecture on nutrition. Watch those calories! More about this in September.

Two of WAMUN's runners fared very well in the Telly 10 in July, each of them placing in the top three in their respective age groups. Congratulations Lynda Younghusband and Linda Hensman. Were any other members running that day? Please let us know.

Also, I hope you saw the article in The Communicator about WAMUN's contributions to the MUN Food Bank. Thanks to Tonya who arranged for the article to be included in the issue (vol. 26, no.2, Summer 2012).

Looking forward to seeing you all at the Fall Reception when we meet once more after the summer months

Julia Mathieson,
President



2012-2013 Fall and Winter Events

- * September 26th, 2012 ,Wednesday, Fall Reception in the Earth Sciences Graduate Lounge, ER 4065 from 7:30 PM to 9:30 PM
- * October 17th, 2012 , Wednesday, Fall Talk in the Earth Sciences Graduate Lounge ER 4065 Pot-luck
 - 6 for 6:30; Starting
 - 6:30-7:30; Dinner
 - 7:30-8:30; Talk– Dr. Barbara Roebathan
- * January 12th, 2013 , Saturday, January Coffee Morning in the Earth Sciences Graduate Lounge ER 4065 from 10:30 AM to 12:30 PM
- * March 6th 2013 , Wednesday, Spring Talk , Location: TBD-Mr. Kevin Foley RNC officer– from 7:30 PM-9:30 PM

Fall 2012 Talk– Nutrition

Dr. Barbara Roebathan is both a faculty member at Memorial University in the division of Community Health with a specialization in Nutrition/Dietetics ,and is a Registered Dietitian associated with the College of Dietitians in Newfoundland and Labrador. Her research primarily focuses in on community nutrition, nutrition surveys, and dietary intake data in NL. Dr. Roebathan is heavily involved in the community through local groups such as the Dietitians of NL, Provincial Food and Nutrition Advisory Committee, Kids Eat Smart Foundation, and many other affiliations. She has won many awards and received many research grants. Most recently, she was named Volunteer Faculty Member of the Year award by the Student Volunteer Bureau at Memorial University. We are pleased to have Dr. Roebathan coming to speak with us on the topic of nutrition on October 17th, 2012 at 7:30pm in the Earth Science Building room 4064. A pot-luck will be held at 6pm in the same room. Details will be sent out via email.



Spring 2013 Talk– Identity Theft

Constable Kevin Foley, RNC officer will speak on Identity Theft on Wednesday evening, March 6, 2013, from 7:30 PM. This is one of the fastest growing crimes of today. Learn how criminals will try to deceive you of your personal information for their gain and ways you can protect yourself. The venue for Spring talk will be announced later.

WAMUN Book Club– Non Fiction Group

That's what we read - nonfiction! No goodies, no coffee, just an informal discussion of the book at hand -- and other matters as they arise. We meet on the 1st Tuesday of each month at 2:00 p.m. at The Tiffany.

This year, our reading includes a travel book, an author's memoir, a gravedigger's memoir, a 'brain' book and several books on more serious issues.

Sept. 4	<i>Lost on Planet China</i>	Maarten Troost
Oct. 2	<i>The Mourner's Dance</i>	Katherine Ashenberg
Nov. 6	<i>In the Land of the Long Fingernails</i>	Charles Wilkins
Dec. 4	<i>Behind the Beautiful Forevers</i>	Katherine Boo
Jan. 15	<i>Ru</i>	Kim Thuy
Feb. 5	<i>Oranges and Sunshine: Empty Cradles</i>	Margaret Humphreys
Mar. 5	<i>Time to be in Earnest</i>	P. D. James
May 7	<i>Thinking Fast and Slow</i>	Daniel Kahneman
June 4	<i>The Immortal Life of Henrietta Lacks</i>	Rebecca Skloot



On April 2, our members will present their recommendations for 2013 – 14. On June 4, we will vote on which books we will be reading in the coming year as well as discussing *The Immortal Life of Henrietta Lacks*.

For more information, including a list of books that we recommended, but which were not chosen, see the WAMUN Website.

Come read with us and join the discussion!

Deborah Rehner, convener- @ 739-5046- dbrehner@gmail.com

WAMUN Book Club– Fiction Group



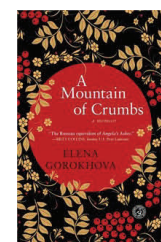
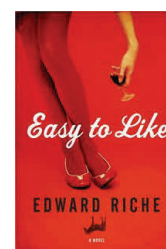
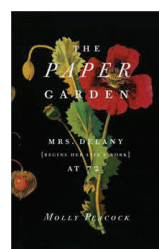
September -	<i>The Paper Garden</i>	by Molly Peacock
October -	<i>Half-Blood Blues</i>	by Esi Edugyan
November -	<i>Easy to Like</i>	by Edward Riche
January -	<i>A Mountain of Crumbs</i>	by Elena Gorokhova
February -	<i>The Best Laid Plans</i>	by Terry Fallis
March -	<i>Cutting for Stone</i>	by Abraham Verghese
April -	<i>People of the Book</i>	by Geraldine Brooks
May -	<i>Far to Go</i>	by Alison Pick

Regular Meeting Times: We have three sections which meet as follows:

- ◆ Second Tuesday Afternoon of the Month Group - 2:00 pm– Convener: Tonya Bassler
- ◆ Third Tuesday Evening of the Month Group - 8:00 pm- Convener: Lynda Younghusband
- ◆ Fourth Tuesday Afternoon of the Month Group - 2:00 pm– Convener: Mary Chalker

Reserve Books:

<i>The Sisters Brothers</i>	by Patrick deWitt
<i>Secret Daughter</i>	by Shilpi Somaya Gowda



Exploring our Electronic Toys Group (ET)

NEW WAMUN INTEREST GROUP!

Exploring our Electronic Toys (briefly, ET)

Have you heard? WAMUN is starting a new interest group!

At the AGM, we talked a bit about our electronic toys and how we would like to know more about them. How can we become more computer literate? How can we make sure that we are getting the most out of our laptop, our tablet, our electronic reader, etc. The ET interest group is one small attempt to respond to that need.

WHEN? EVERY Thursday afternoon, starting September 6, 2012

TIME? 2:00 - 3:30

WHERE? The Community Room on the 3rd floor of the Arts & Culture Centre Annex

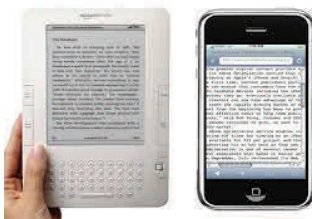
FAQ

1. What is this all about?

Many of us have electronic toys!

We all have questions about our toys!

No one knows it all!



iPad

2. What is the A&CC Annex?

The Annex is the building opposite the main entrance of the Arts & Culture Centre.

3. How do I get there? Where do I park?

Park in the A&CC parking lot. There may be one row of spaces that are clearly libeled “Parking by Permit Only”, but all of the spaces ‘in the middle’ are free.

From the lot, head toward the little ‘Annex’ parking lot and cross the driveway. When you get to the lot, turn right and you will see a glass door. Go in and take the elevator (or the stairs) to the 3rd floor. We will have the door of the Community Room open and waiting for you.

4. Really? EVERY Thursday afternoon?

Well ... Obviously we will take a break at Christmas and stuff like that.

5. What should I bring with me?

Yourself! ... and your toys ... and your questions

6. Who is in charge?

You!

See you there! Karen Lippold, Julia Mathieson and Deborah Rehner. conveners



WAMUN-Hiking Group

NEW WAMUN INTEREST GROUP!

HIKING, ETC.

When this interest group was started in 2003, there was a 'Saturday' group and a 'Weekday' group. Now, it seems to be securely back to having two groups. There is now a 'Saturday' group and a 'Monday' group. In the Saturday group, we make sure to walk almost every Saturday, we limit our walking to an hour, and we always end up at Tim's! The Monday group is a bit more adventuresome. They have done several walks along the East Coast Trail and also had a walk up on the Three Pond Barrens in Pippy Park.

(The picture on the right above shows the Monday group on their way from Blackhead to Cape Spear in July.)



Deborah Rehner convenes the Saturday group and sends out a message near the end of each week to those on the group's mailing list. Elke Molgaard looks after the Monday group and sends out a message to the group when a Monday hike is planned. If you wish to join either group, send an email to Deborah or call her. She will ensure that your name gets on the correct list(s).

(The picture to the right shows the Saturday group on June 16 when we joined the Terre Neuve Grannies at Mundy Pond.)

Check the [website](http://www.mun.ca/wamun/walking_hiking.php), (http://www.mun.ca/wamun/walking_hiking.php) for more information and to see our photo albums.

Come, walk & hike with us. Deborah Rehner-dbrehner@gmail.com @ 746-7262

Distinguished Service Pin-2012 - Marjorie Evans

Marjorie Evans Recipient of WAMUN Distinguished Service Pin, 2011/12

Each year, at our AGM, WAMUN honours one of its members who has served the organization well over the years. It gives me great pleasure to announce that this year's recipient of the Distinguished Service Pin is Marjorie Evans. Marjorie has organized our major fundraisers, the fall plant sale, for the last 6 years and has been on the organizing committee since 2005. She took on organizing a second plant sale in the spring of 2009, 2010 and 2011. In going back through our Newsletters I learned she has succeeded in the face of a hurricane in the fall of 2006 and our sometime slow response with plants. Fundraising for our scholarships became even more important with the collapse of the stock market in 2008. Investment income, which previously helped to keep the fund healthy, has been hard hit. In recognition of her work and the Importance of the plant sales, which have allowed us to fulfill one of the purposes of WAMUN, and which in my opinion validates us as an organization, we are presenting Marjorie with a Distinguished Service Pin.



Distinguished Service Pin-2011 – Deborah Rehner

Deborah Rehner Recipient of WAMUN Distinguished Service Pin, 2010/11

In theatre they talk about performers who are triple threats— acting, singing and dancing. To our good luck Deborah has shown herself to be a quadruple threat in the model of Canadian figure skaters who land quads with grace. She has been the editor of the Newsletter and was instrumental in moving it online, she led the Saturday Walking Group since forever, she chairs the non-fiction book group, and along with Pat Whittle she has been a webmaster on our revamped website. Thank you Deborah for making WAMUN a stronger, more vigorous organization.



Scrabble Group 2012-2013

The Scrabble Group has continued meeting on a regular basis at Chapters on Wednesday mornings at 10 a.m. We have welcomed a lot of new members this year, with an average attendance of 12. Some of us enjoy the game so much that we go out to lunch with our small travel Scrabble kit after our meeting and have another game! convener: Janet Fairley, janetfairley@bellaliant.net



Coffee Morning 2012-2013

The Coffee Group meets on alternate Wednesday mornings between September and June to socialize informally over coffee and snacks. We have no set agenda and take turn being hostess. It's a nice stress-free way to keep up-to-date on activities in our lives and in the community in general. We welcome new members who might wish to participate in this group. Convener: Pat Collins pat.collins@bellaliant.net

WAMUN Membership

Ladies, it is that time of year again. Time to renew our WAMUN memberships and, if you wish, make a donation to the WAMUN Scholarship fund. Please remember that all cheques for membership must be made out to WAMUN and all cheques for Scholarship must be made out to Memorial University of Newfoundland. Please do not combine the two into one cheque. Your membership entitles you to join any or all of our various different interest groups and enrollment in these groups is restricted to WAMUN members.

Support Food Bank

Items such as sugar, flour, cooking oil, canned vegetables and fruits, juices, tinned milk, tins of tuna, chicken or ham, plain macaroni and rice, and spaghetti sauce. are always in demand at the MUN Campus Food Bank in Corte Real near Burton's Pond. Donations of non-perishable items continue to be collected at WAMUN events throughout the year.



WAMUN New Executive Board Members 2012-2013



New Executive Board Members:
President : **Julia Mathieson**
Vice-President:
Lynda Younghusband
Past President: **Karen Lippold**
Secretary: **Kathryn Simonsen**
Membership Chair : **Susan Goold**

Treasurer: **Trudy Goold**
Newsletter Editor: **Marjan Hashem**
Social Convenors: **Miranda Polgar,**
Karen Lippold

For more detail information please refer:

<http://www.mun.ca/wamun> Page 6