WAMUN Newsletter



Women's Association of Memorial University of Newfoundland

Vol. 46 no. 1 November 2018









President's Report Dear Friends,

A new season of WAMUN events has begun! After a wonderful summer, I hope you are back with us again this fall, enjoying the meetings of a number

of our social and interest groups. Coffee Mornings members have resumed their schedule, as have two book discussion groups, two walking groups, the Scrabble and E-Toys groups, as well as the groups interested in Art, Music and Photography. We owe a great round of thanks to the interest group leaders who keep coming up with great ideas for new groups and who keep the older groups going!



In this newsletter, you will see what the groups have done so far this fall and what they have planned for coming months. Would like to expand your participation in them? If so, you can obtain an up to date schedule of our meetings and social events at any time by checking the home page on the WAMUN website. http://www.mun.ca/wamun/

The first social event of the year was held on September 19th the *Fall Reception*. There was a good turnout. Aside from the tasty food, it was a great opportunity to reconnect with friends. Many of us also took the chance while there to pay our annual membership fee and to make a donation to

the Scholarship Fund. If you have not had a chance to attend to this yet, please do so in the next few weeks. All donations are very much appreciated.

On **November 14** - only days away now - we will be hosting the *Fall Potluck and Talk*. Dr. Diane Tye, a folklore specialist at Memorial will be speaking about what can be learned about the lives of women from the recipes that are handed down in families. It promises to be an enjoyable evening. Details of time and place are shown on the next page, below.



Dr. Diane Tye

--- Kathy Simonsen

PROGRAM OF SOCIAL EVENTS 2018-2019

SEPTEMBER 19 FALL RECEPTION AND GENERAL MEETING

Member registration and program group sign-ups

A brief business meeting

Coffee, conversation, and presentation by interest groups

NOVEMBER 14 FALL POTLUCK AND TALK

Doors open at 6:00. Food served at 6:30

Talk begins at 7:30

Guest Speaker: Dr. Diane Tye

"Reading Women's Lives Through Recipes"

JANUARY 12 NEW YEAR'S COFFEE MORNING

10:30 a.m. to 12:00 noon

Coffee, pastries, and socializing. Members and friends welcome!

MARCH 6 SPRING TALK

SPRIN

7:30 to 9:00 p.m.

Guest Speaker: Suzanne Sexty

"The photographs of Elsie Holloway: St John's history"

LOCATION OF THESE EVENTS: ER 4065

Earth Sciences Department Lounge, MUN Campus.

Parking available in the ER building's parking garage.

APRIL 27 ANNUAL GENERAL MEETING & LUNCHEON

Location: THE FLUVARIUM

Doors open 11:15 Lunch served at 12:00 Meeting begins at 1 p.m.

Members and Friends welcome.

The 2018-2019 Executive

At the April 2018 AGM, this year's executive was elected. With thanks to out-going members, Liz Laverty and Sue Murdey, new members Frankie O'Neill and Joan Hiller were welcomed aboard.

The executive would love to receive comments and ideas from all members, at all times. We would also like to encourage members to consider serving on the executive in some capacity when the next call for members is issued. The workload is light, the meetings are few and enjoyable.

President	Kathy Simonsen	Membership	Susan Goold
Vice President	Marilyn Porter	Social Convenors	Ingrid Pardoe
Secretary	Frankie O Neill		Karen Lippold
Treasurer	Joan Hiller		Brenda Burness
		Website & Newsletter	Dorothy Milne

≫ MEMBERSHIP

Currently WAMUN has 94 members. We welcome new members, so please consider inviting any friends of yours who you think might enjoy our group to come along to a meeting or two.



It's time again to renew your WAMUN membership. The annual fee - still just \$15 - entitles you to come to all our social gatherings, and interest group meetings.

Susan Goold and interest group convenors accept payment by cash or cheque.

If you have not yet paid your dues, please do so before December 10 at the latest.

Cheques should be made out to "WAMUN". If mailed, the address is:

WAMUN, c/o Department of Classics, Memorial University, St. John's, NL, AIC 5S7

Updating your contact information:

Has your street address, e-address, or telephone number changed since the Fall of 2017? If it has, please send your updated information to Susan Goold at susan.goold@gmail.com

---- Susan Goold, membership secretary

≫ SCHOLARSHIPS

This year is the **40th anniversary** of WAMUN's scholarship fund. In 1978,

WAMUN members donated enough money to provide one \$600 undergraduate scholarship. Over the years, the number of scholarships awarded each year has increased, as has the size of the endowment fund. Currently our funds support eight scholarships each year - four for



undergraduates, and four for graduate students. As of April 2018, WAMUN has awarded 242 scholarships!

The endowment fund is valued now at just over \$180,000. To reach sustainability, we need to reach \$200,000. This goal is now clearly within reach if members continue to donate at their present levels of generosity. At present the income from the fund is barely enough to fund the eight scholarships, much less to grow the fund to the target level. In other words, we do still need your donations! Your help is very much appreciated by the students and by the University!



Linda Hensman

If you have not yet made a donation this year and would like to, please send a cheque made payable to *Memorial University* to: WAMUN, c/o Department of Classics, Memorial University, St. John's, NL, AIC 5S7

We would like to thank Linda Hensman for her dedicated work on the Scholarship Committee and her work, solo, as chair of the committee in recent years. Her work is much appreciated. A new committee has been established. They have reviewed the books and will be sending donations to the University shortly.

--- Dorothy Milne, Ann Noseworthy, Deborah Rehner

« CAMPUS FOOD BANK

In 2017- 2018, WAMUN members donated \$1,825 to the Campus Food Bank. It was our first year of collecting only monetary donations (no food items). Eleven members donated their Loblaw's 'bread cards' which helped us to reach this new record for donations. So far this year, our donations have amounted to \$342.





Piggy makes an appearance at most of our events. Piggy accepts bills, cheques, and coins. Grocery cards can be handed in to convenors. All donations are forwarded to Dorothy who does the accounting and sends the donations on to the Food Bank. Tax receipts are issued upon request.

The CFB reports that the need for food continues to rise, so please be generous. They are very grateful for our help.

Distinguished Service Award

At the Annual General Meeting in April 2018, the Distinguished Service Award was conferred upon Kathryn Simonsen, who has served ably and congenially as our president since 2013-14. An ad hoc committee of past award recipients was asked to approve this award, as they enthusiastially did. Kathy's contributions have been exceptional.



The award was presented by Julia Mathieson who received this award in 2009. Julia served two terms as president of WAMUN, in 1983-84 and again in 2012-2013.

IN MEMORIAM Eleanor Anne Nesbitt Friis January 15, 1946 - June 26, 2018



Eleanor Nesbitt was born in Ottawa and grew up there. She had one son, Magnus Friis. She came to Newfoundland and worked as a technical editor for C-Core. She also taught English. She loved Shakespeare, mystery novels, Tolkien, dragons and cats.

Afflicted with multiple sclerosis, she moved from her home into care about ten years ago. She was very independent. She often ventured out onto the streets of St. John's in her electric wheelchair to do a little shopping. Even after she was confined to bed, she continued to read and learn how to use the latest electronic devices.

She was an active member of WAMUN for many years. She served four terms as President of WAMUN: 1988-89, 1992-93, 2005-06, and 2006-07. She was awarded the Distinguished Service Award in 1997.

She was an early member of the International Food Group that began in the early 80's. She was also instrumental in organizing the nonfiction book discussion group, hosting the meetings in her home for some time. She came to as many meetings and events as she could, even after her illness made it difficult for her to do so. Several WAMUN members helped her continue her participation in our gatherings, as well as taking her shopping, or for a meal or a movie. Some held an annual Christmas gathering with her annually and in January met again with her to celebrate her birthday.



Eleanor was notable for her generosity of spirit and willingness to share what little she had. Her indomitable spirit, independent mind, optimism and wry sense of humour endured despite many years of declining health and disability. Among her many friends, she will be greatly missed.

sources: the obituary and contributions from Karen Herzberg, Pat Collins and Deborah Rehner

Coffee Mornings are social events that have been popular with our members for decades. Come and join our warm, supportive group.

As in past years, the Coffee Morning group is open to members who signed up at the Fall Reception or who contact the convenor in advance of a meeting. If they have not already paid their WAMUN membership dues, they may pay them at the first Coffee Morning they attend.

If at all possible, meetings take place in the home of a host volunteer. Those who join the group are expected to host a meeting, normally about once a year. The group meets *every second Wednesday morning* at 10:30 a.m., starting in September and continuing till a final date in June, with adjustments made during the Christmas Season.

convenors: Marilyn Beaton <marilynbeaton@gmail.com> & Bev Gardner <gardners@nl.rogers.com>

INTEREST GROUPS news and plans for 2018-2019

ART HAPPENINGS

The Art Happenings Group is now enjoying its fifth year of activities. Our group meets monthly, usually on the *third Thursday* of the month. We meet at the chosen location at 1:30 p.m. We often stay for coffee and conversation after viewing the works of art. New members are most welcome.



In September we visited the Crafts Council of Newfoundland at its new location at 275 Duckworth Street, and saw exhibits of ceramics, quilts and other textiles. In October we attended an exhibit of photographs at The Rooms. In November, we will visit the Red Ochre Gallery. We will continue to visit interesting exhibits in coming months.

We would like to thank last year's convenor, Brenda Rishea, for the interesting and varied array of visits she organized for us last year. It was especially enlightening to hear the insights of one who paints herself.

A record of past visits and notification of the next visit can be found on the website at:



The group at the exhibit of botanical art at the Oxen Pond Botanical Gardens May 2018

http://www.mun.ca/wamun/arts.php

convenor: Donna Burden

➢ SCRABBLE

Calling all Scrabble players from beginners to experts. A very friendly group of us meets at Starbucks at Chapters on Kenmount Road every Wednesday morning of the year from 10:00 a.m. till noon. The aim of the game is to have fun and try out our word knowledge (cheat sheets are allowed). You will never be without people to play with as there are no set partnerships. We mix and match freely. You can join us on a drop-in basis on any Wednesday morning.



--- Susan Goold

≫ BOOK DISCUSSIONS

WAMUN's book discussion groups have planned a selection of good titles to read and discuss this Fall and Winter. Both groups meet at the Marjorie Mews Library, on a Tuesday, starting at 1:30 p.m.

All WAMUN members are welcome to come to these discussions. Come for some of the sessions or for all. Most of the books are easily available.

We like some books more than others, but no matter what our reactions, the discussions are always lively and thought-provoking.



The Mostly Fiction group discussing 'The Greatest Hits of Wanda Jaynes" with visiting author, Bridget Canning.

The Nonfiction group planning the books for the 2018-2019 year

The Nonfiction and Mostly Fiction groups usually meet on the first and fourth Tuesday of the month, respectively. However, in months that have five Tuesdays, the schedule may be altered to work around holidays. The precise schedules can be found at any time on the website:

http://www.mun.ca/wamun/index.php
http://www.mun.ca/wamun/bookgroups.php

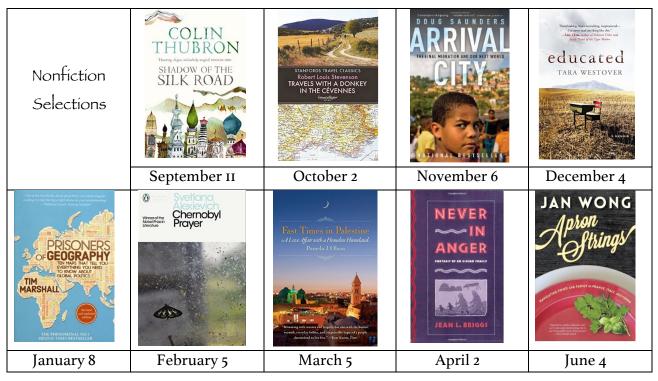
The titles and dates for the books selected this year are shown in the tables below.

convenors: Nonfiction: Deborah Rehner dbrehner@gmail.com

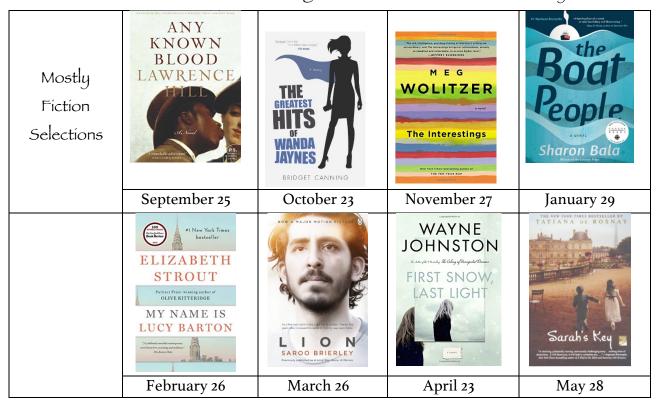
Mostly Fiction: Karen Lippold klippold@mun.com

THIS YEAR'S BOOKS

Nonfiction titles



Fiction titles - with the authors as our guests on October 23rd and January 29



AND, DON'T FORGET THE BOOK GROUPS' CHRISTMAS PARTY: DETAILS BELOW



CHRISTMAS PARTY

FOR BOTH

BOOK DISCUSSION GROUPS

2 p.m. on DECEMBER 11TH

7 TIFFANY LANE

2

WALKING GROUPS

Would you like to learn where all the good hiking and strolling sites are in St. John's and surrounding regions? Would you like to find new places to walk your dog? Would you like to get more exercise, but would prefer to go at your own pace and in the company of other women?

Why not try coming with us on some of our walks? Bring a friend. Dogs are also welcome on most walks.

There is a Monday and a Saturday group. Depending on your fitness level and the time you have available you may choose to come to the walks of either group or both, as you prefer.

The **Monday walks** require at least a moderate level of fitness. This is the group for people who would prefer a brisk walk. We often choose to go on some of the more adventurous trails, such as



nearby sections of the East Coast Trail or treks across the barrens. Hills may be involved. The walks are longer and cover greater distances than those of the Saturday group. In the winter, the group has on occasion gone snowshoeing and cross country skiing on the trails.









Saturday walks are chosen to suit walkers at all levels of ability. We walk on well groomed trails, and in winter, we avoid ice. We partner with others who walk at the same speed. Everyone starts at the same time, walks for the hour (however great or small the distance), and returns to the starting point at the end of the hour. Every person decides how fast or how far they want to walk. If we need to sit down for a spell, we do so.









Some of us take the opportunity to identify plants, bird watch and take photographs. After the walk, we head for a coffee shop for conversation and refreshments.

The Monday and Saturday groups walk on their appointed days, meeting at a pre-arranged location at I:30 p.m. If you ask to be put on the mailing list, you will be sent an e-mail with the details for the group's next walk.

Come and enjoy fresh air, exercise, and fellowship.

Monday walk convenor: Marjorie Evans marjjevans@nl.rogers.com

Saturday walk convenor: Deborah Rehner dbrehner@gmail.com

≫ SNAP & CHAT

Are you interested in photography? Would you like to get together with us once a month to take photos of a variety of subjects at various places around town, or snap pictures of people or objects indoors? If so, why not join this group?

Any sort of camera will do, including the ones that most of us have in our cell phones.



This group is now in its second year. We have spent some sessions learning how the various adjustments on cell phone cameras work, and some sessions on how to edit the photos we take on a

cell phone or tablet. However, rather than focusing on technical issues, we expect now to spend more of our time taking photos on various themes or in various places, indoors or out.

Snap & Chat meets at the Marjorie Mews Library at 1:30 p.m. on the first Thursday of the month. However, we sometimes go outdoors to take photos for a short while and then return to our meeting room at the library to view and compare our photos. Part of the fun is seeing the different images we have chosen to capture while experiencing the same place or event



This Fall, we have been exploring more topics and places of interest. We have visited the Botanical Gardens, Holland Nurseries, and Georgestown (for the street-scape). We now have a GooglePhotos shared site for the photos we take on each excursion. Also, we now have a page on the WAMUN website to display some of our efforts.

http://www.mun.ca/wamun/snapnchat.php

In the future, we hope to learn more about composing and editing photos, or taking specific types of photos such as landscapes, streetscapes, portraits, and so forth.

No great expertise or equipment is needed. Just bring your cell phone or camera and join us!

convenors --- Karen Herzberg karen_herzberg@hotmail.com & Dorothy Milne dmilne@mun.ca



Above: photos taken during Snap & Chat outings

➣ MUSIC INTEREST GROUP

Now going into its sixth year, the Music Interest group continues to enjoy exploring various themes and styles of music. The range of topics is broad.

In the Spring of last year, we explored some of the music from the earliest centuries of western (European) music. We listened to samples of our musical traditions starting with plain chant in the middle ages and through the developments of the 14th to 17th centuries. We listed to early polyphony, the music of the Tudors, and the court music of the French court.

In recent months, we have explored the music of Vivaldi, Handel, Johann Sebastian Bach, and Haydn. In the months to come, we will continue to explore the classical period of music, or branch off into other topics as they spark our interest.

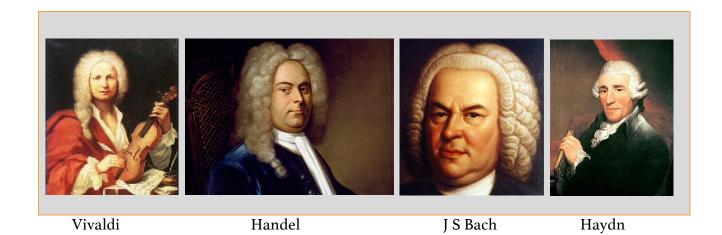
We search the internet for music related to the themes and share our reactions to what we hear. Our meetings are very informal. You do not have to have had any musical training to participate and enjoy them. New members are welcome.

Members of the group receive e-mails that contain playlists of the music we have discovered. In this way, we may share the music even if you are not able to come to the meetings. Members also receive e-mails with news of various concerts and other musical events in the city. Some of us arrange to go to concerts together.

We meet at the Marjorie Mews Library, I:30 p.m. to 3:00 p.m. on the third Tuesday of the month. The month's plans and a list of past topics are posted on the website at

http://www.mun.ca/wamun/music_interest.php

convenor:--- Deborah Rehner dbrehner@gmail.com



E TOYS

The Electronic Toys Group is now starting its *seventh* year. At our meetings, we help one another use all things electronic, with an emphasis on iPads, computers and cell phones. We often unravel puzzles about handling photographs, music, Facebook, games, voice recordings, maps, and other apps.

We are a self-help group. Our method is simply to assist one another. What one person doesn't know another



does or can find out for them. It works amazingly well and is fun too! Come join in a general 'table discussion and demonstration' or bring a specific problem you would like help with. No question or problem is too basic.



Julia Mayo demonstrates how to access the Public Library's e-library

Occasionally, we invite a guest to come and explain some issue such as password security or how to access and use a new e-library app.

We meet on the second and fourth Thursday of each month from 1:30 to 3 pm. We meet at the Marjorie Mews Library on Highland Drive where both the parking and the Wi- Fi connection are free.

We usually go for coffee afterwards at the nearby Tim Hortons just to relax and chat.

New members are welcome at any time. Just drop in and see if you enjoy what we do.

convenor: Karen Herzberg karen_herzberg@hotmail.com

co-convenors: Deborah Rehner, Dorothy Milne



< - The executive in search of a meeting place

The new Scholarship

Committee ->

