2021 Holiday Food Supports

Food Banks in Newfoundland and Labrador

Click here for a listing of the contact information for food banks located in your area.

Grenfell campus: If students at Grenfell require food supports over the holiday break, they can contact Jana Walsh at jwalsh@grenfell.mun.ca

Campus Food Bank

Click here for contact information for Memorial’s Campus Food Bank:

Ches Penney Centre of Hope - Salvation Army

18 Springdale Street, St. John’s
Tel: (709) 739-0290

Community Meals:

Hot meals will be served on the following dates

- Dec 14, 11:30 am - 12:30 pm (Traditional Christmas Dinner)
- Dec 15, 11:30 am - 12:30 pm
- Dec 29, 11:30 am - 12:30 pm
- Dec 30, 11:30 am - 12:30 pm

Food Bank hours until December 23, 2021

- Tuesday: 12:30 pm – 3 pm
- Wednesday: 9 am – 11:30 am & 12:30 pm – 3 pm
- Thursday: 12:30 pm – 3:00 pm

Food Bank hours until December 24-31, 2021

- Wednesday December 29: 9 am – 11:30 am & 12:30 pm – 3 pm
- Thursday December 30: 12:30 pm – 3:00 pm
The Gathering Place
172 Military Road
Phone: (709) 753-3234
Email: info@gatheringstjohns.ca

Any individual 26 years of age and over can avail of the supports offered. Food programs are offered serving three meals a day (breakfast, lunch and supper).

**Individuals under the age of 26** can avail of all meals, takeout meals only.

Open to in-house dining at reduced capacity with the continued availability of take-away meals for those who would prefer that option. Three meals per day/seven days per week will be provided with Breakfast from 8 am - 9 am; Lunch from 11:30 am - 1 pm and Supper from 5 pm - 6:30 pm

The Gathering Place will be serving a Christmas Dinner on **December 19th**.

United Way Newfoundland and Labrador

Please see the link below which provides a wealth of community supports, which includes food security, finances, etc. Any type of circumstance that a person finds themselves in, can call 211 and they will speak to a live operator who will connect them with immediate emergency supports.

The Canadian Red Cross’s Newfoundland Division

The Canadian Red Cross is available to assist anyone in self-isolation. Anyone in need of food, medication, or just a friendly phone call can reach out by calling the COVID-19 helpline at 1-800-863-6582.

Choices for Youth

261 Duckworth Street, St. John’s, NL
Tel: (709) 754-0446
Main Shelter Line: (709) 757-3050
Fax: (709) 726-3125

Email: info@choicesforyouth.ca
Twitter: @choicesforyouth
Facebook: @choicesforyouth

For more information on Choices for Youth, see below:

- Choices for Youth - Housing Services
• **Choices for Youth - Health Outreach**

• **Newfoundland and Labrador Community Food Helpline - Call 811**
  Access to basic information about food programs in their community, including referrals to food banks and meal programs. Healthline operators can also refer callers who require additional support, such as help with an online grocery order or a meal delivery service, to the Community Food Helpline, which is staffed by the Jimmy Pratt Foundation and Food First NL. SeniorsNL is providing database support for this service.

• People who are Deaf, hard of hearing, or have other communication disabilities, and who need support to access food, can reach out to the Newfoundland and Labrador Association of the Deaf by text or Video Relay Service, at the Deaf Connect Line at (709) 699-7022.

• Delivery services may also be available for those who are unable to travel to a location where they can access food.