



# APPLIED HEALTH RESEARCH e-bulletin

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## FUNDING for RESEARCH ON AGING:

### *Congratulations to the 2016 NL-HARP Awards Recipients*



The Government of Newfoundland and Labrador has awarded a total of \$87,500 to seven research projects that focus on healthy aging through the 2016 Newfoundland and Labrador Healthy Aging Research Program (NL-HARP). NL-HARP is a funding opportunity administered by the Newfoundland and Labrador Centre for Applied Health Research to support research that aligns with the Provincial Healthy Aging Framework. Since its inception in 2008, NL-HARP has provided close to \$1.2 million in support of research into healthy aging. Congratulations to the following recipients of the 2016 NL-HARP Awards:

#### Project Grants:

These grants enable a team of locally-led researchers to be assembled to conduct research on a topic related to healthy aging.

- **Dr. Erin Cameron** (School of Human Kinetics and Recreation, Memorial University) *The Female Aging Body (FAB) Project: Understanding Perspectives on Health, Body Image, and the Aging Body to Inform Healthy Aging Policy and Practice* (\$27,500).
- **Dr. Peter Wang** (Faculty of Medicine, Memorial University) *Prevention of Colorectal Cancer with Lifestyle Modifications Bridging Research, Health Awareness and Practice in Newfoundland and Labrador* (\$30,000).

#### Master's Research Grants:

This grant category helps Master's candidates cover the cost of their research and dissemination.

- **Douglas Dorward** (Master's of Science Candidate in Clinical Epidemiology, Memorial University) *The Necessity of the Patient Sitting Alone in a Quiet Room for the Measurement of Blood Pressure Using a BpTRU Device* (\$5,000).
- **Beraki Abraha** (Master's of Science Candidate in Neuroscience, Memorial University) *Can Exercise Stimulate the Brain? Measuring the Effects of Vigorous Exercise on Brain Excitability in Older People with Chronic Stroke* (\$5,000).
- **Ishor Sharma** (Master's of Science Candidate in Community Health, Memorial University) - *Dietary Inflammatory Index and its Impact on Colorectal Cancer Patients' Survival: a Population-based Cohort Study in Newfoundland and Labrador* (\$5,000).

#### Doctoral Research Grants:

This grant category helps doctoral candidates in covering the cost of their research and dissemination.

- **Mei Li** (PhD Candidate, Division of Community Health and Humanities, Memorial University) *Family Caregiver Experiences in Rural Newfoundland and Labrador: The Challenge of Patient Relocation to Receive Treatment* (\$7,500).
- **Jill Bruneau** (PhD Candidate, School of Nursing, Memorial University) *Developing and Testing a Cardiovascular Health Assessment Screening Program for Healthy Aging* (\$7,500).

Our thanks to the many researchers and graduate students who applied for funding under NL-HARP this year; we also appreciate the valuable work of our Peer Review Committee who assessed all applications received.

Press release: <http://www.releases.gov.nl.ca/releases/2016/swsd/0704n04.aspx>