



APPLIED HEALTH RESEARCH e-bulletin

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FUNDING for RESEARCH ON AGING:

Congratulations to the 2015 NL-HARP Awards Recipients



The Government of Newfoundland and Labrador has awarded a total of \$108,980 to seven research projects through the 2015 Newfoundland and Labrador Healthy Aging Research Program (NL-HARP), a funding opportunity administered by the Newfoundland and Labrador Centre for Applied Health Research to support research that aligns with the Provincial Healthy Aging Framework. Since its inception in 2008, NL-HARP has provided close to \$1.1 million in support of research into healthy aging. Congratulations to the recipients of the 2015 NL-HARP Awards:

Project Grants: These grants enable a team of locally-led researchers to be assembled to conduct research on a topic related to healthy aging.

- **Dr. Marshall Godwin**, Professor, Family Practice Unit; Director, Primary Healthcare Research Unit, Faculty of Medicine, Memorial University – *Descriptive Analysis of the Health and Health Services Utilization of Very Elderly Newfoundlanders* (\$30,000).
- **Dr. Rick Audas**, Associate Professor, Health Statistics and Economics, Community Health and Humanities, Faculty of Medicine, Memorial University – *Chronic Pain and Aging in Newfoundland and Labrador: a Quality of Life and Health Care Utilization Profile* (\$30,000).
- **Dr. Roberta Didonato**, Department of Psychology, Memorial University – *Do Visual Enhancements of Healthcare Instructions Improve Learning and Memory Performance in Older Adults?* (\$20,000)

Seed Grants: These grants support the development of research teams in Newfoundland and Labrador capable of obtaining funding from national and international granting agencies in the area of applied health research.

- **Dr. Caroline Porr**, School of Nursing, Memorial University – *Developing and Testing a Dialect-Sensitive and Culturally Appropriate Diabetes Educational Tool for Older Adults of Rural Newfoundland and Labrador* (\$9,480).
- **Dr. Marilyn Porter**, Research Professor Emerita, Department of Sociology, Memorial University – *Grandmothers on the Move: Older Women Immigrants and Healthy Aging* (\$10,000).

Doctoral Dissertation Award: This grant category helps doctoral candidates to cover the costs of their research and its dissemination.

- **Jennifer Woodrow**, Community Health and Humanities, Memorial University – *Osteoarthritis in Newfoundland and Labrador: An Examination of Prevalence, Incidence, Comorbidity, Financial Burden and Accessibility to Care* (\$2,000).
- **Nicholas Snow**, Physical Therapy, UBC – *Using Long-Term Aerobic Exercise to Modulate Corticospinal Excitability and Intracortical Networks in Sedentary Younger and Older Adults* (\$7,500).

Our thanks to the many researchers and graduate students who applied for funding under NL-HARP this year; we also appreciate the valuable work of our Peer Review Committee who assessed all applications received.

Press Release from the Provincial Department of Seniors, Wellness and Social Development:

<http://www.releases.gov.nl.ca/releases/2015/swsd/0421n02.aspx>