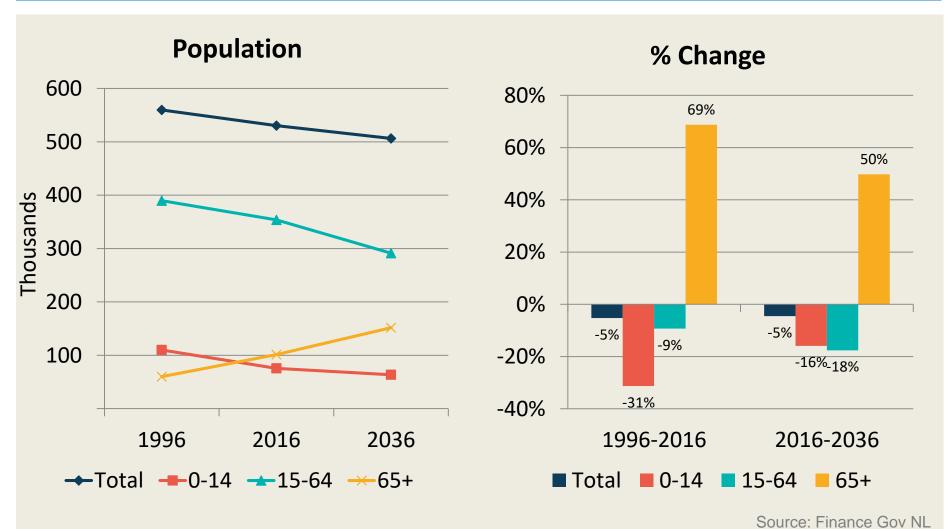




#### A Review of Value Assessments of QCNL Projects

**December 17, 2018** 

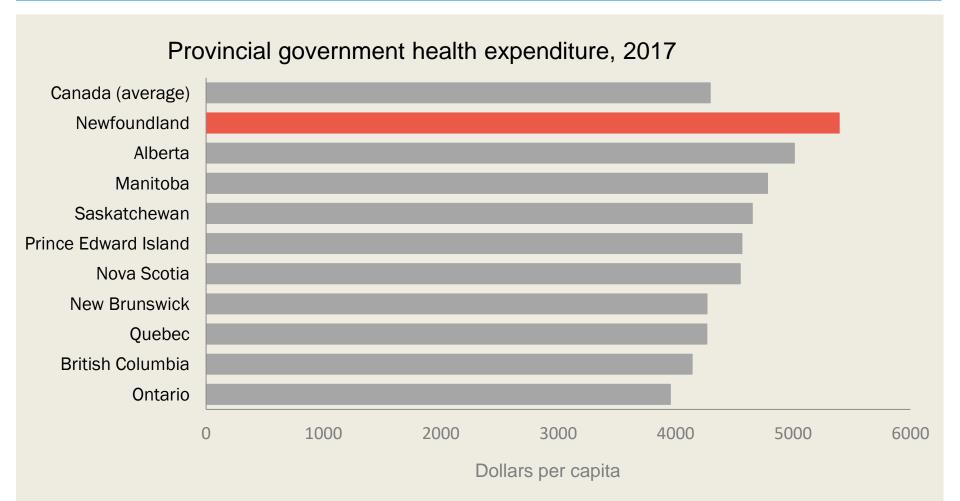
# Quality of Demographic Change Newfoundland and Labrador







## Health Spending







## **WHO WE ARE**

### Right treatment, right patient, right time

Conduct evidence-based research

Promote recommendations & guidelines

Monitor, evaluate, report changes over time

Implement solutions

Offer tools & resources

### **Our Partners**



Quality of Care NL

# Interventions to Change Behavior

Targeted Email Campaigns

**Practice Points** 

Academic Detailing

Implementation

CME

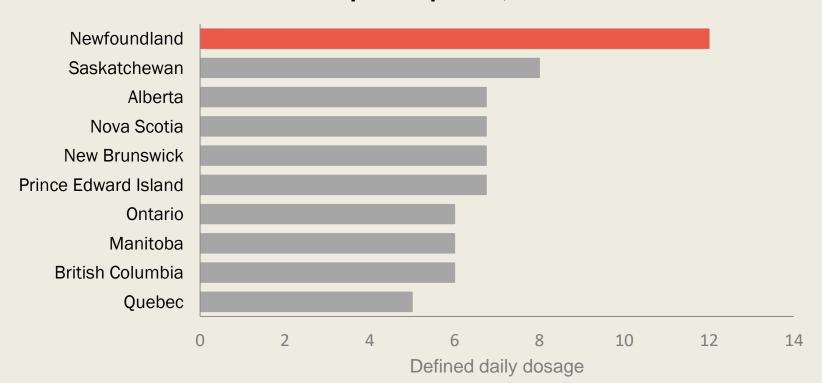
Public Campaigns



## **Unnecessary Care**



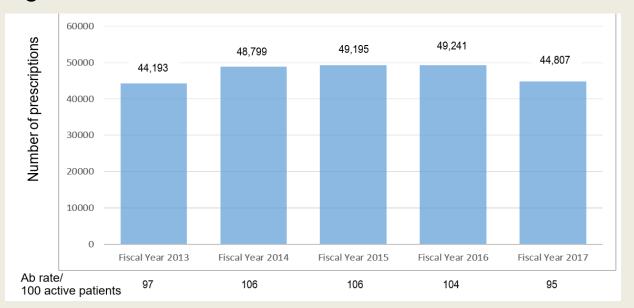
#### **Antibiotic prescriptions, 2014**



### Success Reducing Antibiotic Prescriptions



Total Annual Cost Avoidance from antibiotic prescription reduction in NLPDP Program

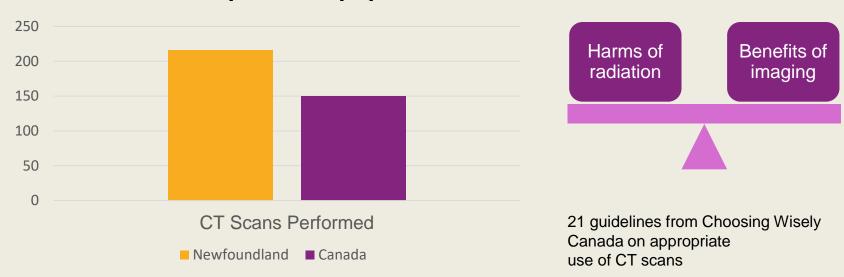


Antibiotic Prescriptions FY 2016	Antibiotic Prescriptions FY 2017	Prescription Decrease	J	Cost Avoidance (based on average cost of Amoxicillin, \$20)
49,241	44,807	4,434	9%	\$88,680

### **Unnecessary Care**



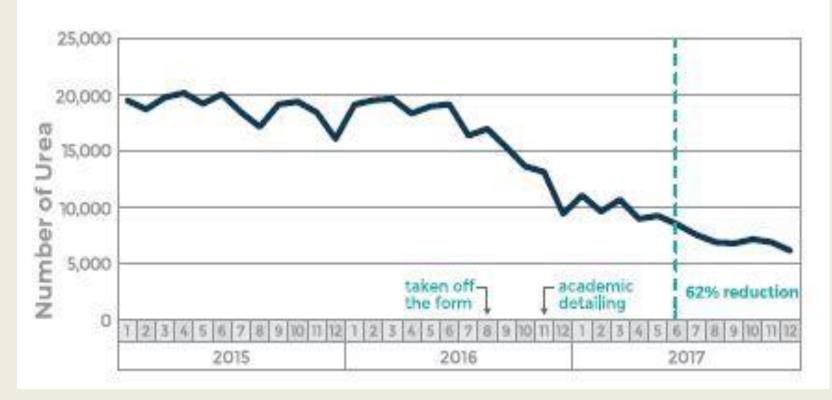




Currently engaged with AB and ON in a randomized control trial to reduce unnecessary imaging

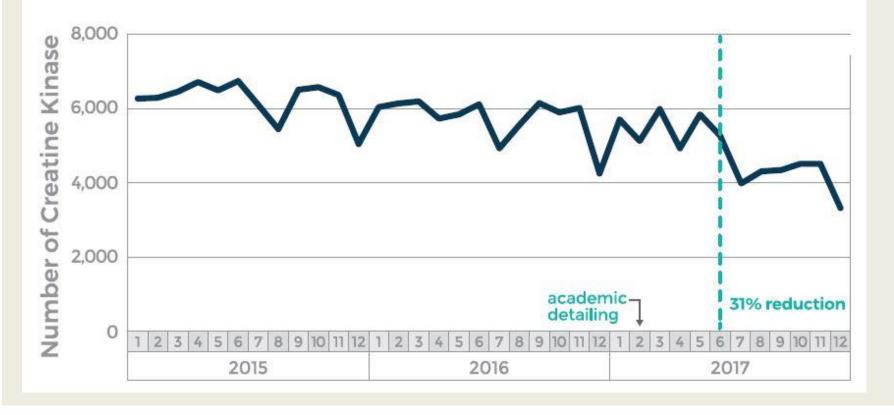


## Monthly Volume of Blood Urea Over Three Years



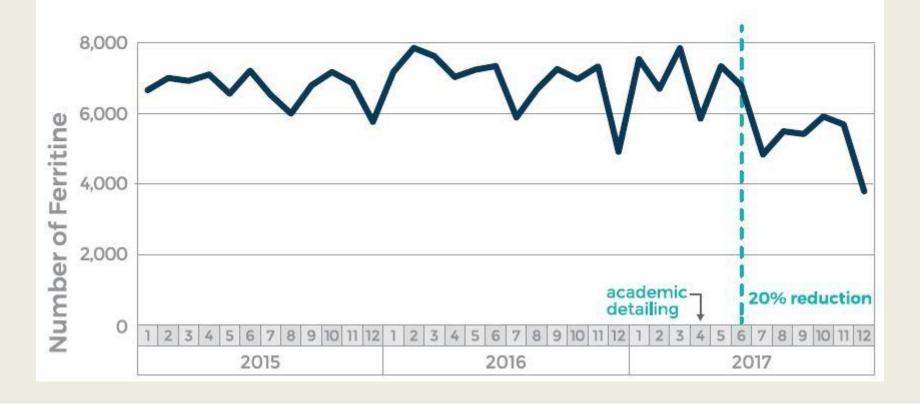


### Monthly Volume of Creatine Kinase Over Three Years





# Monthly Volume of Ferritin Over Three Years



Total Annual Cost Avoidance in **Eastern Health** from Unnecessary Biochemical Testing

Test	% reduction	Cost avoidance
LDH	71%	\$37,136
Urea	62%	\$267,220
Creatine Kinase	31%	\$44,264
AST	42%	\$31,028
Uric Acid	26%	\$24,716
Ferritin	20%	\$159,280
Total for all tests		\$563,644

Data over six month period (July - December) 2015 was compared with (July – December) 2017

## Success in Reducing Pre-op Testing in Healthy Patients having Low/moderate Risk Surgery

#### Testing in low/moderate risk surgery in St. John's

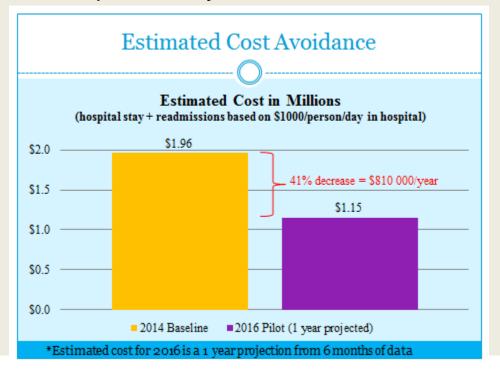
	Patients	Creatinine \$8	INR \$12	Hemoglobin \$11	CXR \$68	ECG \$50
2016 (pre)	3997	4235	1573	4756	1135	2787
2017 (post)	4039	4027	1223	4621	607	1711
Reduction N %		208 5%	350 22%	135 3%	528 47%	1076 39%
Cost Avoidance		\$1,664	\$4,200	\$1,485	\$35,904	\$53,800

Actual cost avoidance = \$97,053

Potential Additional Cost Avoidance/Year > \$100,000

# Success Enhancing Recovery After Surgery

- ERAS guidelines for colorectal cancer surgery piloted in 2016
- Length of stay in hospital decreased (1.8 days) compared to 2014 six months following implementation = \$575,000 cost avoidance in hospital stays + readmissions



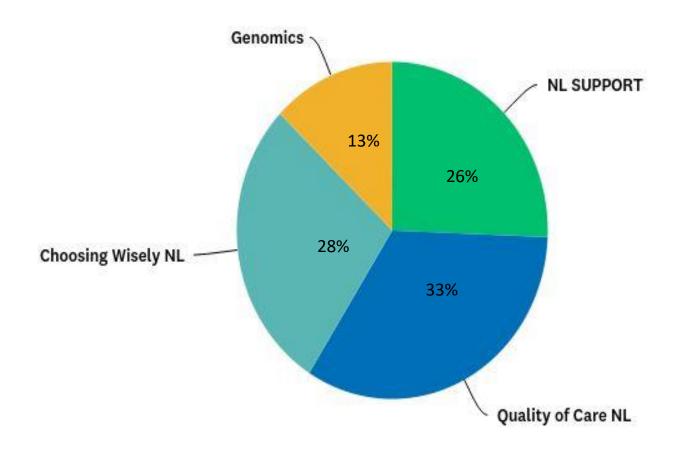
## Success Improving Outcomes with Comprehensive Geriatric Assessments

Readmissions at St. Clare's following Comprehensive Geriatric Assessments

	Intervention	Control 1	Control 2
Number of Patients	212	149	201
N (%) of patients readmitted after discharge	53 (25%)	51 (34%)	67 (33%)
Cost of Avoidance	\$140,000		

Hazard ratio of 0.66 for intervention group versus control

### **Value & Economic Assessment Summary**



39 assessments completed in total

#### **Perceived Impact**

44%

intervention was less costly and more effective

31%

expect >5000 individuals to benefit from the outcomes of the project

### **Perceived Impacts Summary**

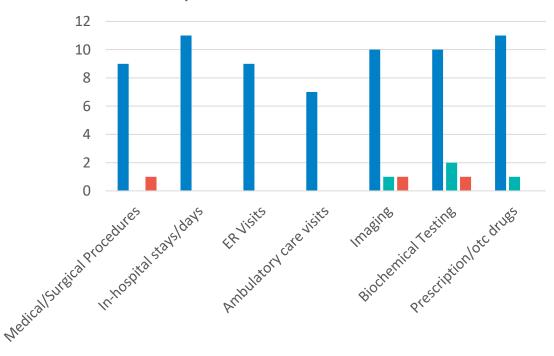
26%	Wait times
82%	Direct medical
23%	Direct non-medical
51%	Quality of Life
13%	Absenteeism
38%	Free up time for health care teams

### DIRECT MEDICAL COSTS

20%

expect a reduction in direct medical costs by >\$100,000

### Areas in which direct medical costs are expected to be reduced



#### **QUESTIONS & DISCUSSION**