

# NL SUPPORT & Quality of Care NL

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# Outline

## **Who we are**

- SPOR

## **What we've done**

- Development of the Indigenous Communities Grant

## **What we're trying to do**

- Proposed Governance Structure
- Actively involve all communities in NL in our work
- Develop a student stipend to support Indigenous health research

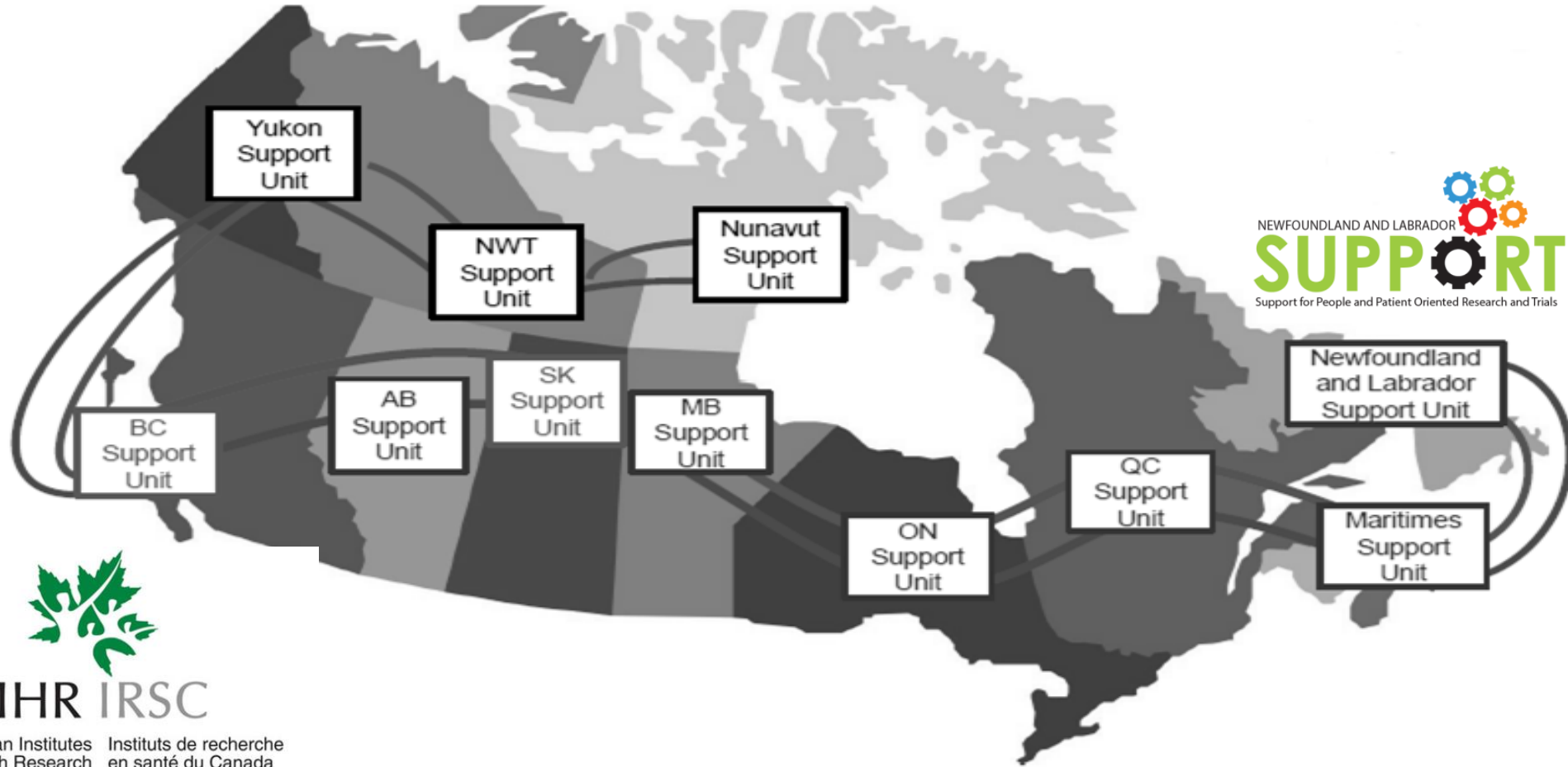
## **Discussion/Feedback**

- How should we engage Indigenous communities? What could that look like in our context?
- Who should we start with within each community to discuss engagement?
- What should our next steps be?

# Who we are



# SPOR SUPPORT Units



CIHR IRSC



Canadian Institutes of Health Research  
Instituts de recherche en santé du Canada



# Patient-Oriented Research

Patient-Oriented Research (POR) is research that:

1. Addresses patient priorities
2. Engages patients as partners
3. Improves patient outcomes

Requires:

- Patient Engagement
- Knowledge Translation

It's research conducted **WITH** rather than **ON** patients.

Patients bring **expertise** in the form of **lived experience**.

# Patient Engagement (PE)

- Meaningful collaboration with patients in research
- Patients can be engaged in governance, priority setting, developing the research questions, conducting research, and sharing results
- Helps to ensure that the research being conducted is **relevant to the patients** that it affects and **improves the impact** of related health system changes

# What is a patient?

CIHR defines patients as including:

- Individuals with personal experience of a health issue
- Informal caregivers, such as family and friends

Patients can also provide the perspectives of a specific community

# Knowledge Translation (KT)

- Getting research into the hands of the people who can use it (knowledge users)
- There are two phases of effective KT:
  1. Integrated (iKT): Proactively identifying and working with knowledge users throughout the project
  2. End of grant: Sharing results when the project is finished



# What is a knowledge user?

Knowledge users are individuals who will be able to use research results to make informed decisions about health policies, programs and/or practices

For example:

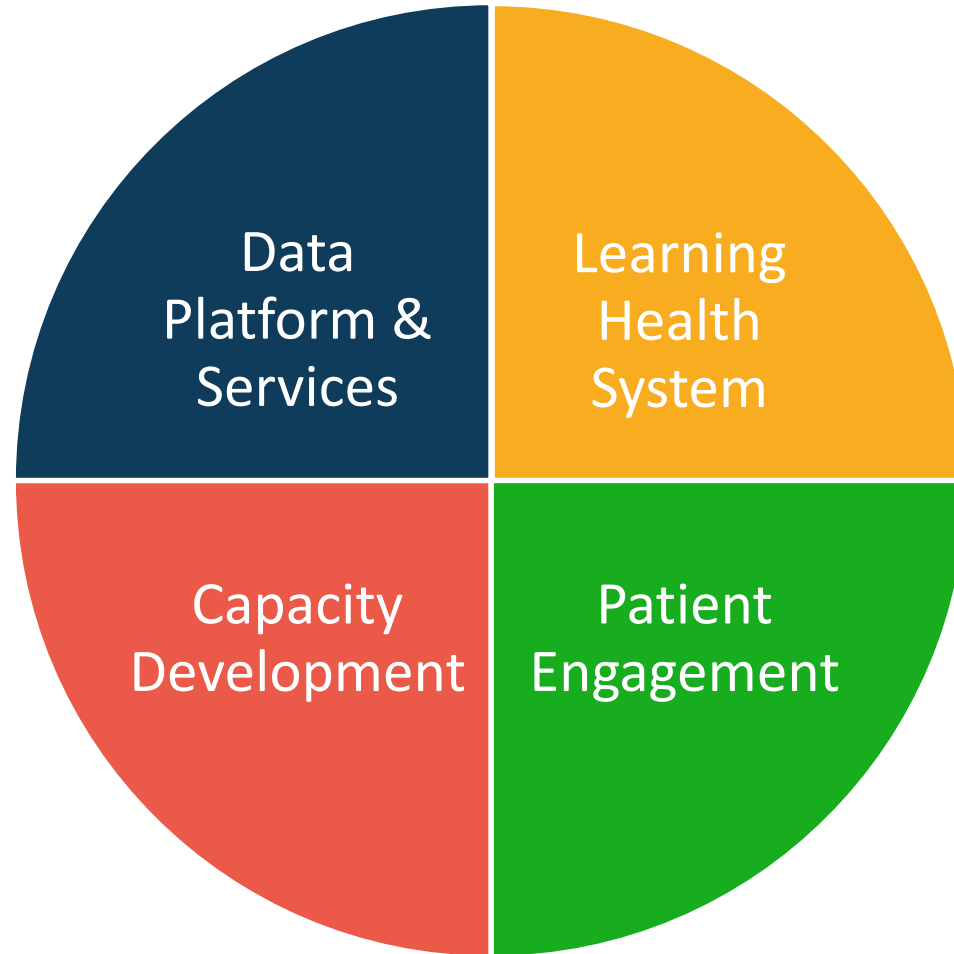
- Practitioners
- Policy maker
- Educators
- Decision makers
- Health care administrators
- Community leaders
- Individuals in a health charity
- Patient groups
- Private sector organizations
- Media outlets

# Quality of Care NL/Choosing Wisely NL

- Research programs of NL SUPPORT
- **Quality of Care NL**: Right treatment, right patient, right time
- Work in partnership with **Choosing Wisely Canada**
- **QCNL/CWNL** drives evidence-based health care practice and efficient use of resources



# Core Components of SPOR II



# Meet our Patient Advisory Council



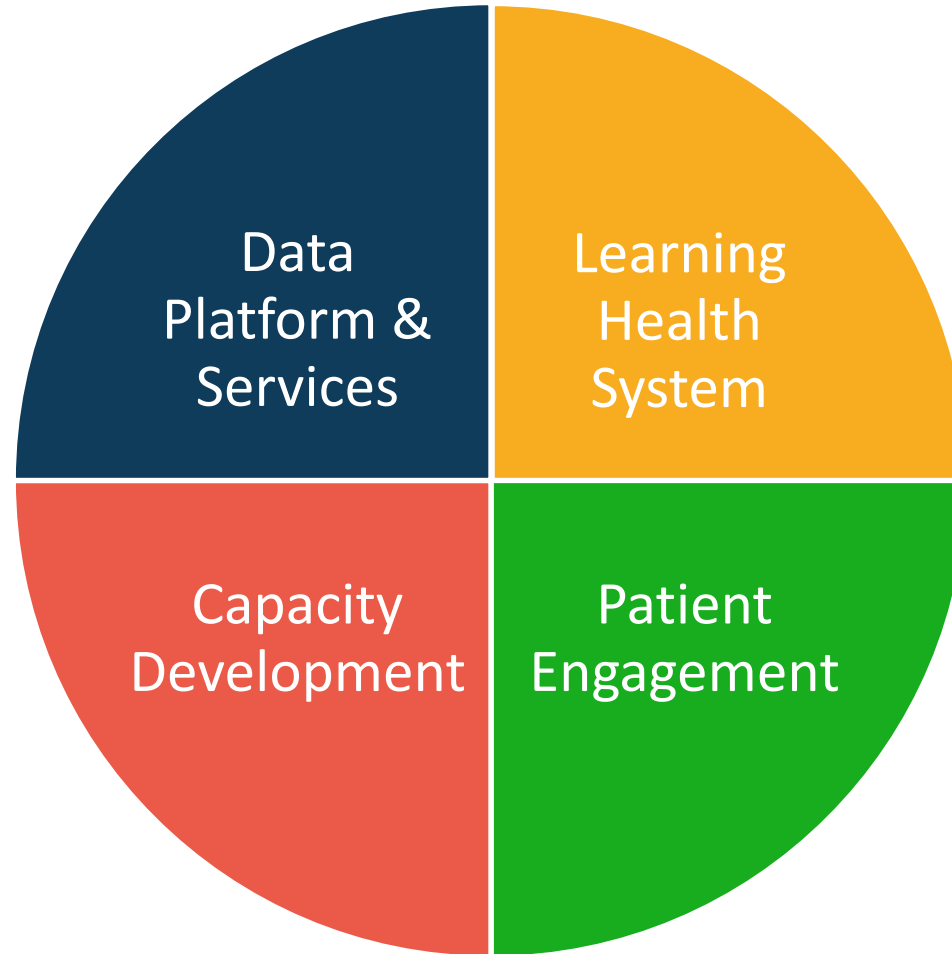
# What we've done

# Indigenous Communities Development Grant



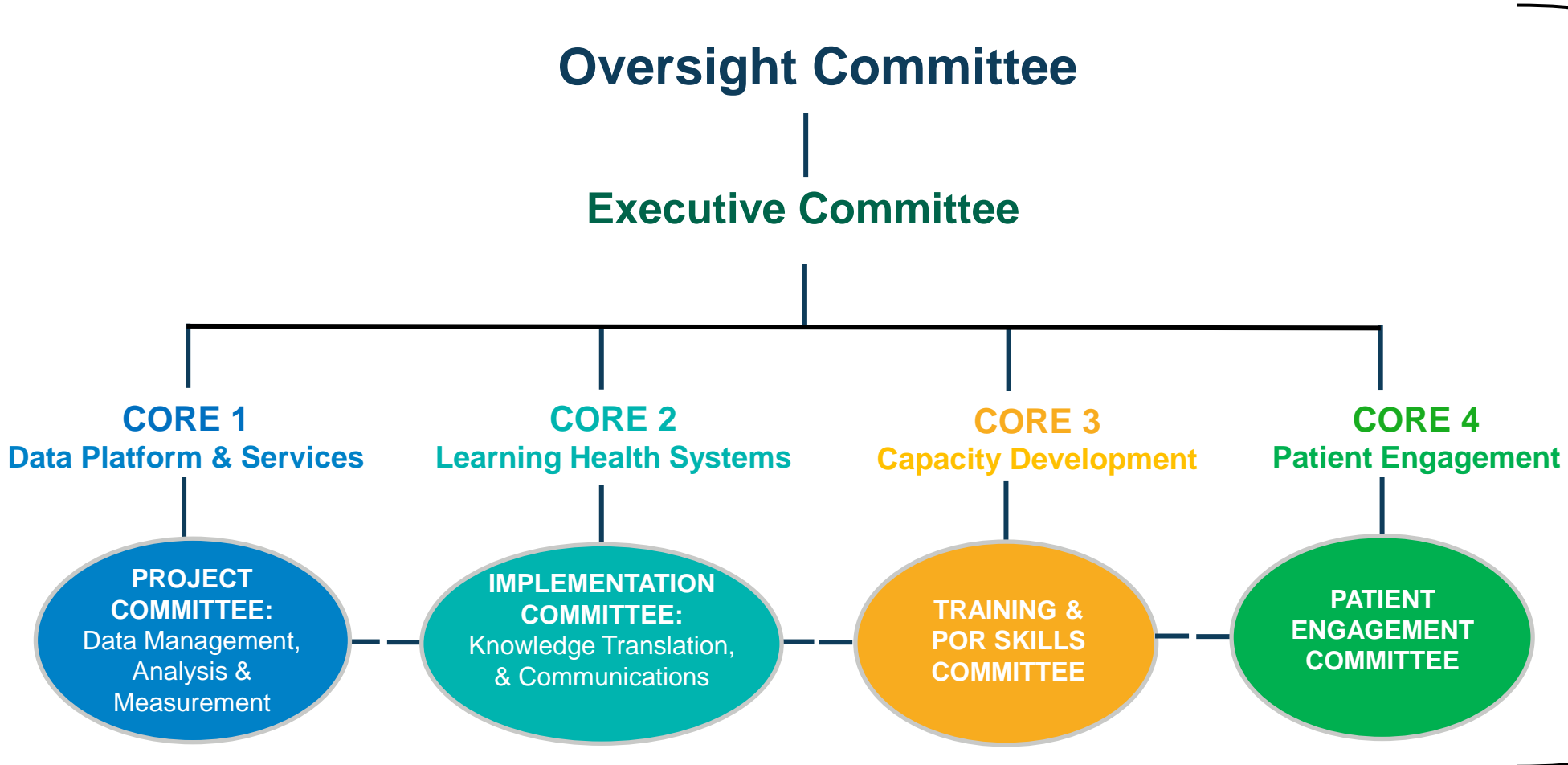
# What we're trying to do

# Core Components of SPOR II





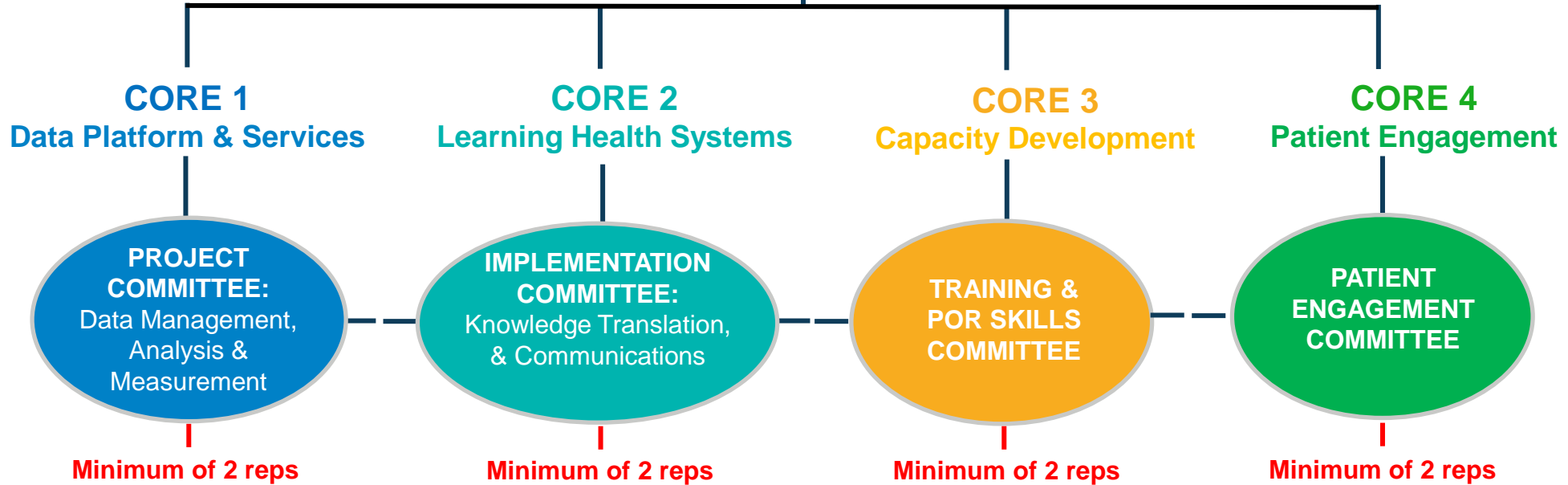
# Proposed Governance Structure



# Patient Representation

Oversight Committee - 3 reps

Executive Committee



# Funding for Indigenous health research

- Student stipend to support Indigenous Health Research
  - Indigenous students will be prioritized to receive this funding
  - Projects must address Indigenous health

# Discussion

# Lessons Learned

- Translating documents may be beneficial
- Use more pictorial and oral forms of communication
- Initial contact via email is not always appropriate
  - Telephone may be better
- No response = no interest
- Communities are currently overwhelmed with requests (especially contacts within governmental structures)
  - COVID-19 has also shifted the priorities of many communities
- The term “research” may have negative connotations
- Acknowledging that no one person can speak on behalf of an entire community and one community can’t represent the perspectives of all Indigenous peoples

# Discussion

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# NL SUPPORT

If you are interested in becoming engaged in the work of NL SUPPORT and/or would like more information, please contact:

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