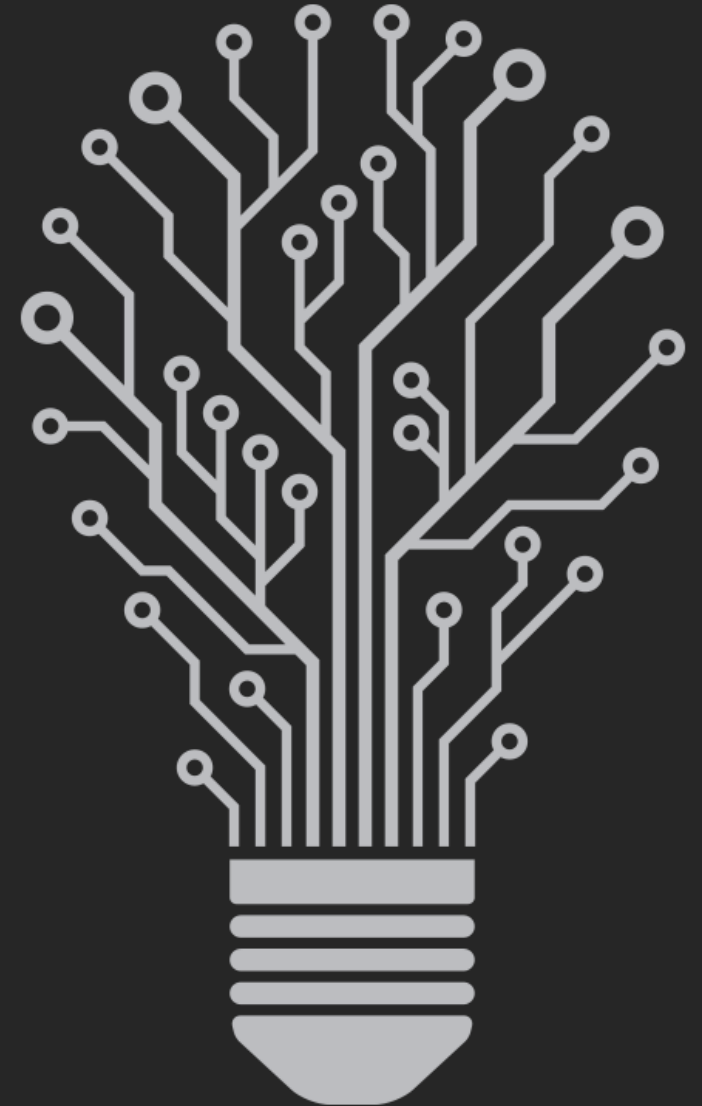


Better Now

Six Big Ideas to Improve Health
Care for All Canadians



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Vice President Medical Affairs and Health System Solutions

Outcomes: what really matters?

	Healthcare Access and Quality Index																																																											
	Tuberculosis		Diarrhoeal diseases		Lower respiratory infections		Upper respiratory infections		Diphtheria		Whooping cough		Tetanus		Measles		Maternal disorders		Neonatal disorders		Non-melanoma skin cancer		Cervical cancer		Uterine cancer		Testicular cancer		Hodgkin's lymphoma		Leukaemia		Rheumatic heart disease		Ischaemic heart disease		Cerebrovascular disease		Hypertensive heart disease		Chronic respiratory disease		Peptic ulcer disease		Appendicitis		Inguinal, femoral, and abdominal hernia		Gallbladder and biliary diseases		Epilepsy		Diabetes mellitus		Chronic kidney disease		Congenital heart anomalies		Adverse effects of medical treatment	
Andorra	95	98	99	85	100	100	98	99	100	100	99	82	93	96	81	70	73	96	84	96	95	97	95	99	93	91	92	96	95	96	88																													
Iceland	94	95	97	72	99	100	100	100	100	100	99	90	87	91	67	63	75	94	75	95	93	98	93	99	99	84	92	100	100	98	87																													
Switzerland	92	99	91	87	99	100	100	100	100	97	80	76	90	94	75	72	72	96	86	100	85	97	92	96	92	86	89	94	93	85	92																													
Sweden	90	98	96	80	99	100	100	100	100	98	90	78	76	95	83	76	67	91	73	88	94	95	79	98	92	86	85	78	95	95	86																													
Norway	90	95	92	78	99	100	100	100	100	99	90	81	81	91	65	70	76	93	78	87	99	95	80	98	92	86	80	78	92	93	97																													
Australia	90	100	94	82	99	100	100	100	99	96	81	52	84	95	86	74	70	86	78	93	98	90	93	98	89	84	83	83	88	90	77																													
Finland	90	93	99	89	99	100	100	100	100	99	95	84	95	92	78	69	72	96	67	80	75	98	75	96	84	79	76	79	99	87	96																													
Spain	90	92	96	80	99	100	98	100	100	99	85	74	83	90	82	64	66	76	86	91	93	95	96	94	84	74	97	98	86	88	77																													
Netherlands	90	99	94	71	99	100	100	100	100	96	79	80	83	96	74	65	78	93	79	85	97	94	90	95	87	79	82	84	89	88	90																													
Luxembourg	89	99	87	85	99	100	98	100	100	92	93	74	84	96	82	73	65	81	83	88	91	97	91	93	85	78	79	90	86	100	74																													
Japan	89	89	94	61	99	100	100	100	99	98	100	87	77	78	85	89	71	92	94	75	89	91	87	99	99	81	99	90	65	84	84																													
Italy	89	95	96	90	99	100	99	99	100	100	81	74	85	89	76	60	60	78	84	88	72	98	95	98	88	78	93	89	83	85	83																													
Ireland	88	91	94	71	99	100	100	100	100	98	90	59	76	92	82	58	69	87	73	92	93	93	81	99	86	81	81	91	88	86	85																													
Austria	88	95	92	95	99	100	100	100	99	99	84	68	78	89	71	70	67	86	76	93	77	96	88	98	89	84	89	84	78	89	64																													
France	88	92	92	76	99	100	99	100	99	93	86	72	81	93	73	68	64	80	87	89	94	98	91	95	85	81	75	87	92	86	62																													
Belgium	88	94	92	68	99	100	99	100	100	95	83	68	79	91	84	65	67	90	78	86	97	94	84	97	86	79	76	90	87	93	70																													
Canada	88	98	93	73	99	100	99	100	100	96	71	64	79	93	81	71	71	82	72	90	95	92	89	96	86	82	91	78	82	86	82																													

LANCET STUDY ON HEALTH CARE ACCESS & QUALITY

Among 195 countries and territories reviewed, Canada ranked 17th on access and quality of care. The HAQ index shows how we perform on a number of diseases and conditions.

Three existential challenges

#1 - Wait Times for Elective Care Are Too Long

	Canada	USA	UK	France	Denmark	Australia
Experience of care						
Proportion reporting wait >2 months for specialist appointment§§	30%	6%	19%	4%	NA	13%
Proportion reporting wait >4 months for elective surgery§§	18%	4%	12%	2%	NA	8%
Proportion reporting cost-related access barriers§§	16%	33%	7%	17%	NA	14%
Proportion reporting use of emergency services in past 2 years§§	41%	35%	24%	33%	NA	22%
Proportion reporting use of emergency given lack of access to regular medical doctor§§	17%	16%	7%	7%	NA	6%

Three existential challenges (Cont'd)

#2 - Services Outside the Medicare Basket Are Often Inaccessible

- Up to 1/3 of working Canadians do not have access to employer-based supplemental private insurance for prescription medicines, outpatient mental health services from social workers & psychologists & dental care.
 - A total of 57% of prescription drug spending is privately financed.
 - In 2012, nearly 461,000 Canadians aged 15 years or older reported that they had not received help at home for a chronic health condition even though they needed it.



Three existential challenges (Cont'd)

#3 - Indigenous Health Disparities Are Unacceptable

First Nations

- **Life expectancy:** 73–74 years for men and 78–80 years for women; for Inuit communities, 64 years for men and 73 years for women.
- **Infant mortality:** in Nunavut more than three times the national rate at 18 deaths /1000 livebirths in 2013.

Canadian Average

- **Life expectancy:** 82 years
- **Infant mortality:** decreased by 80% from over 27 deaths /1000 livebirths in 1960, to 5 deaths /1000 livebirths on average in 2013.



BETTER NOW

SIX BIG IDEAS TO
IMPROVE HEALTH CARE
FOR ALL CANADIANS

DR. DANIELLE MARTIN

BIG IDEA 1: The Return to Relationships

BIG IDEA 2: A Nation with a Drug Problem

BIG IDEA 3: Don't Just Do Something, Stand There

BIG IDEA 4: Doing More with Less

BIG IDEA 5: Basic Income for Basic Health

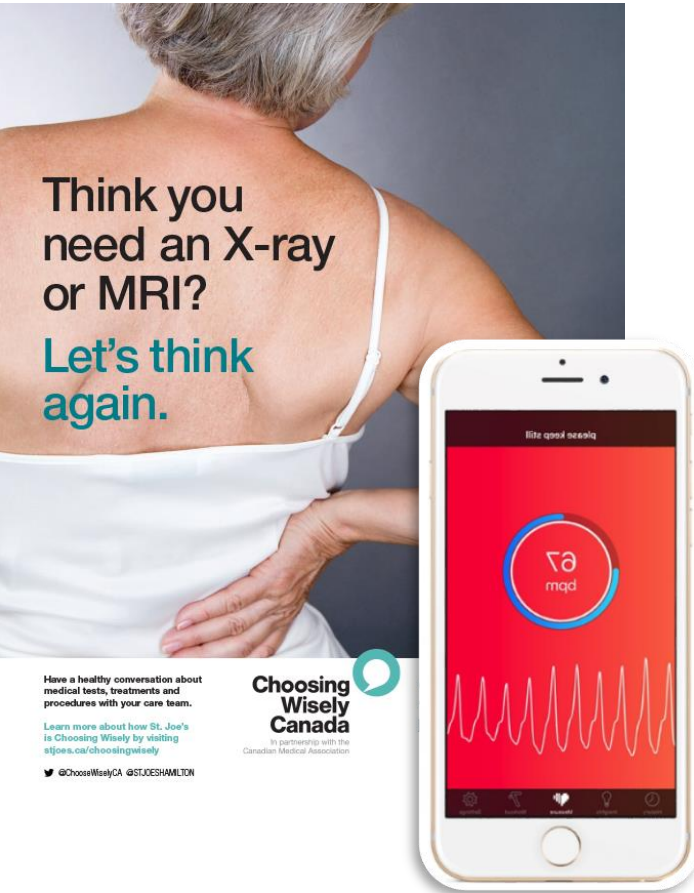
BIG IDEA 6: The Anatomy of Change

SUSAN: DOING MORE WITH LESS

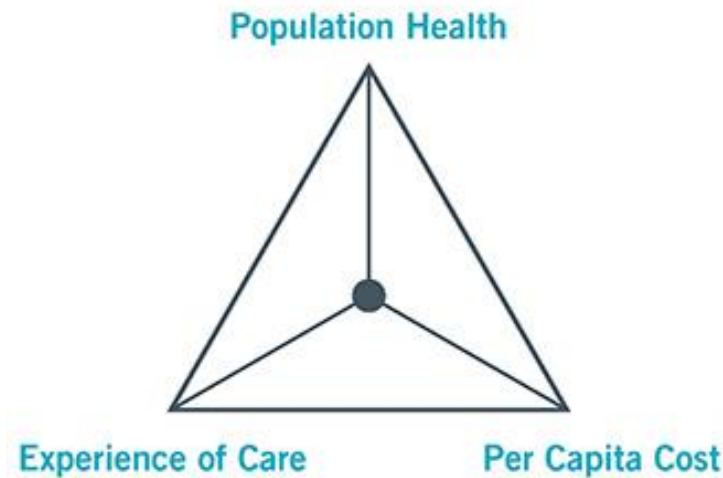


**Reorganizing health
care delivery to reduce
wait times and improve
quality**

Solutions: A nation of pilot projects



The IHI Triple Aim



“Centralized intake, triage and referral of patients to appropriate health-care providers — taking advantage of interdisciplinary teams, including nurses and physiotherapists — would go a long way to reducing variation in wait times and improving access to surgery.”

-Dr. David Urbach

Big Idea 4: The Solutions

1. Cue the Queue

- Developing a single, common queue for healthcare providers.

2. Broaden Our Horizons

- Expanding on models of care delivery to include non-physician care.

3. Use Hospitals Wisely

- Rethinking how services are delivered to improve efficiency and quality.

4. Get Disruptive

- Embracing virtual care and new technologies.

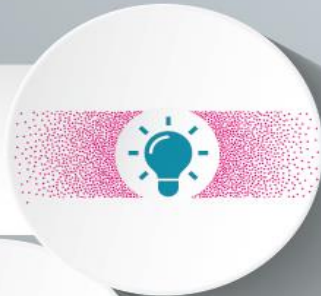
5. Help People Die with Dignity

- Asking patients for their preferences and designing care that respects wishes.

Scaling new ideas across health care systems

SPREAD

Horizontal diffusion



One team at a time



Requires champions



SCALE

System-wide structural change



Policy levers



Requires political commitment



Building the virtual hospital



The 6-hour knee replacement at WCH

Questions?



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@docdanielle **#6bigideas**



6bigideas.ca & download the toolkit