



Palliative Care at Home in Newfoundland & Labrador

Barbara Pesut, Wendy Lasisi, Pablo Navarro

Overview

- Background & methods
- Preliminary findings
- PCH: provincial context
- Potential partners / contextual factors

Background

- Death at home more common
- Comparison of experiences
- Quality of Life, Costs

Contextualized Health Research Synthesis Program
CHRSP
 Health research - synthesized and contextualized for use in Newfoundland and Labrador

2017 CHRSP Topic Selection Form

CHRSP undertakes research to answer questions from our provincial partners to support decision making in Newfoundland and Labrador health care. It selects topics for study, we ask you, our health system partners, as well as others you need to know and our other CHRSP Champions to assist in a list of topics from within your organizations. Then we work with the CHS of the four Regional Development in come up with final state of research topics for the coming year. To be a part of the 2017 CHRSP topic selection form will guide you through the process of having our case of concern into a researchable question. We're here to help. Contact Public Services if you need assistance: publicservices@nlcahr.ca

Your Organization/ Department
 Department: Palliative & End of Life Care Team/Centric Newfoundland Regional
Your Name and Title
 Shannon Furey, MSW RSW, Psychosocial Chief & Bereavement Consultant
Your Email Address/Phone number
 shannon.furey@nlcahr.ca 709-256-6766

Background and Purpose of the Research Project

1. What is the topic/issue/challenge you want CHRSP to examine?
 The topic to examine would be: What are the experiences of patients and families who utilize the end of life program for a death at home compared to the experiences of those who have a death in a health care facility?

2. What circumstances have brought this issue forward as a needed research topic? Attach any supporting documents that might be helpful. Example: previous research, policy, legislation, media, etc.
 The number of at home deaths is increasing in this region. It has continued to increase steadily. The access to Palliative beds in a hospital based facility is decreasing due to over capacity and high capacity issues in our acute care facilities. As the number of deaths at home increase it is important to consider the patient and family experience.

3. What is the intended use of the CHRSP research evidence? Example: include influencing guidelines, changing the effectiveness of a current policy, creating a new policy, improving health system efficiency, etc.
 This will provide an opportunity to enhance the quality and patient centered manner of future directions with deaths and home and the end of life care program.


4. When is the report needed? Provide an estimated date, if known.
 n/a

5. Describe any work/research on this issue currently being undertaken. Who is carrying out this work/research? Research is currently taking place to examine caregiver experiences in rural areas when caring for end of life clients, however their experience from a program utilization point of view is not being studied.

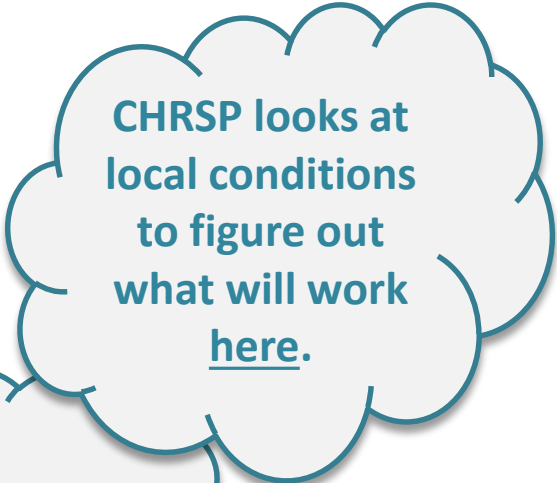
Accepted for inclusion in the 2017 topic selection voting process
☐ Accepted
☐ Declined
☐ Not sure

Methods: CHRSP

- **Contextualized**
- **Health**
- **Research**
- **Synthesis**
- **Program**



CHRSP synthesizes the best available research evidence.

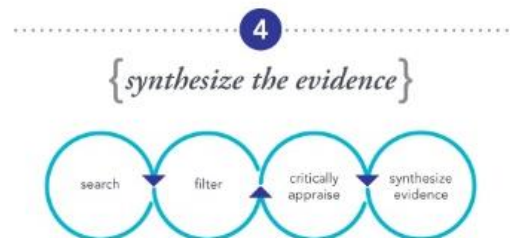
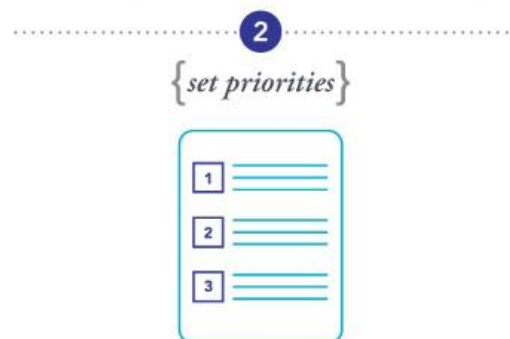


CHRSP looks at local conditions to figure out what will work here.

Designed to support evidence-informed health policy in Newfoundland & Labrador.

Methods: *Evidence in Context*

the CHRSP 7 STEP METHOD



Questions/ Discussion



Preliminary Work

- Subject Matter Expert
- Search Strategy
- Search Results

Subject Matter Expert



THE UNIVERSITY OF BRITISH COLUMBIA

Okanagan Campus



Faculty of Health and Social Development
School of Nursing

FHSD
HOME

Home

About



Prospective Students



Current Students



Research



Faculty & Staff

Careers

Contact

Apply to UBC

Barbara Pesut, PhD, RN

Professor, School of Nursing

Canada Research Chair (Tier 2) – Health, Ethics and Diversity

287B Arts and Sciences Centre

phone: 250-807-9955

work fax: 250-807-8085

email: barb.pesut@ubc.ca



BIOGRAPHY

Barbara Pesut PhD, RN is a Professor in the School of Nursing at the University of British Columbia. She holds a Canada Research Chair (Tier 2) in Health, Ethics and Diversity. Her program of research explores the implications of religious, spiritual and geographic diversity for palliative care. Recent projects have examined ethical issues in rural palliative care, palliative family caregiving and educating nurses for a palliative approach. She is currently conducting a trial of nurse navigation to better support rural palliative patients and their family caregivers.

EDUCATIONAL BACKGROUND

PhD, Nursing, University of British Columbia

MSN, Nursing Education, University of British Columbia

BSN, Nursing, University of Victoria

Nursing Diploma, BCIT

Search Strategy

- **Population:** Palliative/end of life adult clients and their families
- **Intervention:** Palliative/end of life care at home
- **Comparator:** Palliative/end of life care in an institution (including hospitals, hospice, etc.)
- **Outcomes:** Quality of life and health care costs

Search Strategy

- PICOS searches
- Collaborate with Kristen Romme
- Iterative process
- Optimized: focus on Intervention
- Note: no MeSH for palliative care at home

Search Strategy

"Home palliative care"[tw] OR "palliative home care"[tw] OR "home end of life care"[tw] OR "end of life home care"[tw] OR "home hospice care"[tw] OR "hospice home care"[tw] OR "home based end of life care"[tw] OR "home based palliative care"[tw] OR "dying at home"[tw] OR "home nursing"[tw] OR ("home care"[tw] AND "death"[tw])

- *Results – 12,655*
- *Results [systematic reviews] – 107*

Search Results

- Our search string yielded 107 results, with only 7 relevant results, consisting of 1 overview, 6 systematic reviews (including 2 Cochrane reviews).

Search Results

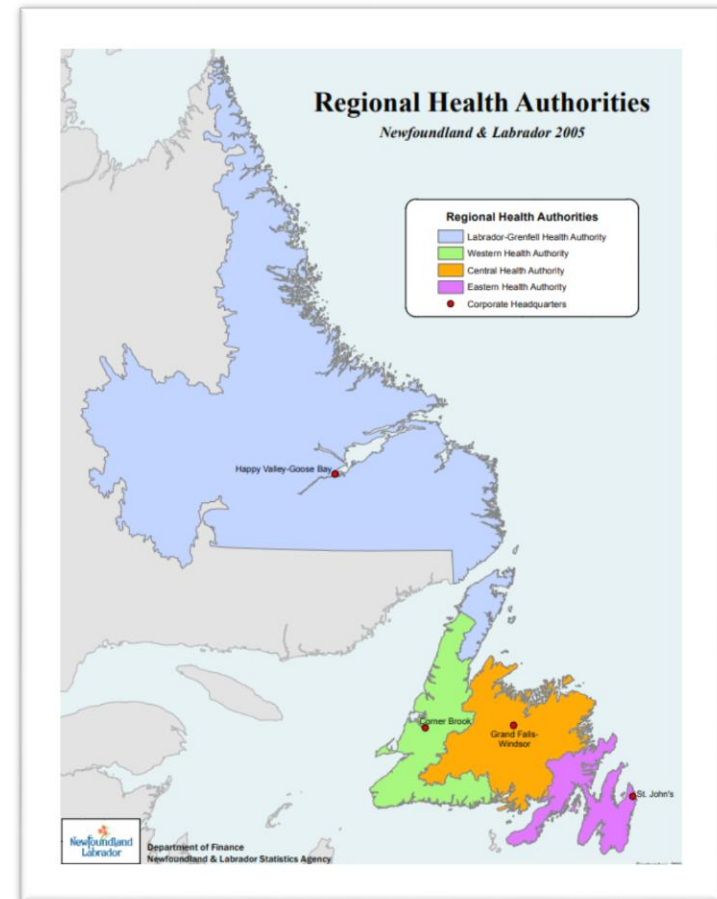
- PICOS characteristics
- Availability of comparative literature
- Range of measured outcomes:
Symptom Burden, Physical Function &
Quality of Life

Questions/ Discussion



PCH: Provincial Context

- Professional and lived experience
- Programs and services
- Past, present and future



Partners / Contextual Factors



Thank you!



Evidence
in Context

Health research —
synthesized & contextualized for
use in Newfoundland & Labrador.

Newfoundland & Labrador Centre for

APPLIED
HEALTH
RESEARCH

www.nlcahr.mun.ca

Newfoundland and Labrador Centre for Applied Health Research
www.nlcahr.mun.ca/chrsp