



Research Affinity Group
October, 2010
Cindy Mosher
Atlantic Regional Office



Canadian Institute
for Health Information

Institut canadien
d'information sur la santé



Discussion Points

1. Quick Corporate Review
2. Atlantic Office
3. Seniors information/data
 - I. Falls among Seniors, Atlantic Canada
 - II. Caring for Seniors with Alzheimer's
 - III. Supporting Informal Caregivers
4. Accessing information



About CIHI

- > Independent, not-for-profit organization established in 1994
- > Governed by a Board of Directors
- > Funding; primarily by Health Ministries
- > 6 office locations across Canada



Key Activities

Standards

Development, maintenance and promotion of national health information standards

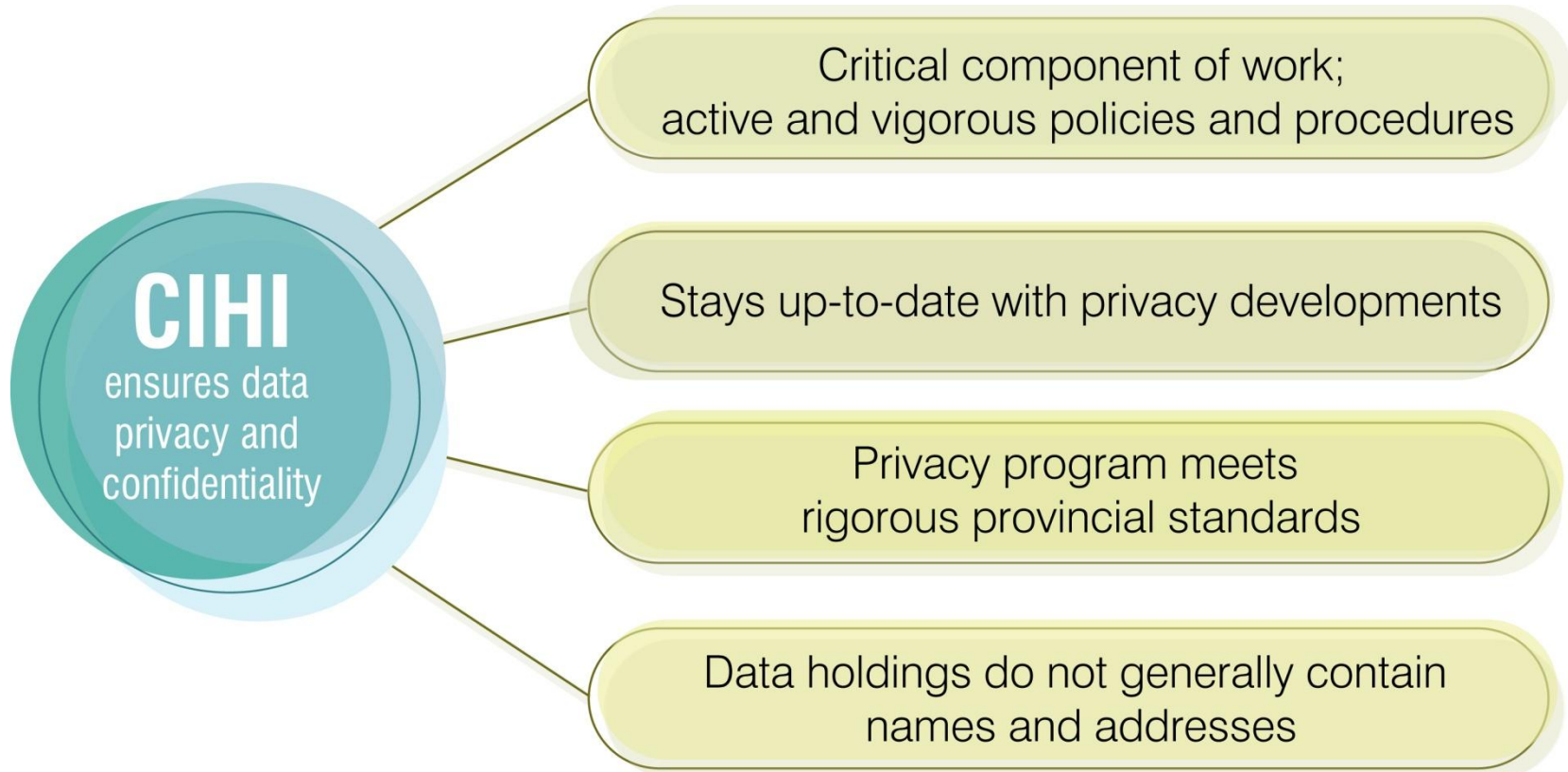
Indicators

Establishment and promotion of national standardized health indicators

Databases

Creation and maintenance of relevant databases and registries; analysis and publication of their data

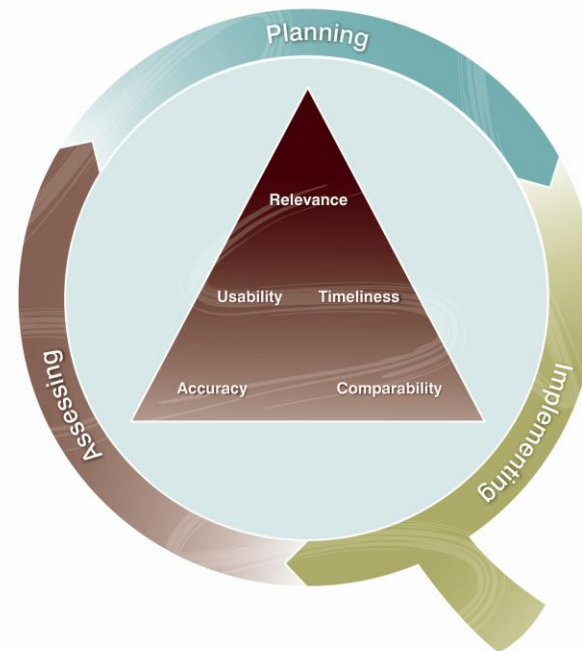
Our Privacy and Confidentiality



Our Data Quality Framework

There are five dimensions comprising CIHI's strategy for maintaining data quality:

- **Accuracy**
- **Comparability**
- **Timeliness**
- **Usability**
- **Relevance**



Strategic Directions 2009 to 2012



- > **DATA:** enhance the **scope**, **quality** and **timeliness** of CIHI data holdings
- > **ANALYSIS:** continue to produce **quality information** and **analyses** that are relevant and actionable
- > **UNDERSTANDING & USE:** work with **stakeholders** to increase the understanding and use of CIHI data and analyses in a timely and privacy-sensitive manner

Stakeholders

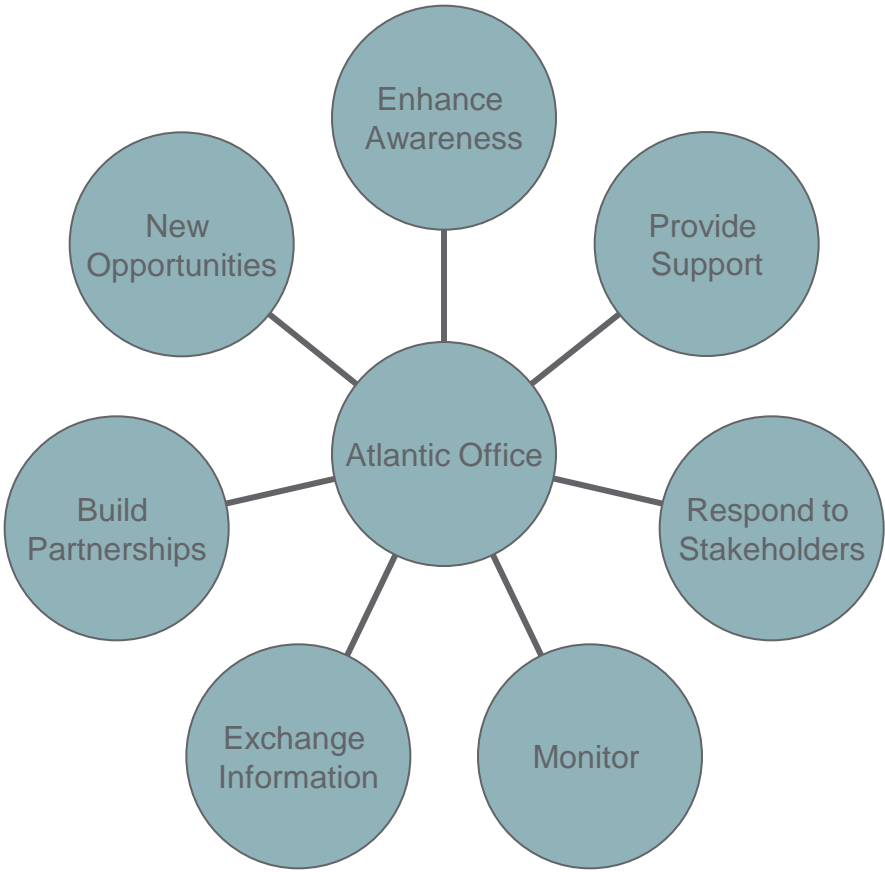


2. Atlantic Office

- Locate CIHI products and analytical capacity
- Highlight educational opportunities
- Collaborate on projects
- Support capacity building activities



Atlantic Regional Office



3. Seniors information/analysis

- > Three recent Analysis in Brief reports;
 - Falls Among Seniors- Atlantic Canada, June 2010
 - Caring for Seniors with Alzheimer's, August 2010
 - Supporting Informal Caregivers, August 2010

Analysis in Brief

August 2010 Health System Performance



Supporting Informal Caregivers— The Heart of Home Care

Executive Summary

Who We Are

Established in 1994, CIHI is an independent, not-for-profit corporation that provides essential information on Canada's health system and the health of Canadians. Funded by federal, provincial and

givers in Canada.¹ A recent conservative \$25 billion.²

al support to seniors who are living in care for complex health conditions.

ere is increased risk of some care client and the caregiver. A committee on Aging called for a national

ers with a starting point for an distress and its potential impact on community services, residential care

ded long-term home care are able to the care clients age 65 and older, only ever. Caregivers provided emotional s, from meal preparation to medication g and toileting.

seniors receiving home care rates of distress were significantly

er week: 28%
pression: 32%

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Our Vision

To help improve Canada's health system and the well-being of Canadians by being a leading source of unbiased, credible and comparable information that will enable health leaders to make better-informed decisions.

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Taking health information further

Analysis in Brief

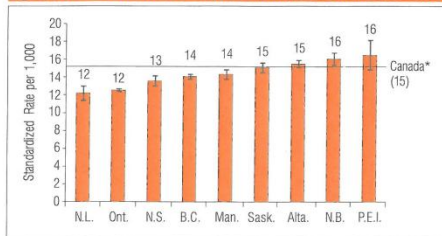
June 2010 Types of Care



Falls Among Seniors—Atlantic Canada

During 2007–2008, the age-standardized fall-related hospitalization rate for seniors was 12 per 1,000 for Newfoundland and Labrador, 13 per 1,000 for Nova Scotia and 16 per 1,000 for Prince Edward Island and New Brunswick.

Figure 1
Age-Standardized Fall-Related Hospitalization Rate for Seniors, 2007–2008



Notes
* Excluding Quebec residents.
Data from Nunavut, the Northwest Territories and the Yukon was suppressed due to small cell sizes.
Source: Discharge Abstract Database, 2007–2008, Canadian Institute for Health Information.

During 2007–2008 in Atlantic Canada, approximately 60% of seniors with fall-related hospitalizations fell at home, while 13% fell in a residential institution.

Analysis in Brief

August 2010 Types of Care



Caring for Seniors With Alzheimer's Disease and Other Forms of Dementia

Executive Summary

This study showcases two emerging CIHI data holdings that inform health system planning for the care needs of a growing number of Canadians with Alzheimer's disease and other forms of dementia. This population is expected to double within the next 30 years, to 1.1 million or nearly 3% of Canadians. Key findings include the following:

- In five seniors (20%) receiving publicly funded long-term home care had a diagnosis of Alzheimer's disease and/or other dementia. The rate was nearly three in five (57%) for seniors living in a residential care facility, such as a nursing home or long-term care home.
- There was an overlap in the populations served by these two sectors. One in six (17%) seniors with dementia and high impairment—those experiencing moderate to severe difficulty with basic cognitive and self-care functions—were living at home with home care. At the other end of the spectrum, the same proportion of seniors with dementia and low impairment—or little difficulty with cognition and self care—was living in residential care.
- Among the low-impairment (higher-functioning) seniors with dementia, those newly admitted to residential care were twice as likely to be unmarried (defined as widowed, separated, divorced or never having been married). This highlights the critical role of the spouse in helping seniors with dementia stay at home.
- Wandering, with an odds ratio of almost seven, was the most powerful factor explaining why a person with dementia and low impairment would be in a residential care facility rather than at home with home care. A recent hospital admission, resisting care and physically abusive behaviour were also important factors.

These findings suggest that there are important reasons why some seniors with dementia, even those with relatively mild symptoms of impairment, are unable to stay at home. Many of these same factors were highlighted in a recent CIHI study on the factors associated with informal caregiver distress, a common reason for seniors' admission to residential care.¹

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www.cihi.ca

I. Falls Among Seniors- Highlights

- > Provides sequential analysis, following the “story” of a senior who falls.
- > Released June 8, 2010: www.cihi.ca

CIHI data sources:

- National Trauma Registry
- Discharge Abstract Database
- Patient Cost Estimator
- Health Indicators

Other Policy type resources: Provincial/International

Summary...

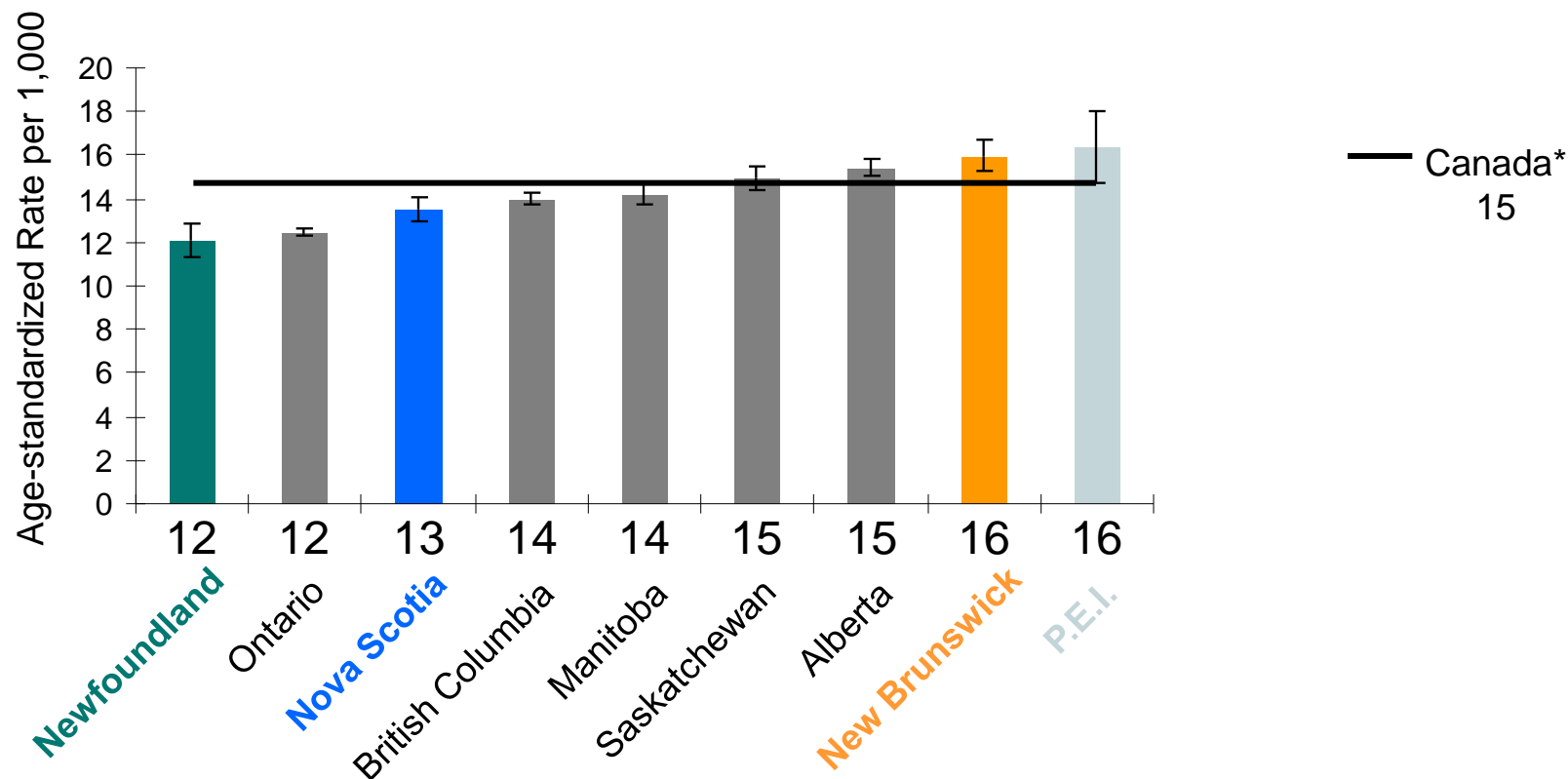
60% of Seniors

hospitalized with a fall related injury in Atlantic Canada, fell at home.

Seniors admitted to hospital as a result of falling, on average their **Length of Stay** was **6 days longer** than Seniors hospitalized without a fall event

1 in 5 non-residential care patients in Atlantic Canada were transferred into a residential care facility after being hospitalized for a fall

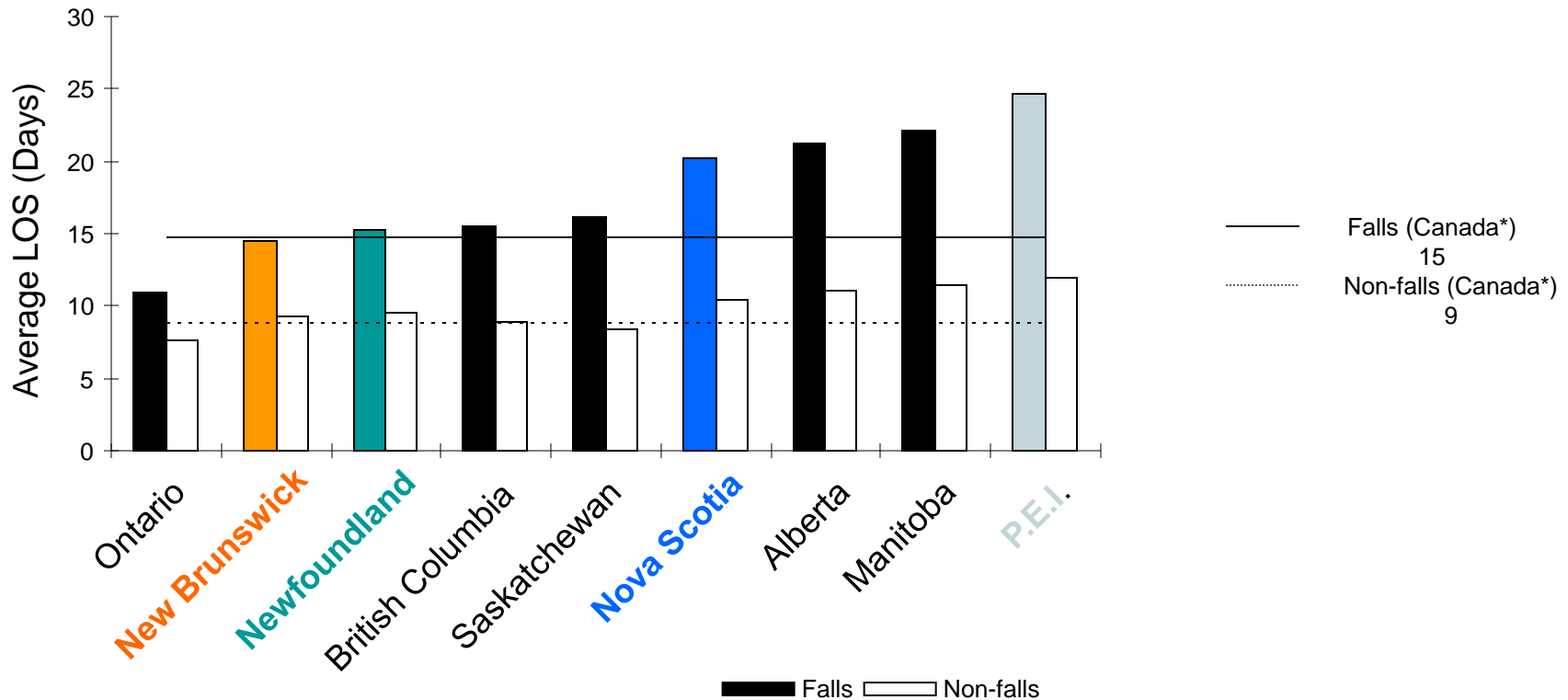
Age-standardized Fall Related Hospitalization Rate for Seniors in 2007/08



NOTES: * Excluding Quebec residents. Data from Nunavut, NWT & Yukon suppressed due to small cell size
 SOURCE: Discharge Abstract Database. 2007/08. Canadian Institute for Health Information.

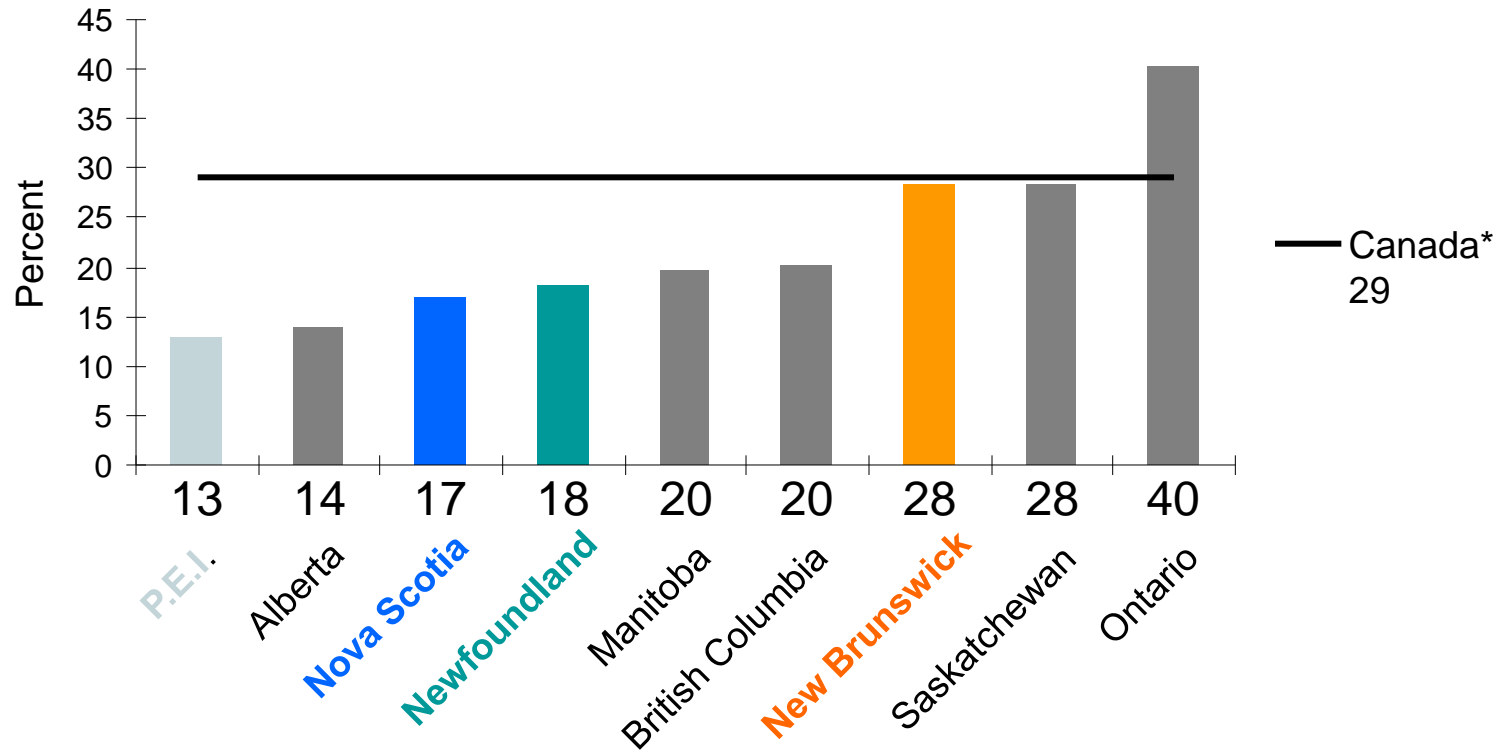
Acute Length Of Stay

Average Seniors Length of Stay for Fall Related Hospitalizations versus All Other Hospitalizations in 2007/08



NOTES: * Excluding Quebec residents. Data from Nunavut, NWT & Yukon suppressed due to small cell size
 SOURCE: Discharge Abstract Database. 2007/08. Canadian Institute for Health Information.

Percent of Non-residential Falls Transferred to Residential Care after a Fall Related Hospitalization in 2007/08



NOTES: * Excluding Quebec residents. Data from Nunavut, NWT & Yukon suppressed due to small cell size
 SOURCE: Discharge Abstract Database. 2007/08. Canadian Institute for Health Information.

II. Caring for Seniors with Alzheimer's and other forms of Dementia- highlights

- > The population of individuals with Alzheimer's Disease and other forms of Dementia is expected to double within the next thirty years to nearly 3% of the Canadian Population
- > **Data Source:** Home and Continuing Care Reporting Systems, 2007-08, 2008-09 data from CIHI.

Characteristics of Seniors with Dementia

– Publicly funded home care

- 20% with Dementia
- 42% aged 85 and older
- 42% married
- 99% with at least one informal caregiver
- 16% higher levels of cognitive impairment
- Lower levels of ADL impairment

– Residential care

- 57% with Dementia
- 59% aged 85 and older
- 26% married
- 37% higher levels of cognitive impairment
- Higher levels of ADL impairment

Resource Utilization

A higher proportion (near 5%) of seniors with Dementia receiving home care services had emergency room visits and hospital admissions than those living in residential care

Summary...

20% of Seniors

Receiving home care through public funds have a diagnosis of Alzheimer's or other Dementia.

Higher functioning seniors with Dementia newly admitted to residential care were **twice a likely** to be **unmarried**.

Wandering was the most powerful factor explaining why a person with Dementia and low impairment would be in a residential care facility.

III. Supporting Informal Caregivers: highlights

There are more than two million informal caregivers in Canada¹

of more than 131,000 home care clients aged 65 and older included in the study, only **2 %** are coping without informal caregiver support or **98%** of home care clients also receive some form of informal caregiver support.

Data Source: Home Care Reporting System, CIHI

¹ Statistics Canada, General Social Survey. Cycle 16: Aging and Social Support . 2002

Caregiver Distress

- > “Overall impact of physical, psychological, social and financial demands of caregiving”

- **98%** of seniors receiving publicly funded long term home care have one or more informal caregivers
 - 75% married clients listed **spouse** as primary source
 - 75% unmarried clients listed **child** as primary source

Types of informal care

- > **98%** provided emotional support
- > **90%** provided IADL support
(meals, housework, transportation)
- > **43%** provided ADL support
(toileting, bathing, dressing)

Triggers of Caregiver Distress

- Hours of informal care provided
- Client function
- Client mood
- Client behavior
- Client cognition

Strongest predictors of Caregiver Distress

- Client's level of cognition (3x)
- Number of hours of informal care provided (2.5x)
- Client's symptoms of depression or difficulty with IADL's (nearly 2x)

Higher caregiver distress noted among;

Informal Caregivers who;

- Provide more than 21 hours of supported care (28%)
- Care for seniors with symptoms of depression (32%)
- Care for seniors with moderate/severe cognitive problems (37%)
- Care for seniors with aggressive behaviors (52%)

For more information

> ccrs@cihi.ca

> hcrs@cihi.ca

Or contact the Atlantic Regional Office

4. Accessing Information

- > Education
- > Data
- > Expertise
- > Health Information



Education

- > Over 350 **Learning Opportunities** in 2008
 - Self learning
 - Online learning
 - Face-to-face sessions
 - Custom workshops

- > **Conference' and Summits**
 - **Plenary Speaker, Workshops**



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Children from low-socio-economic status groups have hospitalization rates for asthma 56% higher than children from high-socio-economic status groups.

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Education—What's New [All](#)

- Acute Coronary Syndrome, Part 2 (eLearning)
- Basic DAD Abstracting (eLearning)
- Introduction to the National Ambulatory Care Reporting System (NACRS) (SLP)
- Introduction to Case Mix for NRS, OMHS, CCRS and HCRS (eLearning)
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[Archives](#)

- March 31, 2009
Patients hospitalized for mental illness in Ontario see decrease in signs of depression, aggression
- March 25, 2009
Regrouping Historical Data (CIHI reference document)
- March 19, 2009
Payments to Canadian physicians up 4.7% in 2006–2007 from the previous year
- March 3, 2009
New CIHI analysis shows positive mental health linked to better physical

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Physicians received \$14.8 billion in total payments for clinical services in Canada in 2006–2007, a 4.7% increase over 2005–2006, according to new data from the Canadian Institute for Health Information (CIHI).

[Improving the Health of Canadians: Exploring Positive Mental Health](#)



Improving the Health of Canadians: Exploring Positive Mental Health explores the concept of positive mental health by looking at mental health as distinct from

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- [ICD-10-CA and CCI Classifications](#)
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Alberta  

Education Services Web page

Data

- > National/ Jurisdictional Comparators
- > 27 Data Holdings
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http://secure.cihi.ca/cihiweb/dispPage.jsp?cw_page=services_hcrs_e

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Data Collection

- Health Human Resources
- Health Spending Databases
- Health Services Databases**
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Home Care Reporting System (HCRS)



On this page: [What's New](#) | [Purpose](#) | [Source](#) | [Data Elements](#) | [Data Quality](#) | [Privacy](#) | [Submission Timelines](#) | [Availability](#) | [Licensed Vendors](#) | [Vendor Test](#) | [Advisory Groups](#) | [Documents](#) | [CIHI's Knowledge Database: eQuery](#) | [Contact](#)

Home care is recognized as a critical component of an efficient and effective health care system. To meet the need for consistent, comparable home care information, CIHI developed the HCRS.

What's New

- [Supporting Informal Caregivers – The Heart of Home Care](#)
- [Caring for Seniors With Alzheimer's Disease and Other Forms of Dementia](#)
- [interRAI Contact Assessment Information and Implementation Steps \(PDF\) 228 KB](#)
- [HCRS Quick Stats Tables 2007-2008 \(XLSX\) 266 KB](#)
- [Data From the Home Care Reporting System Now Available for 2008–2009](#)
- [HCC February 2010 Update \(PDF\) 257 KB](#)
- [Coding Standards for RAI-HC in Hospital Settings](#)
- [Information Sheet: Using the RAI-HC in Hospital Setting \(PDF\) 187 KB](#)

Related Content

Reports

- HCRS Analysis in Brief
- Supporting Informal Caregivers
- Home Care Spending
- Home Care Roadmap
- Indicators
- CIHI Annual Report

Quick Stats

- HCRS
- Home Care

Media Releases

- Yukon home care clients
- More...

Bulletins

- January 28, 2010
- More...

Newsletters

- Current Issue
- Past Issue

Resources

- Development of

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Continuing Care Reporting System

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The Continuing Care Reporting System (CCRS) was created to be a resource for standardized clinical and administrative information on continuing care in Canada. The database includes detailed clinical, functional and service information that identifies residents' preferences, needs and strengths, and provides a snapshot of the services they use. At the clinical level, CCRS data guide front-line care planning and quality improvement, and support analysis of resident risks and outcomes over time. At the management and policy-making level, the data are used to support planning, quality improvement, funding and accountability.

The CCRS captures information on individuals in publicly funded facilities of two types:

- Hospitals that have beds designated and funded as continuing care beds, commonly known across Canada as extended, auxiliary, chronic, or complex care beds; and,
- Residential care facilities, commonly known across Canada as nursing homes, personal care homes or long-term care facilities.

What's New?

- [Information Sheet: Quality Indicators](#) (PDF) 348 KB
- [Supporting Informal Caregivers - The Heart of Home Care](#)
- [Caring for Seniors With Alzheimer's Disease and Other Forms of Dementia](#)
- [Profile of Residents in Continuing Care Facilities 2008-2009](#)
- [Depression Among Seniors in Residential Care](#)

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- ▶ [Transfers From Continuing Care Supporting Informal Caregivers](#)
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Expertise

- > Standards
- > Data Quality
- > Analysis
- > Privacy and Protection
- > Case Mix
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5. Other

- > Navigate Website- locate reports / information
- > E-Query
- > Quick Stats
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E-query

- > Online access to previously answered questions
- > Submit your own question for a timely response.
- > Found on main page CIHI website.




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- [Canadian Organ Replacement Register \(CORR\)](#)
- [Continuing Care Reporting System \(CCRS\)](#)
- [Discharge Abstract Database \(DAD\)](#)
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- [Hospital Mental Health Database \(HMHDB\)](#)
- [Hospital Morbidity database \(HMDB\)](#)
- [Licensed Practical Nurses Database \(LPNDB\)](#)
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Home Care Reporting System (HCRS)

CIHI provides a range of free, aggregate-level data on Home Care Reporting System (HCRS). More comprehensive data may be available in published reports.

Free data are presented in one of two ways:

1. Pre-formatted tables provide a snapshot of the data. Frequently, these have been published in association with a media release. These pre-formatted tables are identified by a symbol.
2. Interactive data provide a dynamic presentation of health statistics, in which data can be manipulated, printed and exported. These interactive data are identified with a  symbol. *These reports are optimized to work in Internet Explorer 7.0 or 6.0.2 and Firefox 3.0 or 2.0.* Click [here to watch a short video](#) on how to understand and use these reports.

These are the available Statistics:

- [Supporting Informal Caregivers – The Heart of Home Care](#)
- [HCRS Quick Stats Tables 2007-2008](#)
- [Referral Source, Yukon Home Care, 2006-2007](#)
- [Selected Characteristics by MAPLe Score, Assessed Longer-Term Clients, Yukon Home Care, 2006-2007](#)
- [Selected Demographic Characteristics by Client Group, Yukon Home Care, 2006-2007](#)
- [Number of Days Between Referral to Home Care and Start of Case Management, Yukon Home Care, 2006-2007](#)
- [Length of Service by Client Group, Shorter-Term Clients, Yukon Home Care, 2006-2007](#)
- [MAPLe Score Distribution, Assessed Longer-Term Clients, Yukon Home](#)

Related Content

Reports

- HCRS Analysis in Brief
- Supporting Informal Caregivers
- Home Care Spending
- Home Care Roadmap
- Indicators
- CIHI Annual Report

Quick Stats

- Home Care

Databases

- Yukon home care

Releases

- Yukon home care clients
- More...

Bulletins


- January 28, 2010
- More...

Newsletters

- Current Issue
- Past Issue

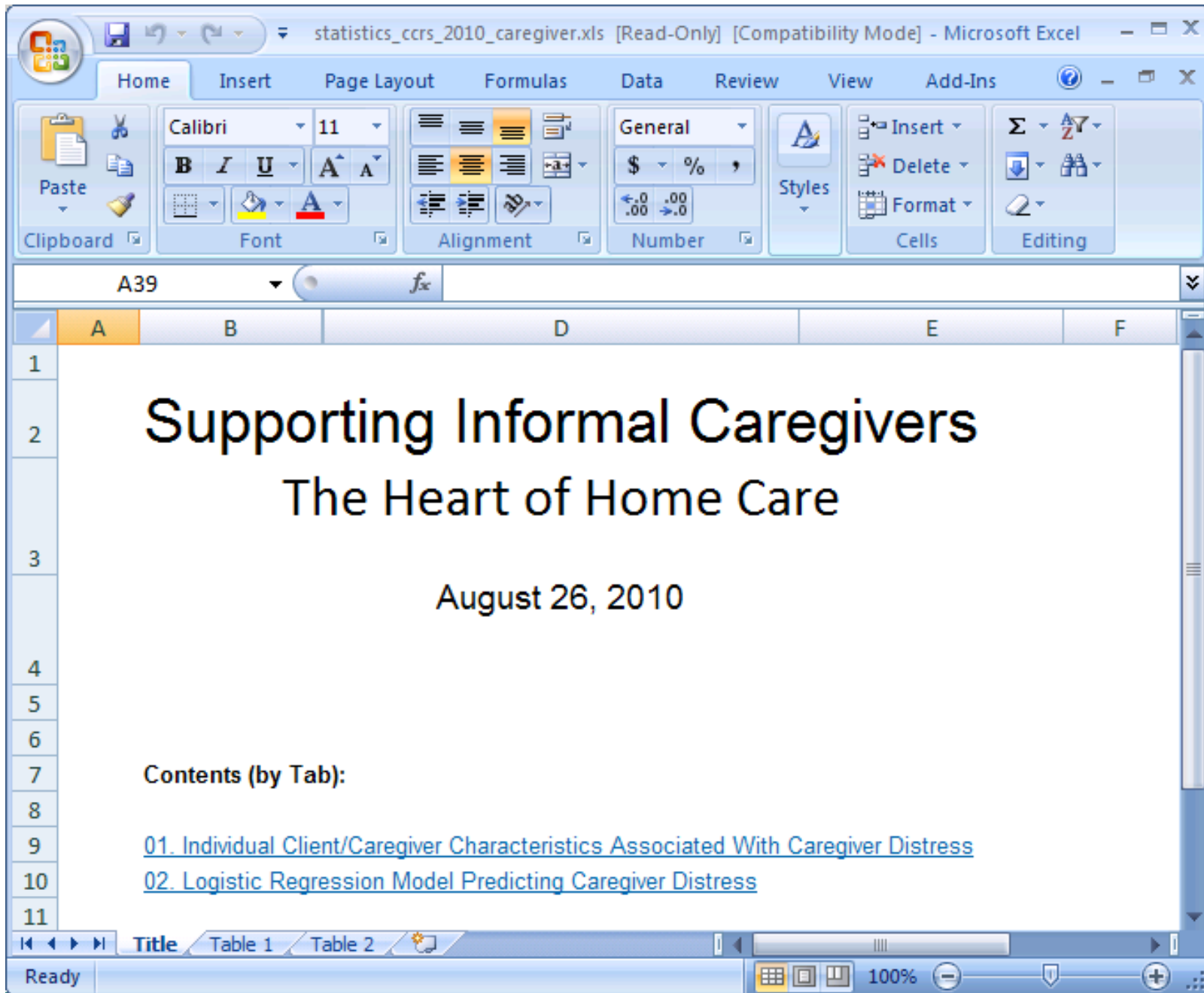
Resources

- HCRS Specifications Manual
- RAI-Home Care (RAI-HC) Manual
- More...



Done

Local intranet 100%



The image shows a screenshot of a Microsoft Excel spreadsheet. The title bar at the top reads "statistics_ccrs_2010_caregiver.xls [Read-Only] [Compatibility Mode] - Microsoft Excel". The ribbon includes tabs for Home, Insert, Page Layout, Formulas, Data, Review, View, and Add-Ins. The Home tab is active, showing options for Clipboard, Font, Alignment, Number, Styles, Cells, and Editing. The spreadsheet content is as follows:

	A	B	D	E	F
1	<h1>Supporting Informal Caregivers</h1> <h2>The Heart of Home Care</h2>				
2					
3					
4	<h3>August 26, 2010</h3>				
5	<p>Contents (by Tab):</p> <p>01. Individual Client/Caregiver Characteristics Associated With Caregiver Distress</p> <p>02. Logistic Regression Model Predicting Caregiver Distress</p>				
6					
7	<p>Ready</p>				
8					
9					
10					
11					



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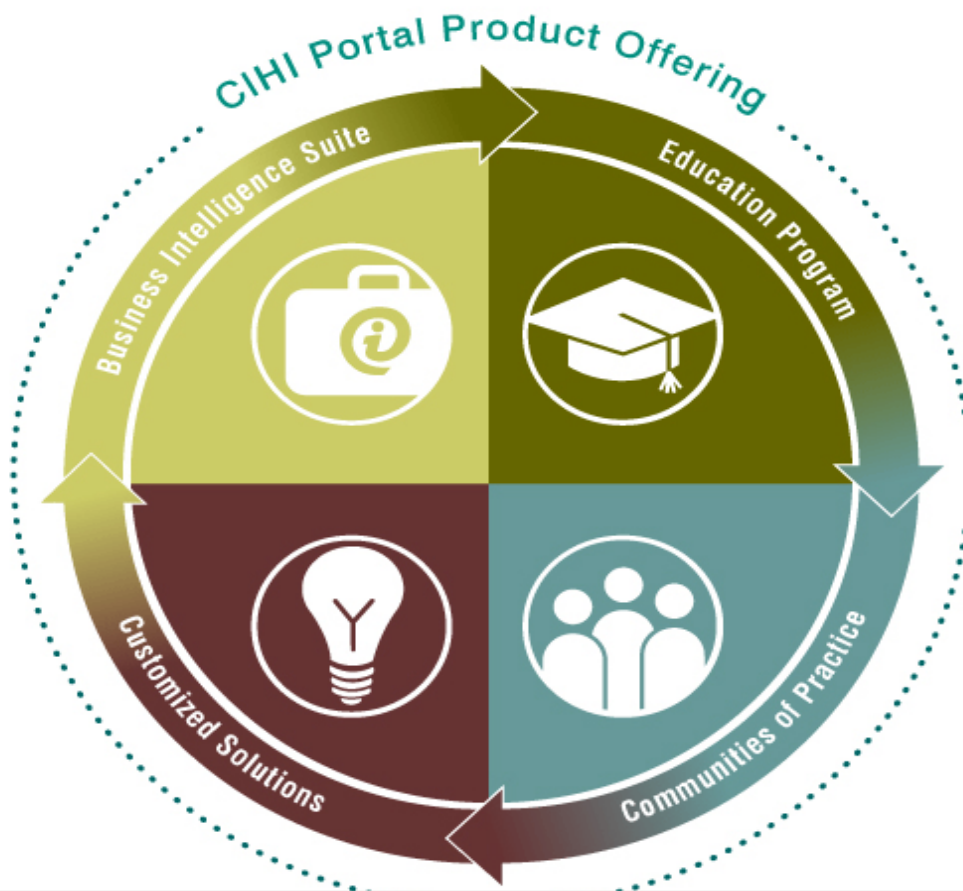
E-Reports

- > Aggregate static reports available to health care stakeholders
- > Ministry
 - Data Quality Reports by Jurisdiction
 - HSMR Quarterly Reports
 - Ministry Quarterly Reports
- > Health Care Facility
 - e-CHAP
 - e-NACRS

- Population Health Initiative
- Health Indicators
- Health Services Research
- Analytic Reports
- Hospital Mortality Ratio
- Patient Safety
- Wait Times
- Request Data

What is CIHI Portal

CIHI Portal integrates four distinct services within a single, premium health information offering. The first component is a powerful **business intelligence suite**, which is supported by a comprehensive **education program**. Underlying this are user-based **communities of practice**. The final component of CIHI Portal is its **customized solutions** service, which responds to special user needs. Together, these components create a unique experience in using health information.



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Portal in use



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