

Newfoundland & Labrador Centre for

APPLIED HEALTH RESEARCH

www.nlcahr.mun.ca



Healthy Collaboration at NLCAHR

Community Engagement in Practice

RESEARCH WEEK LUNCH & LEARN SESSION
November 14, 2019



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COLLABORATION
EXPERIENCE**

2019

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Today's Talk



NLCAHR & Engagement



Research Exchange Groups



CHRSP



What we've learned



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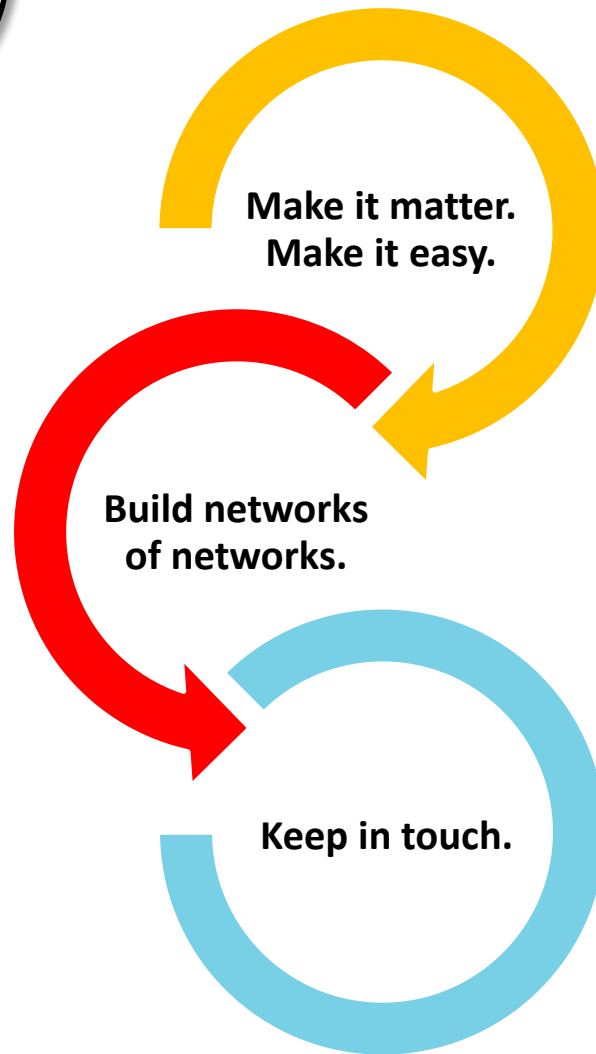


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Our Approach to Engagement



- Listen and let partners lead
- Work **with** partners on issues they care about
- Be helpful and optimize participation
- Use common language
- Everyone is welcome.
- Ask partners to invite their colleagues and friends
- Grow organically.
- Communication is key
- Easy-to-navigate website
- Opportunities for feedback
- Acknowledgement and appreciation



Research Exchange Groups

knowledge exchange & capacity-building
inclusiveness, growth & connection

By the Numbers



19 groups

1191 members

93 meetings last year



1999

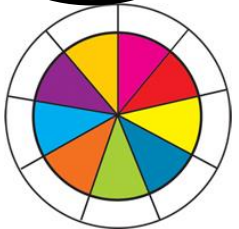
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Research Exchange Groups



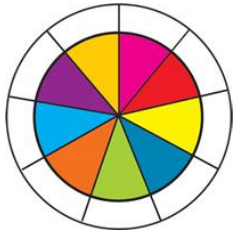
ADHD



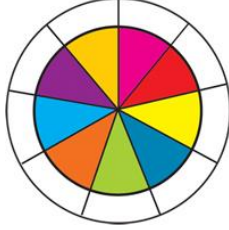
Aging



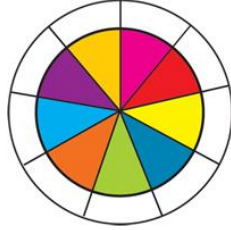
Autism



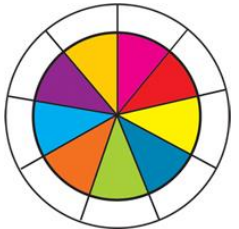
Arts & Health



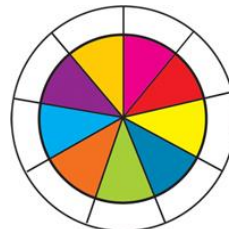
Bullying



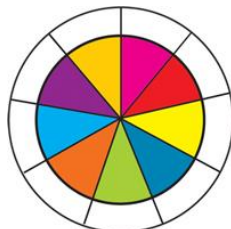
Chronic Disease



Cost
& Value



Eating
Disorders

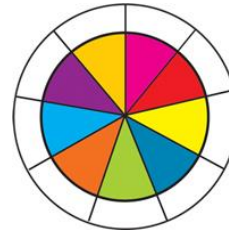


Gender
& Sexuality

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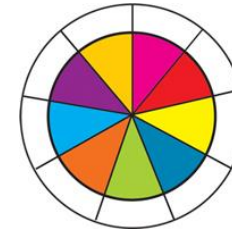
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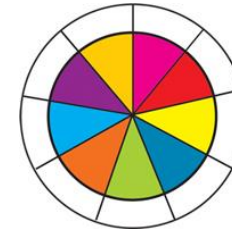


NEW THIS YEAR! Human Animal
Interaction & Wellness

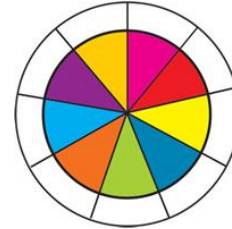
Now Recruiting:
Health & the Built Environment
Cancer
Technology & Health



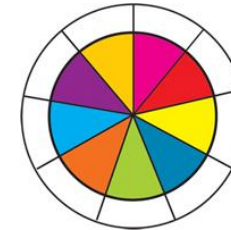
Global Health



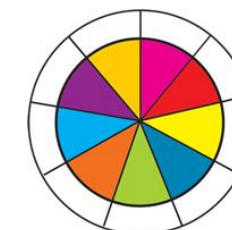
Harm Reduction



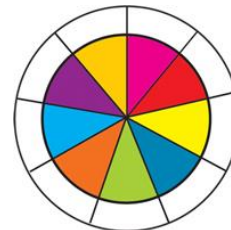
Hort. Therapy



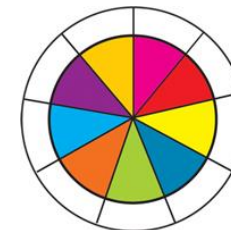
Mental Health



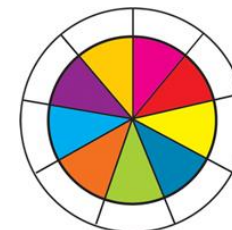
MFVH¹



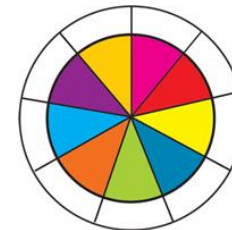
Oral Health



Palliative Care



RN&A Health²



SLICE³



Research Exchange Group Highlights

— “ —

*These groups
smash silos!*

— ” —

BUILDING BRIDGES

Workshop

Portal (www.nlcahr.mun.ca)

Literature Review

Cross-pollination

IMPACT

NL Centre for Studies on Aging

Harm Reduction

Rewarding Success Teams

“

TEAMWORK

Being part of this group just
reinforces for me how
teamwork

- working across disciplines -
brings tremendous strength to
practice, to research, and to
developing best practices in
healthcare.

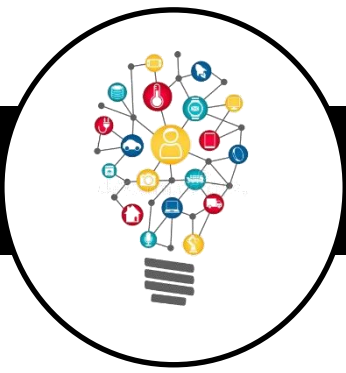
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Share
YOUR IDEAS



CHRS

Contextualized Health Research Synthesis Program
decision support for the NL healthcare system

By the Numbers



35 Published studies
189 Project partners
12 Years of collaboration



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CHRSP & Engagement

Partners pick the topics

- Six healthcare organizations
- Patient & Caregiver Advisory Council
- CHRSP Champions, CEOs, Deputy Ministers

Partners work on research teams

- Academics and subject experts
- Health system decision makers & front-line staff
- Community organizations, patients and caregivers



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CHRSP Products & Methods

Evidence in Context Studies (since 2007)

- iKT method designed in collaboration with health system and iKT experts
- Team-based: subject experts, health system reps, academics, patients, caregivers
- Reports: contextualized evidence syntheses in 50 page/ 4 page/ 1 page formats + Online Companion Document
- 20 EIC reports have been published

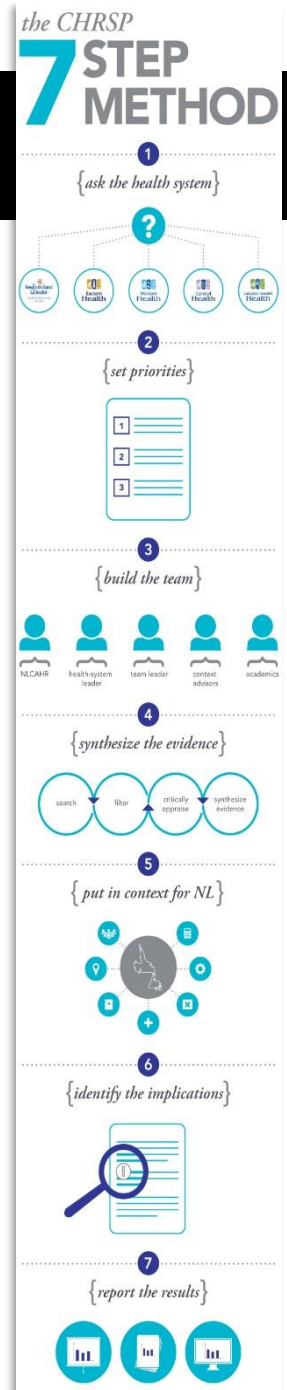


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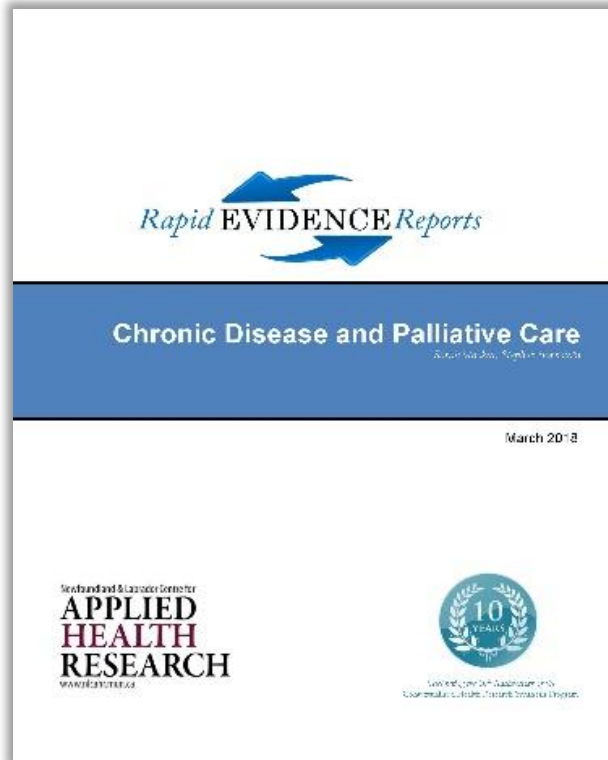
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CHRSP Products & Methods



Rapid Evidence Reports (since 2012)

- Developed in response to health system demand for quicker turnaround
- Consult with HS to refine topic. CHRSP researcher + Director + Subject Expert produce the study
- Quality appraised literature overview, and brief contextual considerations: 15-25 page format
- 11 RER reports have been published



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CHRSP Products & Methods

Snapshot Reports (since 2017)

- Jurisdictional scans that outline practices, programs, or policies implemented elsewhere
- Designed to help decision making when HS wants to consider a range of options but does not yet know what the “intervention” should be
- Can be the catalyst for further study as an RER or an EIC
- Consult with HS to refine topic. CHRSP researcher(s) + Director produce a 15 page report (plus tables/ appendices)
- 4 Snapshot reports have been published



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CHRSP Highlights

“ —

Using the Memphis Model of mobile crisis intervention, 161 visits to homes were made in April 2018 compared to 84 visits in April 2017. -CBC News July 2018

CHRSP certainly supported us in being able to fund and support the implementation of the Memphis Model in the province.
Government Official

— ”

IMPACT

Robust, sustainable partnership.

Positive feedback and actual uptake.

EXPANSION

Patient & Caregiver Advisory Council

3-province collaboration

“

The CHRSP Age-Friendly Acute Care report was very helpful. It examined research and the NL context, including implications for decision makers in this province. This is a useful document as we consider outcomes for seniors in acute care and how to improve them.

- Government Official

”

What we've learned



Be patient

**Leadership
is crucial**

**Trust &
Respect**

- *Expect delays:* engagement takes time.
- Be prepared to change approaches to respond to changing needs.
- Organizational leaders are crucial to success
- Intermediaries can help, so does being a small place
- Leverage existing networks as you build new ones
- Show respect, build trust, be transparent
- Develop a shared sense of purpose
- Respect organizational & cultural differences
- Use resources wisely
- **Be useful!**



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QUESTIONS?

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