



Memorization Maximization

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Unlocking New Ways to Remember

Memorization Maximizers



Abbreviations

Acronyms

Acrostics

Rhymes & Lyrics

Movement

Mixing Modes

Abbreviations



Ex. CHF (congestive heart failure; or, Swiss Currency)

Shortened version of a long name or title.

Does not have to become a known pronounceable common word.

Acronyms



Ex. S.M.A.R.T. Goals

A pronounceable word combined from the first letter in a series of words.

Sequence of letters must be exact

Acrostics



Ex. Monarchies through English history=
“No Plan Like Yours To Study History Wisely”

A message, phrase, or poem.

First letter of each word means
another word or phrase.

Sequence of words must be exact

Rhymes & Lyrics



Ex. “leaves of three? Leave it be!” for identifying poison ivy



Ex. “ The Periodic Table Song” by AsapSCIENCE

Uses acoustic encoding

Self creating? Start with small rhymes or using a known song rhythm.

Google & YouTube!

Movement



Uses enactment, gestures, and physical motion memory creation.

Uses a movement or motion.

Creates a customized action.

Challenge: can you do it while seated (i.e. during an exam?)

Mixing Methods



See if you can combine methods to level up your memorization

- Reciting an acrostic out loud with movement actions.
- Using hand gestures while saying a rhyme.
- Mixing (i.e. sharing) with classmates



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References

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