

# Memorial University of Newfoundland Pensioners Association (MUNPA)



# Benefit Program

- Health
  - Hospital
  - Drugs
  - Extended Health Benefits
- Dental
- Retiree Survivor Coverage
- Member Services

# Benefit Program

- Hospital
  - Coverage provides for the difference between the ward and the semi-private room
  - Semi-private is paid at 100%
  - Payment is direct to the hospital when you present you Blue Cross Identification card
  - This benefit is eligible in any province in Canada

# Benefit Program

- Drugs
  - Adjudication details
    - Amount eligible is paid directly to the pharmacy
    - Ingredient cost paid by the program
    - Co-pay is the markup plus the dispensing fee charged by the pharmacy
    - Drugs fall in one of three possible categories:
      - Eligible
      - Not Eligible
      - Covered if approved by Special Authorization process

# Benefit Program

- Extended Health Benefits
  - Program covers 80% eligible expense
  - \$25 deductible per calendar year per single/family
  - Most claims are submitted ePay by providers

# Benefit Program

## Extended Health Benefits

Ambulance Services

Prosthetic Appliances

Diabetic Supplies

Oxygen

Nursing Services

Accidental Dental

Orthotics

Durable Equipment

Surgical Stockings

Hearing Aids

Acupuncturist

Massage Therapist

Psychologist

Audiologist

Physiotherapist

Podiatrist/Chiropodist

Speech Pathologist

Chiropractor

Naturopath

Osteopath

# Benefit Program

- Extended Health Benefits
  - Vision Care
    - Eye Exams: One every 24 months, 12 months for dependent children
    - Frames, Lenses/Contact Lenses, Laser Corrective Surgery: Maximum payable of \$250 in 24 months, 12 months for dependent children

# Benefit Program

- Dental
  - Dental expenses reimbursed based on Current Newfoundland Dental Society Fee Guide
  - Basic Benefits paid at 80%
  - Major Restorative Dental Services
    - Reimbursed at 70% of the eligible expense to a maximum of \$1,200 per participant per calendar year
    - Eligible items includes inlays/onlays, crowns, dentures and bridges

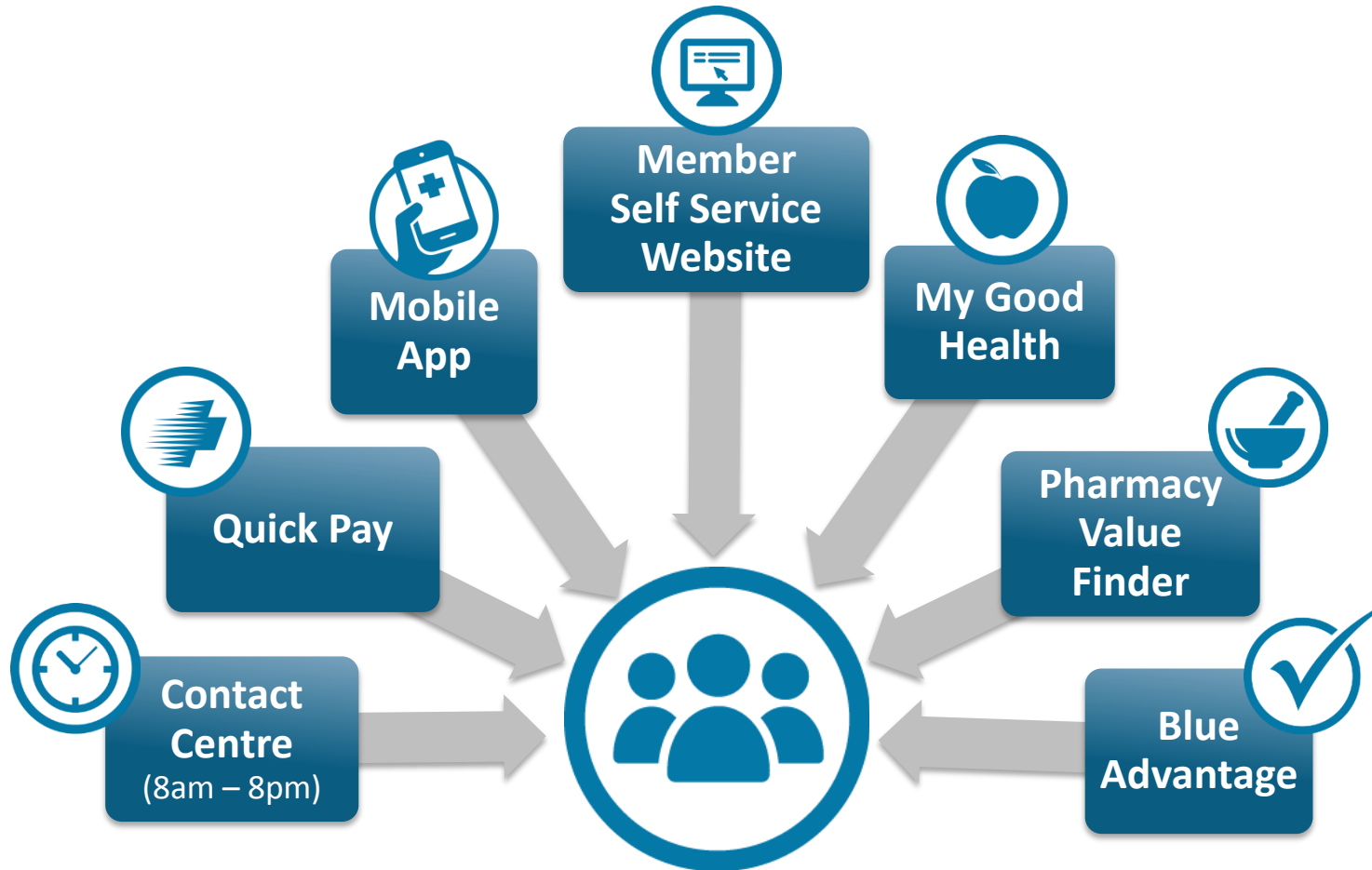


# Benefits Program

## Retiree Survivor Coverage

- If in receipt of survivor pension the spouse may continue coverage
- Coverage is eligible until the death of the survivor
- Applies to both Health and Dental

# Convenience for Members



# Medavie Blue Cross ID Card



11

Confirms participation in group insurance plan including your dependents

# Claims Submission Self-Service Made Easy for Members



Provider ePay



Member eClaims



Mobile App



Regular Mail



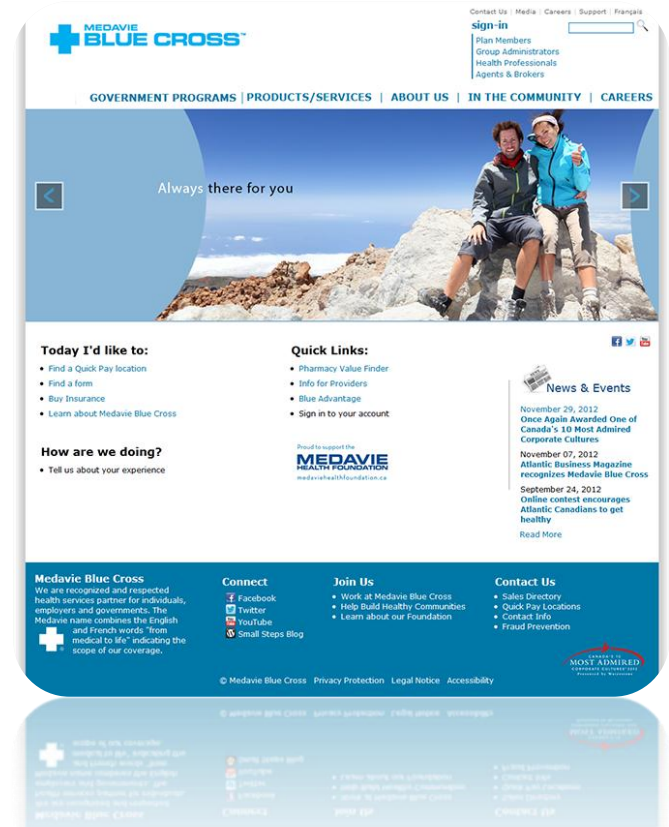
Quick Pay



# Plan Member Website

www.medavie.bluecross.ca

- Access to benefits information
- Manage personal information including direct deposit
- Access to claim forms
- View claims payment history
- Submit eClaims



# Direct Deposit



Your money  
belongs in  
your wallet,  
not in the mail.

Direct Deposit gets it in your bank account sooner!

**Sign up today:**

1. Visit [www.medavie.bluecross.ca](http://www.medavie.bluecross.ca)
2. Select "Plan Members"  
in the upper right-hand corner
3. Select "Go to secure site"
4. Select "Member"
5. Enroll by clicking the "Banking" link

 **MEDAVIE  
BLUE CROSS™**

# Updating Banking

## Member Profile

Have you recently moved? Has your phone number changed? If yes, we need to know. It is important for you to keep us informed of changes in your contact information to ensure you have problem-free access to your benefits when you need it. Please review your personal information closely.



Profile

Banking

### Banking Information

There is currently no banking information.

If you would like to receive claim payment through direct deposit to your bank account, please click on the "Add Banking" button below and fill in the requested information.

Add Banking



## Add/Update Banking Information

There are two options to add/update your banking information.

You can submit online in the fields below.

OR

You can manually fill in the [Banking Information Request Form](#).

### Banking Information

**YOUR NAME**  
123 ANY STREET  
ANYTOWN, PROVINCE A1A 0Z0

001

YYYYMMDD  
DATE Y Y Y Y M M D D

PAY TO THE ORDER OF \_\_\_\_\_ \$ \_\_\_\_\_  
100 DOLLARS

**YOUR FINANCIAL INSTITUTION**  
123 MAIN STREET  
ANYTOWN, PROVINCE 2B2 9Y9

MEMO \_\_\_\_\_

④ 1 2345 670 234567

Branch #   Bank #   Account #

Cancel

Submit



# Medavie Mobile

- The latest version of our member app comes packed with even more!
  - Mobile ID card
  - Check drug coverage and compare drug costs
  - Browse benefit details
  - Check remaining benefit balances
  - Submit claims
  - Find ePay health professionals
  - Cost information for providers
  - Register and update your profile





# My Good Health

- Health Risk Assessment
- Comprehensive Wellness Portal
- Disease & medical conditions
- Health and lifestyle information & tools
- Drug, natural product, disease and tests & procedures library
- Self-care and screening health tools and guides
- Canada-wide community support directory
- Monthly/daily health news updates

**My Good Health.** MEDAVIE BLUE CROSS

HOME | MY HEALTH PROFILE | HEALTH LIBRARY | HEALTH TOOLS | HEALTHY LIVING | COMMUNITY SUPPORT | MY ACCOUNT | LOGOUT

## How Weight Loss Works

There are just 3 ways to lose weight.  
See what they are.

- Happy feet**  
Choose shoes wisely. Try this on...
- Stuck to a screen?**  
Watch how much you watch. Here's why...
- Loser's math**  
How to work the weight-loss numbers. Add it up!
- A to zinc**  
Your vitamin & mineral guide. Print it!
- Your future self**  
How healthy will you be? Make a plan.

**Welcome to My Good Health!**  
A great way to start is by building your health profile. With a complete health profile, you'll know where to focus your effort. Then you can use the rest of the site to help build your wellness wisdom. My Good Health isn't just interesting articles and fun health tools; it's a chance to get a real report on how healthy you are. [Get started.](#)

**Health News** | **More News**

- U.S. task force calls for routine HIV testing for all adults**  
4/26/2013 5:24:08 AM  
An influential U.S. panel is calling for HIV screening for all Americans aged 15 to 65, regardless of whether they are considered to be at high risk, a change that may help lift some of the stigma associated with HIV testing.
- Ready for a spring clean? Your gut needs one too!**  
4/26/2013 2:00:00 AM  
Washing the windows, cleaning the closets, and shaking out the rug? Well, it isn't just your living space that needs a spring cleaning -- so does your gut, says Toronto naturopath Dr. Muking Jiva.
- Cancer rates in Latin America skyrocketing, experts say**  
4/27/2013 4:10:04 PM  
A "burgeoning cancer problem" threatens to cause widespread suffering and economic peril in Latin America, a group of experts claim in a new report.

**Helping you live better**

- Health Library**
  - Health Conditions
  - Tests and Procedures
  - Medications
  - Natural Products
- Health Tools**
  - Body Mass Index Calculator
  - Heart Disease Risk Calculator
  - Health Guide
  - more...
- Health Living Centres**
  - Men's Health
  - Women's Health
  - Senior's Health
  - Family and Child Health
  - Nutrition
  - Physical Activity
- Common Health Topics**
  - Mental Health
  - Heart Health
  - Diabetes
  - Cancer
  - Stress

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[medaviebc.mygoodhealth.ca](http://medaviebc.mygoodhealth.ca)

*My Good Health.*



# Supporting Retirees & Family

- Bilingual service English or French with translation service in over 150 different languages
- Benefit, claims, general inquiries and provider inquiries
- Hours of operation 8am-8pm Monday to Friday



1-800-667-4511



[inquiry@medavie.bluecross.ca](mailto:inquiry@medavie.bluecross.ca)

# Questions?

Always there for you.



*Thank You!*