- 1. The Gypsum Men Kevin Beanland
- 2. The Valley of Kilbride Blanche Murphy
- 3. Rakes of Mallo Frankie Nash
- 4. Romeo and Juliet (narration) John Thomas Power
- 5. Maggie May George Brodie
- 6. Why Don't Father's Ship Come In Annie Green
- 7. Dogsled Tall Tale (narration) performer unknown
- 8. Joe Smallwood's Reel Emile Benoit
- 9. The Gay Spanish Maid Rose Eustis
- 10. Oran an Tombaca Allan MacArthur
- 11. MacDonald's Reel Minnie White
- 12. Tom Tobin's Dickybird Mike Meaney
- 13. Little Dickie Melburn Martha Hutchings
- 14. Haste to the Wedding Rufus Guinchard
- 15. Job's Cove Rock (narration) Francis Colbert
- 16. The Droving Song Blanche Roberts
- 17. The Girl From the West Country Malcolm 'Mack' Masters
- 18. Lost Jimmy Whelan Linda (Slade) Byrne
- 19. Twin Lakes William 'Billy' White
- 20. Saint Anne's Reel Minnie White
- 21. The Army Song Stanley Trimm
- 22. Johnny Reilly John Joe English
- 23. The American Cake Walk Bernard Felix
- 24. The Bird Rocks Annie Walters
- 25. St. John's Girl Peter Letto
- 26. Down East Pickin' Kevin Beanland
- 27. Catherine a passé par ici Elizabeth Barter

This CD was produced by the Research Centre for the Study of Music, Media, and Place (MMaP), established in 2003 to initiate and enable music research within the academic and general community. Many of the Web sites, CDs and other media projects of MMaP focus on the rich traditional music of Newfoundland and Labrador.

We hope that our listeners will continue the trad/modern discussion. If you have observations or views about the re-arrangements on this CD, please get in touch by emailing the producer, Beverley Diamond, at bdiamond@mun.ca.