

COVID-19: Visitor Daily Self -Assessment Tool

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To prevent the spread of COVID-19, anyone visiting campus is required to complete a daily self-assessment. The answers to the questions below will assist in determining if access to campus is permitted. The results are valid for **24 hours**.

This is not meant to be used as a tool to assess your overall health nor does it replace a visit to your primary care physician. This tool is meant to assess new or worsening of long-standing symptoms and not other symptoms such as those related to seasonal or environmental allergies.

COVID-19 Daily Screening Tool

Question 1

Have you travelled outside of Newfoundland and Labrador (excluding Nova Scotia, New Brunswick and Prince Edward Island) or Canada within the last 14 days?

YES or NO

Question 2

Have you provided care or had close contact with a person with COVID-19 (probable or confirmed) within the past 14 days? (If you have been cleared by public health to return to work, answer No).

YES or NO

Question 3

Do you have any of the following symptoms (new or worsening)?

- | | |
|---|--|
| <input type="checkbox"/> Fever (or signs of fever such as chills, sweats, muscle aches and lightheadedness) | <input type="checkbox"/> Painful swallowing |
| <input type="checkbox"/> Cough | <input type="checkbox"/> Runny nose |
| <input type="checkbox"/> Headache | <input type="checkbox"/> Unexplained loss of appetite |
| <input type="checkbox"/> Sore throat | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Small red or purples spots on your hands and/or feet | <input type="checkbox"/> Loss of sense of smell or taste |

YES or NO

If you responded **NO** to all questions, proceed to campus as usual.

If you responded **YES** to any of these questions, **do not proceed to campus**. Go home and self-isolate. Call 811 or visit gov.nl.ca/COVID-19 for more information as you may be eligible for a COVID-19 test.

Contact us

Environmental Health and Safety
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