### RHEUMATOLOGY

### **CanMEDS roles and responsibilities**

### 1. MEDICAL EXPERT

- 1. To develop a systemic approach to undifferentiated problems including: monarthritis, polyarthritis; back pan; muscle weakness; FUO; regional musculoskeletal pain; i.e: hip, shoulder, knee, recognition of extra-articular features of rheumatic disease.
- To develop an approach to the diagnosis and management, including assessment for end organ involvement of rheumatoid arthritis; SLE; other connective tissue diseases (MCTD, Scleroderma, Siogren's), osteooarthritis, polymyalgia rheumatica, HLA-B27 related arthopathies, crystal induced arthopathy, infectious arthritis, inflammatory myopathies, fibromyalgia and osteoporosis.
- 3. To develop the knowledge to recognize and manage rhematologic emergencies: scleroderma renal crisis, infectious arthritis, Giant cell arteritis, pulmonary/renal syndromes, CNS lupus, rapidly progressive renal failure in SLE, neurologic compromise in RA.
- 4. To develop an approach to the use of diagnostic testing in rheumatology.
- 5. To develop an approach to therapy: to develop a treatment paradigm for Rheumatology arthritis and to develop knowledge of how the drug's use in management of rheumatoid arthritis may impact upon pregnancy.
- 6. To develop a knowledge base in the use of nonsteroidal anti-inflammatory drugs and disease modifying drugs in the management of inflammatory arthropathies: recognition of the indications for injection of joint with corticosteroids.
- 7. To develop the technical skills related to the practice of Rheumatology.
  - a. performance of the peripheral articular examination for joint inflammation
  - b. recognition of classical hand/foot deformities of rheumatoid arthritis.
  - c. performance of the clinical assessment for fibromyalgia
  - d. aspirations of the joint knee
  - e. demonstration of techniques for injection of knee and shoulder with corticosteroids
  - f. use of a microscope to examine synovial fluid for cells and crystals
  - g. demonstrate approach to the interpretations of musculoskeletal radiologic investigation.

# **II. COMMUNICATOR**

- 1. Demonstrate ability to effectively gather historical information from patients including the features of inflammatory disease, presence of extra-articular features and the impact of disease on activities of daily living
- 2. Demonstrate ability to effectively communicate to patients the necessary information regarding medications, particularly immunosuppressant's and corticosteroids
- 3. Demonstrate the ability to communicate treatment plans to the patient

# **III. COLLABORATOR**

1. To understand the role of allied healthcare professionals in the inpatient and outpatient management of patients with rheumatic diseases

### **IV. LEADER**

- 1. To demonstrate skill in the inpatient and outpatient management of patients including follow-up of outpatient investigations
- 2. To demonstrate skill in the supervision of a medical team
- 3. To develop time management skills to reflect and balance priorities for patient care, sustainable practice, and personal life

### V. HEALTH ADVOCATE

1. To be aware of current guidelines for healthy lifestyle behaviours in patients with rheumatic diseases and preventive measures where indicated

### VI. SCHOLAR

1. To be able to critically appraise the literature regarding the diagnosis and treatment of the rheumatic diseases

#### **VII. PROFESSIONAL**

1. To demonstrate professional attitudes in interactions with patients and other healthcare professionals