

EPA 12: Educate patients on disease management, health promotion and preventative medicine.

### **Pre-entrustable**

- Does not question the patient about lifestyle habits
- Uses a level of language which is not understood by the patient
- Does not provide examples to promote change
- Does not assess the patient's and/or family's readiness to change
- Does not coordinate with other health care team members potentially leading to mixed messages to the patient
- Does not identify potential risky behaviours or living situations that may jeopardize the safety of the patient
- Does not document the discussion properly

### **Entrustable**

- Enquires about the patient's lifestyle habits
- Educates using language that is understood by the patient
- Encourages the patient to ask questions
- Verifies for understanding of the education provided
- Provides examples of concrete changes that could be implemented to improve healthier habits
- Assesses patient's readiness to change
- Coordinates with other health care team members to ensure appropriate and consistent messaging
- Identifies potential risky behaviours or living situations that may jeopardize the safety of the patient
- Documents the discussion and the planning of the next steps