

Newsletter

DISCIPLINE OF PSYCHIATRY

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Recent & Upcoming Events

Residents attended the **EASTERN HEALTH MEDICAL STAFF CHRISTMAS PARTY** and a great time was had by all! ▶

CULTURAL PSYCHIATRY DAY

is coming up on Wednesday, May 1, from 3 to 6 pm. All staff, residents, clerks and allied health staff are welcome to attend. This year's topic will be Indigenous Mental Health: Clinical Wisdom

and Applications. This event will be held in the Frank and Eileen Gronich Lecture Theatre (Room 1M102), Medical Education Centre. Light refreshments will be served. This event will be accredited for 3 Mainport credits from the Royal College. We hope to see you all there. If you have any questions, please contact Dr. Robert Mercer.

YEAR-END POTLUCK will be held on the evening of June 21. Thanks to Dr. Angela Penney for agreeing to host at her home. Details to come soon!

MEET AND GREET for incoming residents on Friday, June 28 from 8:30 to 10 am in room 1M101, of the medical school. Everyone is welcome!



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DR. KIM ST. JOHN

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Publications

Chin, S., Douglass, A., Lehmann, S., **Hickey, C.**, Lee, E. (2019). Geriatric Psychiatry Teaching in Canadian Medical Schools: a Cross-Sectional Study. *Academic Psychiatry*. <https://doi.org/10.1007/s40596-019-01032-y>

A collection of essays by eleven authors co-edited by **Dr. Jennifer J. Connor**, *The Grenfell Medical Mission and American Support in Newfoundland and Labrador, 1890s-1940s*, was published by McGill-Queen's University Press in January 2019. The book explores the American personnel, supplies, and money that sustained the organization that became the International Grenfell Association. Dr. Connor, Professor of Medical Humanities, is co-editor and author of three essays in the book including "Editors' Introduction: 'Untainted by American ways'?: Newfoundland, the United States, and the Grenfell Mission"; "'We are Anglo-Saxons': Grenfell, Race, and Mission Movements"; and "Editors' Conclusion: an American Operation".

Dr. Jim Connor, John Clinch Professor of Medical Humanities and the History of Medicine, is author of *"American Aid, The International Grenfell Association, and Health Care in Newfoundland, 1920s-1930s"*.

John R. Matchim, author of *"Sport in a Northern Borderland: A History of Athletics and Play in the Grenfell Mission, 1900-1949,"* was until recently, a longstanding research assistant, working with **Drs. Jennifer and Jim Connor** on the early clinical records of the IGA.

Espinet, S.D., Gotovac, S., Knight, S., Zwarenstein, M., Lingard, L., **Steele, M.** (2018). A Study Protocol for the "Practitioner Training in Child and Adolescent Psychiatry:" Cluster-randomized Pilot Study. *J Can Acad Child Adolesc Psychiatry*, November; 27(4):236-244.

Foxcroft, L., Jones, D.L, **Steele, M.**, Lim, R. (2018). You should try this: Implementation of a University Faculty Mentorship Program. *CMEJ* 9(4): 123-126.

Gotovac, S., Espinet, S., Naqvi, R., Lingard, L., & **Steele, M.** (2018) Evaluating Training programs for Primary Care Providers in Child/Adolescent Mental Health in Canada: A Systematic Review. *J Can Acad Child Adolesc Psychiatry* 27(2):99-111.

Hickey, C., Schmitt, A., Clarke, J. (2018). Davanloo's Techniques in the Case of a 17-Year-Old with Anorexia Nervosa and a Complex Unconscious: Part II. *Current Psychiatry Reviews*. 14(3):146-151.DOI: 10.2174/1573400514666180815111134

Hickey, C. (2018). Davanloo's Major Mobilization of the Unconscious and Intensive Short-term Dynamic Psychotherapy. *Current Psychiatry Reviews*. 14(3):130. DOI: 10.2174/157340051403181127123202

Krishnan, R., Uruthiramorthy, L., Jawaid, N., **Steele, M.**, Jones, D. (2018) Mentoring needs of distributed medical education faculty at a Canadian medical school: a mixed- methods descriptive study. *Canadian Journal of Rural Medicine*, 23(3): 68-75. Trainee publication.

Schmitt, A., Clarke, J., **Hickey, C.** 2018. Davanloo's Techniques in the Case of a 17-Year old with Anorexia Nervosa and a Complex Unconscious: Part 1. *Current Psychiatry Reviews*. 14(3): 141-145. DOI: 10.2174/1573400514666180903104001

Sen, M., Jones, D.L., Longstaffe, M., **Steele, M.** (2018). The Development of a Faculty Mentorship Program at a Canadian Medical & Dental School: Policy, Program, and Five Years of Assessment. *Internal Medicine Review, December*; 4(12):1-9.

Presentations

Developing and Sustaining Emotional Well-Being and Resilience in Yourself and Others: Key Leadership Skills. McKimm, J., Jones, P., **Radu, G.**, Forrest, K. 16th Asia Pacific Medical Education Conference. Singapore. January 2019.

Health Professions' Education' Leaders' Toolkit. McKimm, J., Jones, P., Forrest, K., **Radu, G.** 16th Asia Pacific Medical Education Conference. Singapore. January 2019.

Vibrate International Festival of Chamber Music and Arts and Transylvania. **Radu, G.** University of Brasov. Brasov. June 2019. Invited presenter.

Music and the Mind. **Radu, G.**, Maistorovici, V. Vibrate International Festival of Chamber Music and Arts and Transylvania University of Brasov. Brasov. June 2019. Invited presenter.

ESME Lead Course. McKimm, J., Jones, P., Forrest, K., **Radu, G.** The Association for Medical Education in Europe (AMEE) 2019 International Conference. Vienna. August 2019.

Conference of Atlantic Medical Students. **Steele, M.** April 2019.

Welcome to the Faculty of Medicine, Memorial University of Newfoundland. **Steele, M.** Faculty Orientation. St. John's, NL. March 2019.

Resilience in Medical School, Food for Thought. Kirby, S., Radu, G., **Steele, M.**, Stuckless, T. Medical Student Society, Faculty of Medicine, Memorial University of Newfoundland. St. John's, NL. March 2019. Co-Presenter.

Knowing Then What I Know Now. Brown, L., Bruce-Veitch, H., Lewis, L., Pike, **Steele, M.** Women's Leadership Conference. Minister of Status of Women. St. John's, NL. February 2019. Co-Presenter.

Personal and Professional Development: Role of Mentorship, Coaching and Sponsorship. **Steele, M.** Department of Psychiatry Grand Rounds. The University of Western Ontario. London, ON. January 2019.

Disruptive Disorders in Children and Adolescents: Current Best Practices, Department of Psychiatry "Learning at Five". **Steele, M.** Department of Psychiatry. The University of Western Ontario. London, ON. January 2019.

MUN-MED, Service Learning in Refugee Health, Advancing Curriculum. **Steele, M.** Association of American Medical Colleges (AAMC) Council of Deans Ignite Session. Austin, TX. November 2018.

Professionalism. Curtis, J., Heath, O., **Steele, M.** Academic Half-Day for PGY1 Residents, Faculty of Medicine, Memorial University of Newfoundland, St. John's, NL. October 2018. Co-Presenter.

Assessment and Management of Children and Youth Depression in Community Based Practice. **Steele, M.** Youth Mental Health Conference. Grand Falls-Windsor, NL. October 2018.

Experiences in Rural Health Research. **Steele, M.** 6 for 6 Faculty Development Program. St. John's, NL. September 2018.

White Coat. **Steele, M.** St. John's, NL. September 2018.

Empathy. **Steele, M.** Clinical Skills, Faculty of Medicine, Memorial University of Newfoundland. St. John's, NL. September 2018.

Destination Excellence: Strategic Plan 2018-2023. McGrath, G., **Steele, M.** Faculty of Medicine, St. John's, NL. September 2018. Co-Presenter.

Academic Health Sciences Centers: Optimizing their Impact on Health Outcomes. **Steele, M.** Executive Management Committee, Eastern Health, St. John's, NL. September 2018.

Awards

Congratulations to **Dr. Taryn Hearn** for receiving the Canadian Academy of Medical Education Certificate of Merit Award at CCME this past month. ▶

Congratulations to **Dr. Greg Radu** for receiving the Public Service Award of Excellence, Towards Recovery Team, Government of Newfoundland and Labrador, here in St. John's in October, 2018.



Congratulations!

Dr. Kathleen Callanan, and husband Adam Fitzpatrick, on the arrival of their baby girl, Alice Mary Fitzpatrick, born November 02, 2018! ▶

Dr. Angelique Myles, who was selected to receive the American Academy of Addiction Psychiatry's 2018 Regional Travel Scholarship. This travel award is given to support trainees to attend the 29th Annual Meeting and Scientific Symposium on December 6-9, 2018 at the Hyatt Regency Coconut Point Resort and Spa in Bonita Springs, FL.

Dr. Chris Tang who will be graduating this spring with a Master of Education degree from Memorial!



Message from the Program Director

Dear Faculty and Residents,

As the end of the academic year approaches, I just wanted to note some of our accomplishments, extend thanks to everyone who has been so helpful, and highlight some upcoming directions for our program.

As you know, we welcomed five PGY1 residents to the program in July 2018. They have navigated through their off-service and psychiatry rotations quite successfully, and we look forward to having them back in Psychiatry in July.

At the other end of training, we have nine residents who have completed their program requirements and are, therefore, eligible to write the Royal College qualifying exam. They have been working hard and have appreciated the efforts of residents and faculty in preparing practice OSCE examinations. We wish them all good luck! I would also like to note that their junior colleagues have absorbed significantly more on-call work in recent months, which has been a lovely example

of the collegiality within our program.

The Discipline also enjoyed another successful year in the CaRMS match and filled all five of our spots in the first round. We conducted our largest number of interviews yet, which involved a tremendous infusion of faculty and resident time. I received lots of positive feedback from medical students across the country, much of it regarding the collegiality and friendliness of our program. A special thanks to Dr. Anne Hurley and Dr. Chris Earle, who hosted social events on each of the CaRMS dates. Please join us for coffee at a welcome Meet and Greet on Friday, June 28 from 8:30-10 am in room 1M101 of the medical school. For those who missed our first notice, our new residents include:

Etienne Archambault, from U of Ottawa

Hilary Alteen, from Memorial

Emily Fitzgerald, from Memorial

Rebecca Harrison, from McMaster

Amanda Marchak, from U of Calgary

As an aside, I am compiling a list of Newfoundland terms that might confuse our new recruits during their clinical work, words such as crooked, for example. Please send along any contributions!

Our resident executive, the Curriculum Committee and Residency Program Committee, continue to work together to continuously enhance the program. I would like to extend a special thanks to our RPC faculty for their ongoing work in keeping all aspects of the clinical and academic activities running smoothly for our residents. It is also a bittersweet moment where I have to thank our two co-administrative residents, Dr. Anne Hurley and Dr. Chris Tang, both of whom are graduating this year after 2 years of admirable leadership.

As we enter the 2019-2020 academic year, we will also begin our transition to Competency by Design. At Memorial, we are quite lucky to have the Chair of the Specialty Committee to help guide us in this process. Having attended all of the CBD planning workshops at the Royal College, I was again struck by the breadth and depth of our Discipline and its vital role within the healthcare system. We have been training highly skilled psychiatrists for many years. CBD, in my opinion, simply allows us to better measure and demonstrate that knowledge and expertise.

As this academic year comes to a close, I wish you well in your endeavours, whether it be a Royal College exam, graduation from medical school, or finally completing your PGY1 neurology rotation. I hope to see you all on June 28!

~Sarah Noble