

Newsletter

DISCIPLINE OF PSYCHIATRY

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Recent & Upcoming Events

FACULTY & RESIDENT RETREAT 2018

On Friday, September 14, our annual Retreat took place at the Suncor Energy Fluvarium, Pippy Park, St. John's. This year's retreat was sponsored in part by the NLMA rate stabilization committee. This year's theme was on the topic of Trans Health Care with a keynote address and presentations from Dr. Joe Raiche. The NLMA and our Discipline was pleased to welcome Dr. Raiche who hails from Alberta.

Thank you to all of those who attended this year's retreat. As a reminder, this event was accredited, claiming a maximum of 2.5 hours.

A special thank you also goes out to Dr. Taryn Hearn and the Planning Committee on a job well done!

CRITICAL APPRAISAL

A reminder that Critical Appraisal occurs on Fridays from 12-1 PM on weeks when Grand Rounds and other activities are not scheduled. The schedule can be found on the academic schedule. We meet in 5M101 in the new medical school to review and appraise an article of interest to clinical practice. This year, we are accredited for MOC Section 1 Credits – Accredited Group Learning Credits. We hope you will make an effort to join us!

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People on the Move

Effective September 1, several faculty members have changed roles: **Dr. Cathy Hickey** is the new psychotherapy coordinator; and **Dr. Robert Mercer** is the newly appointed curriculum coordinator.

A welcome message goes out to **Ms. Jillian Dunne** who will be part of the Discipline's administrative team. Jillian will be assisting Dr. Mercer with various aspects of the residency curriculum and is located at the L.A. Miller Centre.

Congratulations go out to **Dr. Taryn Hearn** who has been asked by the Dean to chair the Accreditation Oversight Committee, in her role as the Faculty Undergraduate Accreditation Lead. Dr. Hearn is also now a member of the Faculty Affairs Committee at the Royal College of Physicians and Surgeons of Canada.

Congratulations to **Dr. Greg Radu** on the recent appointment as Assistant Dean of Student Affairs on September 1, 2018. A big thank you goes out to Dr. Greg Radu for his many years dedication towards the Psychotherapy Training.

Dr. Jamie Karagianis has a full time private practice located in Midland, Ontario. The address is as follows: 341 King Street, Midland, Ontario, L4R 3M7.

Announcements & Deadlines

Gratitude goes out to **Dr. Lisa Bendzsa** for the tremendous amount of time she invested into teaching time and clinical supervision for our "bump" year.

A big congratulatory message goes out **Dr. Weldon Bonnell** and the CP-RPC regarding the approval of another subspecialty seat for 2019. Interviews will take place in November 2018.

CaRMS Reminders:

- File review opens November 20, 2018!
- Interviews will be taking place Monday, January 14, 2019 and Friday, February 1, 2019!

Submission deadline for the 2018 COPE Examination (MCQ) Award is November 30, 2018.

Publications, Presentations & Congratulations:

Adey, Tanis; Hearn, Taryn; Coombs, Heidi. *A Change Management Approach to Accreditation: The Reach and Impact of a Communication Strategy*. Canadian Conference on Medical Education, Halifax, April 2018.

Adey T, Hearn T; Coombs, Heidi. *Building a Culture of Accreditation Awareness*. Oral Presentation. Association for Medical Education in Europe, Basel, Switzerland. August 2018.

Adey T, Coombs H. *In an Era of Self-directed Learning, Do Learners Know What They Don't Know? Professionalism curriculum priorities for postgraduate psychiatry trainees*. Oral Presentation. Canadian Psychiatric Association, Toronto, September 2018.

Hearn T., Mihaescu I. Burnout risk in Psychiatrists and Psychiatry Residents in Canada. Poster Presentation. Canadian Psychiatric Association, Toronto, September 2018.

Hearn T, Tang W. *Evaluating the Effectiveness of a Case-based Learning Module on Borderline Personality Disorder for Medical Clerks.*; Poster at the Canadian Psychiatric Association Conference, Toronto, September 2018

Hickey C, Martin L, Bosma M. *Having it All: Navigating the Academic Psychiatrist's Struggle for Work/life Balance*. Workshop presented at the Annual Meeting of the Association for Academic Psychiatry. Milwaukee, WI

McKimm J, Jones P, Vogan C, **Radu GM.** ESMELead Course. The Association for Medical Education in Europe (AMEE) 2018 International Conference. Basel, Switzerland. August 2018.

Radu GM, Jones P. *Leadership in healthcare Workshop*. Junior Doctors Network (JDN) Session. 209th World Medical Association Council Meeting. Riga, Latvia. April 2018.

Radu GM, McKimm J. *Resilience, grit and emotional intelligence: key qualities for effectively managing your professional and personal development*. EPA Course. 26th Congress of the European Psychiatric Association. Nice, France. March 2018.

Wong M, Adey T, . *Developing Role-Modelling Consciousness and Competence in Residents*. Poster Presentation. Canadian Psychiatric Association, Toronto, September 2018.

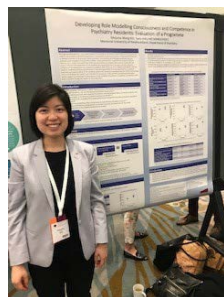
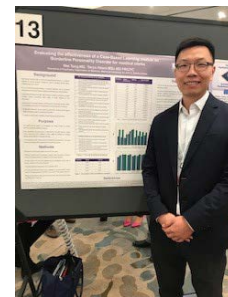
Dr. Hearn's photo was captured in a tweet from the AFMC President! ►



Memorial at CPA – Toronto, Ontario 2018

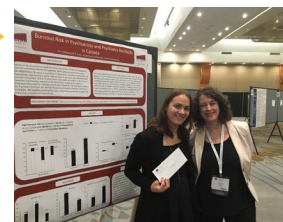
CPA POSTER PRESENTATIONS

Dr. Chris Tang. *Evaluating the Effectiveness of a Case-based Learning Module on Borderline Personality Disorder for Medical Clerks.* ▶
(Dr. Taryn Hearn, supervisor).



◀ **Dr. Melanie Wong.** *Developing Role-Modelling Consciousness and Competence in Residents.* (Dr. Tanis Adey, supervisor).

Dr. Irina Mihaescu and Dr. Taryn Hearn ▶
(supervisor). *Burnout risk in Psychiatrists and Psychiatry Residents in Canada.*
(3rd place poster winner)



OTHER CPA NEWS:

Dr. Angelique Myles was chosen to attend the 2018 CPA Junior Investigator Research Colloquium held on September 27, 2018. Angelique presented her research in progress entitled *Telepsychiatry in Canada: A survey of psychiatry residents' interest, exposure, and future plans.*

We are proud to announce that Memorial University came in **FIRST** (tied with the University of British Columbia) in the cross-Canada Resident Trivia Competition at the Canadian Psychiatry Association 68th Annual Conference. After two tie-breaking questions it was declared that this year's championship title would be shared. Congratulations to trivia participants **Jordan Brennan, Gabrielle Lapointe, Drea Uzans, and Melanie Wong.** Thank you for the support of the residents and staff who came to watch the competition. MUN resident team including Dr. David Goldbloom the Trivia Host. ▶



◀ Staff and resident photo at CPA (missing: Drs. Jordan Power, Irina Mihaescu, and Taryn Hearn).

ICRE 2018

This year's ICRE conference took place in Halifax, Nova Scotia. On October 18, Dr. Aarun Leekha presented on the topic of "Supporting Resident Resiliency in the Postgraduate Environment". Dr. Leekha's is Co-Chair of the Resident Doctors of Canada's Resiliency Curriculum. Congratulations Aarun!

Upcoming Conferences & Events:

- Wednesday, October 31 - Friday, November 2: Signals of Hope Conference
- Saturday, November 3: Faculty of Medicine TaMMI
- Friday, November 9: We are pleased to welcome Dr. Sidney Kennedy from the University of Toronto who will be presenting during Grand Rounds. Dr. Kennedy will be covering the topic of *Antidepressant Efficacy Beyond Reasonable Doubt: but for whom, and for how long?* Sponsored by Lundbeck Canada Inc. Please rsvp to: sheila.brown@easternhealth.ca
- Friday, November 23: Interprofessional Education Training and Geriatric Psychiatry Education Day