

Newsletter

DISCIPLINE OF PSYCHIATRY

IN THIS ISSUE: Announcements | Welcome | Appointments | Goodbyes & Thanks | Coping with Covid | Awards | Publications | Presentations | Congratulations | Message from the Program Director | Message from the Chair | Message from Administrative Residents |

Announcements

Congrats to **Dr. Aarun Leekha**, who passed his Royal College examination in Child and Adolescent Psychiatry! He is now a faculty member with Psychiatry, and has a full-time position in Eastern Health, working with the FACT team, Adult Corrections, and Child and Adolescent Psychiatry.

Welcome

Extending welcome wishes to **Jacqueline Doran (Jackie)**, our new Academic Program Administrator (APA 6), who joined the Discipline Academic Unit in December 2020.

Extending welcome wishes to **Rebecca Svarc (Becca)**, our new Academic Program Assistant (APA 4), who began working with us on April 19, 2021.

Appointments:

Dr. Margaret Steele:

Chair-Elect, Association of Faculties of Medicine of Canada Board.

Chair, Association of American Medical Colleges Council of Deans Fellowship Committee.

EDITOR:
DR. KIM ST. JOHN

PRODUCER:
LISA CRUMMELL

LAYOUT:
JENNIFER ARMSTRONG,
HSIMS

Dr. Grigore Radu

Chair of the Student Affairs Committee of the Association of Faculties of Medicine of Canada (AFMC).

Co-Chair of the newly established Wellness and Well-being Advisory Committee in the Faculty of Medicine, along with Dr. Tracey Bridger, Assistant Dean, Faculty Wellness, Equity and Professionalism.

Dr. Rebecca King

Learner Well Being Network Lead, Office of Learner Wellbeing and Success, Faculty of Medicine Memorial

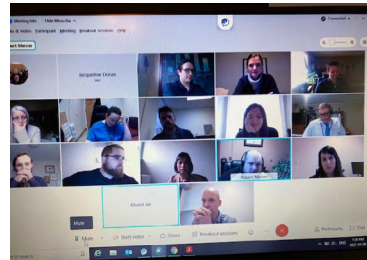
Goodbyes and Thanks

Farewell to **Sandra Kelly**, who has supported us since November 2020. Sandra has gone back to part-time employment, and enjoyment of her retirement, as of April 21, 2021.

Farewell to **Janet Bartlett**, who supported us from November 2020 to January 2021.

Coping with COVID

Residents rocked their OSCE, virtually! ▶



PGY5s celebrate, after writing the MCQ! ▼



Awards

Congratulations to **Dr. Kim St. John**, who ► received the James H. Graham Award for 2020 from the Royal College. It is awarded to a person “whose outstanding achievements reflect the aims and objectives of the Royal College”. The award was named after Dr. James H. Graham, Secretary General of the Royal College from 1953 to 1979. Dr. M. Ian Bowmer, President of the Royal College of Physicians and Surgeons of Canada, former Dean, Faculty of Medicine of Memorial, and previous James H. Graham Award winner, was able to present the award in a socially distanced setting. Dr. Taryn Hearn, nominator for the award, and Dr. Margaret Steele, Dean were also in attendance.



Congratulations to **Dr. Jasbir Gill**, who won a Canadian Association of Medical Education (CAME) award of Merit! A Certificate of Merit promotes, recognizes and rewards faculty committed to medical education in Canadian medical schools.

Congratulations to **Dr. Greg Radu** for being nominated as a Canadian Federation of Medical Students (CFMS) Champion! This is in recognition for his contribution to a positive learning environment at Memorial University, for having made a meaningful difference in the lives of medical students at Memorial, who chose to recognize him as part of the 2021 CFMS Culture Changers Campaign.

Publications

Adey, T., Peddle, C., **Steele, M.** Memorial University of Newfoundland Faculty of Medicine. Medical Education Program Highlights. *Academic Medicine* September 2020, 95(9S):S570-S574. Coauthor

Connor, J.J. (2021). An author’s delusion in Victorian Canada: Richard Maurice Bucke and transnational publishing of popular science. *Scientia Canadensis: Canadian Journal of the History of Science, Technology and Medicine* 43 (1): 1-28.

McKimm, J., Forrest, K., Bishop, J., Findyartini, A., Hassanien, M., Al-Hayani, A., Jones, P., Mills, C., Nadarajah, V., **Radu G.,** Ramani, S. Leadership in Health Professions’ Education. *AMEE (Association in Medical Education in Europe) Guide*. In Progress.

Radu, G., Philipsen, A., Gargot, T., Koutsomitros, T. Cambridge University Press.

"The Role of Psychotherapy in Contemporary Psychiatry". Book Chapter. In Progress.

Steele M.M., Pennell S., Prescott J.E., Sweeney, N., Steinecke A., Buckley P. Leadership Development for Future Medical School Deans: Outcomes of the AAMC Council of Deans Fellowship Program. *Academic Medicine* December 2020, 95(12):1887-1892. Principal

Presentations

The AMEE (Association for Medical Education in Europe)-ESME (Essential Skills in Medical Education) Four Day Course in Learner and Faculty Well-Being (WESME). Course. Bishop, J., McKimm, J., **Radu, G.**, Gibbs, T. AMEE-ESMEE Online Courses. Guangzhou, China. April 2021. Co-Author/Co-Presenter.

Knock Knock...Who's there? Supporting Well-Being and Success for All. Workshop. Bishop, J., **Radu, G.**, Haramati, A. 2021 Asia Pacific Medical Education Conference. Virtual Conference. Singapore. January 2021. Co-Author/Co-Presenter.

Hickey C., Skirving D., Murphy J. *Medical Student Goal Setting in an Ambulatory Care Geriatric Psychiatry Setting.* Poster presented at the Association for Medical Education in Europe, (Virtual meeting). 2020.

Health Professions' Education' Leaders' Toolkit: Leading and Managing Through Change and Crisis. Workshop. McKimm, J., Jones, P., Forrest, K., **Radu, G.**, Bishop, J. 2021 Asia Pacific Medical Education Conference. Virtual Conference. Singapore. January 2021. Co-Author/Co-Presenter.

A Well-Being Agenda for Medical Education and Practice. Oral Presentation. **Radu, G.**, Stuckless, T. Beyond Individual Resiliency: Creating a Culture of Well-Being Online Event organized by The Office of Professional and Educational Development (OPED). St. John's, NL, Canada. February 2021. Co-Author/Co-Presenter.

Steele M. Invited Speaker, *The National Conversation on Indigenous Health: What is the role of medical schools and physicians in addressing the issues?*, Child and Adolescent Psychiatry Interest Group, Division of Child and Adolescent Psychiatry, Department of Psychiatry, Schulich School of Medicine & Dentistry, The University of Western Ontario, March 25, 2021.

Tam T., **Steele M.**, Maxwell L., Oswald T. Invited Panelist, *Women Leading the World Through the Pandemic: Governance Opportunities, Challenges and Impact.* Institute of Corporate Directors, March 29, 2021.

Congratulations

Congrats to **Aarun Leekha** and his wife, Anna-Marie, on their marriage in August 2020. A socially distanced wedding in St. John's, that had family on a Zoom call, and was livestreamed to friends and family around the world! ▶



◀ Congrats to **Laura Gale** and her husband, Jamie, on their marriage on December 30, 2020!

Congrats to **Dave Lundrigan** and wife, Amanda, on the birth of their baby boy, Asher, on April 16! ▶



Congrats to **Hubert White** on his retirement December 31, 2020. Due to COVID restrictions, there was no celebration, but many were able to provide best wishes.

Message From the Program Director

Hello Everyone,

I has been quite an academic year with the introduction of a new Competency by Design mode of evaluation, a new PGY1 year, a new PGY2 year and a new CaRMS match, all amidst a pandemic. I thank all our faculty and our learners for making it work!

I would like to start by welcoming our incoming PGY1 residents and thanking everyone for your contributions during the CaRMS process. Dakotah Janes, Michael Gilbert and Eva Davenport will be continuing their medical education at Memorial University and will be joined by Violet Campbell from the University of Calgary and Debra Dawson from McGill University. We are looking forward to meeting you all and working with you on July 2nd (because we are nice in psychiatry and don't make new residents start on July 1st)! As usual, a large group of faculty and residents contributed their time to file review, interviews and on line information sessions. Our residents hosted a remote, but nonetheless enjoyable, social event. Our academic program assistant demonstrated a mastery of organization by engineering all of this remotely. As a result of everyone's effort, we continue our tradition of attracting excellent candidates to our training program.

It is always with some sadness at this time of year that I say farewell and good luck to our outgoing PGY5 residents. Christopher Earle, Kevin Fowler, Stuart Gill, Gabrielle Lapointe, Angelique Myles, and Melanie Wong have all successfully completed the Royal College written exam in psychiatry and will undoubtedly continue this success in the upcoming oral exam. I've been so proud to see how they have supported each other and worked together during this particularly challenging and uncertain time. We look forward to working together as colleagues or hearing about your successes elsewhere and thank you so much for your years of hard work and contributions to the program.

As program director, I rely quite heavily on the work of our co-administrative residents so I do need to highlight the contributions of Christopher Earle and Melanie Wong, who have served in this role for 2 years. They have been tireless, proactive, diplomatic, occasional group therapists, and always make my job easier! In the next 2 months, they will transition their knowledge and skills to Dave Lundrigan and Sara Dalley, who have agreed to assume these very central positions in our program.

As we balance the multiple demands of our profession, our program strives to enhance our wellness resources and curriculum for residents. The Residency Program Committee has therefore added a wellness lead to our membership. Dr. Rebecca King has graciously agreed to fill this role, and will bring her expertise from the Office of Learner Well Being and Success. Our psychiatry residents are currently piloting a peer support group as part of this initiative.

I continue to be inspired by colleagues every day. To all of our residents, I want to thank you for your continued clinical excellence, teaching of peers and undergraduate students, advocacy for your patients, and support of each other. For my fellow faculty, I want to thank you for role modeling these same qualities, your adaptability and your dedication to the rich educational environment that we create in our discipline.

Hope to see you all soon!

Sarah Noble

Message from the Chair

The past six months has further impressed upon me the resilience of all members of our Discipline. The challenges of instituting CBD, and the seemingly unending challenges of COVID 19, have allowed us to demonstrate this resilience.

We have successfully pivoted, over and over again, to ensure academic programming and patient care have continued. Often short-handed, we have made it work.

We have supported each other, with humour and compassion, often without the comfort of face-to-face contact.

I want to take this opportunity to express my gratitude to everyone: faculty, learners and staff, for their contributions.

I look forward to the coming months with a fully staffed academic unit, new learners, and all of you, and wish each and every one of you, continued success.

Thanks for supporting the Discipline.

Kim St. John

Message from the Administrative Residents

This year has been unlike any other, and we'd like to thank residents for their flexibility and collegiality. The COVID-19 pandemic has made change and uncertainty an expectation for many of us. Our current PGY1s have now settled in and have been excellent colleagues.

From unexpectedly switching to a virtual event for CaRMS last year due to Snowmageddon, we adapted much more smoothly this year. Residents enthusiastically participated in CaRMS. Special thanks to the Social Committee (Rebecca Harrison, Jessica Sang, Duncan MacIver, Mahlodi Tau) for organizing a unique and fun social event on trivia about staff and residents! We definitely learned a few fun facts. We're excited to welcome our incoming residents this year.

We appreciate residents continuing to step up to cover call shifts. Also a big thank you to residents for helping out the PGY5s with reduced call shifts for studying for the Royal College.

Thank you to Dr. King for spearheading the Psychiatry Resident Peer Support Group. Residents appreciate having an informal opportunity to connect within the program.

We haven't had as many events, conferences, or other opportunities to get together this year, but here's hoping that this will change soon!

We'll be finishing our term as administrative residents this June. Congratulations to the incoming co-administrative residents, Sara Dalley and Dave Lundrigan. We're grateful for all the support and guidance from our staff psychiatrists, residents, and importantly, our administrative assistants. Of course, thank you to Dr. Noble for being a stellar program director! It has been a pleasure to have the opportunity to be co-administrative residents.

Signing off,

Christopher Earle and Melanie Wong