## OBSTETRICS/GYNECOLOGY CLERKSHIP Patient Type Objectives

Presenting			MCC
Problem	Obstetrics/Gynecology Objectives	Evaluation	Objectives
	Knowledge Objectives	Summative	
		evaluation for	
Abnormal	1. Determine whether the patient is hemodynamically stable.	the complete	112
Uterine		rotation in <b>St.</b>	Vaginal
Bleeding	2. List the specific causes for post-menopausal bleeding.	John's, NL,	Bleeding,
		is as follows:	Excessive/
	3. Define <i>post-menopausal bleeding</i> .		Irregular/
			Abnormal
	4. Define <i>dysfunctional uterine bleeding</i> .		
	5 Describe the fellowing	Maria	
	5. Describe the following:	Midterm	
	• endometrial hyperplasia	Examination	
	epidemiology of endometrial cancer     differential diagnosis of most managed blooding.	(5%)	
	differential diagnosis of post-menopausal bleeding	Final Team	
	6 Define the fellowing terms	ITER:	
	<ul><li>6. Define the following terms:</li><li>menorrhagia</li></ul>	Completed by	
	• polymenorrhea	Staff (25%)	
	• metrorrhagia	Stair (25%)	
	hypomenorrhea	Final ITER:	
	• oligomenorrhea	Completed by	
	• primary amenorrhea	Resident	
	• secondary amenorrhea	(10%)	
	becondary dimensional	(10/0)	
	7. Describe the physiology of the disturbance of the normal	Final Oral	
	menopause, which is seen in post-menopausal bleeding.	Examination	
		(30%)	
	8. Describe the physiology of the disturbance of the normal		
	menstrual pattern, which is seen in dysfunctional uterine bleeding.	National	
		Board of	
	9. Outline the approach to the evaluation and diagnosis of abnormal	Medical	
	uterine bleeding, stating the difference in approach based on age.	Examiners	
		examination	
	Skills Objectives	(30%)	
	Differentiate between causes of gynecologic bleeding.		
	• Ask about precipitating factors, temporal pattern duration, quantity,		
	associated symptoms, bleeding disorder, medical and drug history,		
	and any weight change.		
	and any weight change.		
	2. Perform pelvic and rectal exam.		
	• Exclude gastrointestinal and urinary tract bleeding.		
	3. Interpret critical clinical and laboratory findings which were key in		
	the processes of exclusion, differentiation, and diagnosis.		

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	4. Conduct an effective initial plan of management for a patient with vaginal bleeding.		
	Attitudes Objectives		
	1. Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.		
	2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.		
	3. Provide initial counseling and support in situations involving potential or acute emotional reactions.		
	4. Demonstrate sensitivity towards women and their unique health problems and issues.		
	Knowledge Objectives	Formative	
	Knowledge Objectives	evaluation for	47-2
Incontinence	1. Describe the symptoms, signs, differential diagnosis, ancillary tests, and possible therapies for urinary incontinence.	the complete rotation in <b>St.</b>	Incontinen- ence, Urine
	2. List the etiologic factors which predispose to this condition.	John's, NL, is as follows:	
	<ul><li>3. Provide patient education and instruction regarding the following:</li><li>pelvic exercise</li></ul>	Daily clinical shift	
	• role of hormone replacement therapy	evaluation	
	• use of pessaries	card	
	<ul><li>drugs with action on bladder function</li><li>appropriate referrals as necessary</li></ul>		
	<ul> <li>4. Define the following forms of pelvic relaxation and name the appropriate corrective operative measure for each:</li> <li>cystocele</li> <li>rectocele</li> </ul>		
	• enterocele		
	• uterine descensus (prolapse): post-hysterectomy vault prolapse		
	5. List the differential for intermittent incontinence and continuous incontinence.		
	<ul> <li>6. Describe the tests routinely used to evaluate urinary incontinence including the following:</li> <li>cystometrogram</li> <li>urethral pressure profile</li> </ul>		
	<ul><li>uroflowmetry</li><li>electromyography</li></ul>		
	radiographic voiding cystourethogram		
	·	•	

	<ol> <li>Outline the diagnosis and management of urinary tract infections including the following:         <ul> <li>symptoms and signs</li> <li>microbiology therapy</li> <li>prevention</li> </ul> </li> <li>Skills Objectives         <ul> <li>Determine duration, characteristics, frequency, timing and amount.</li> <li>Elicit other lower urinary tract symptoms, precipitants, fluid intake patterns, changes in bowel habits or sexual function.</li> </ul> </li> <li>Differentiate between stress, urgency, functional, and overflow incontinence.</li> <li>Perform an abdominal exam and a pelvic exam.</li> <li>Interpret critical clinical and laboratory findings which were key in the processes of exclusion, differentiation, and diagnosis.</li> <li>Conduct an effective plan of management for a patient with urinary incontinence.</li> <li>Attitudes Objectives</li> <li>Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.</li> <li>Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.</li> <li>Provide initial counseling and support in situations involving potential or acute emotional reactions.</li> <li>Demonstrate sensitivity towards women and their unique health</li> </ol>	Summative evaluation for the complete rotation in New Brunswick is as follows:  Midterm Examination (5%)  Final ITER: Completed by Staff (35%)  Final Oral Examination (30%)  National Board of Medical Examiners examination (30%)	
	4. Demonstrate sensitivity towards women and their unique health problems and issues.		
Infertility	<ol> <li>Knowledge Objectives</li> <li>Define <i>infertility</i>.</li> <li>Describe the emotional, psychological, and cultural implications for the couple with infertility and the role of counseling.</li> <li>Outline the etiology, investigations, therapy, and complications of therapy in the following:         <ul> <li>male factor infertility</li> <li>disorders of ovulation</li> <li>tubo-peritoneal factors</li> <li>endometriosis</li> </ul> </li> </ol>	Formative evaluation for the complete rotation in New Brunswick is as follows:  Preceptor- student feedback sessions	46 Infertility

	unexplained fertility     Describe the new reproductive technologies such as IVF, gamete donation, ICSI, their applications, limitations, and complications.  Skills Objectives     Obtain a relevant history from a couple presenting with infertility.     Determine whether the woman's cycles are ovulatory, based on a careful menstrual history.     Ask about coital frequency.     Identify factors that increase risk of tubal infertility.  Examine the woman for signs of endocrinopathy or gynecologic disease.  Determine who likely has an organic cause for the couple's impotence.  Interpret critical clinical and laboratory findings which were key in the processes of exclusion, differentiation, and diagnosis.  Conduct an effective plan of management for a patient with infertility.  Attitudes Objectives  Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.  Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.  Provide initial counseling and support in situations involving potential or acute emotional reactions.	Midterm exam review  Daily clinical shift evaluation card	
	4. Demonstrate sensitivity towards women and their unique health problems and issues.		
Vaginal Discharge/ Vulvar Diseases	<ol> <li>Knowledge Objectives</li> <li>Describe the appropriate history and physical examination for a patient presenting with vulvar symptoms or signs.</li> <li>List the differential diagnosis for vulvar pruritus including local and systemic etiologies, encompassing inflammatory lesions, dermatoses, dystrophy, and neoplasia.</li> <li>List the differential diagnosis for ulcerative lesions of the vulva.</li> </ol>		113 Vaginal Discharge/ Vulvar Itch/STD

	4. Describe the appearance of lesions caused by sexually transmitted diseases on the vulva.	
	5. Outline the investigation and management of vulvar lesions.	
	6. Describe the diagnostic features, etiology, and management of Bartholin's gland cysts and abscesses.	
	Skills Objectives	
	<ul><li>1. Determine the appearance of the discharge.</li><li>Note that appearance may be misleading, and up to 20% of patients may have two coexistent infections.</li></ul>	
	2. Differentiate between urinary tract infections and vaginal infections.	
	3. Elicit information about precipitating or aggravating factors (oral contraceptives, antibiotics, pregnancy, sexual activity, diabetes, genital hygiene, chemical irritants, etc.).	
	<ul> <li>4. Perform genital and pelvic examination.</li> <li>Determine whether pelvic inflammatory disease is present.</li> <li>Identify cause and site of the discharge.</li> </ul>	
	5. Interpret critical clinical and laboratory findings which were key in the processes of exclusion, differentiation, and diagnosis.	
	6. Conduct an effective initial plan of management for a patient with vaginal discharge.	
	Attitudes Objectives	
	Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.	
	2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.	
	3. Provide initial counseling and support in situations involving potential or acute emotional reactions.	
	4. Demonstrate sensitivity towards women and their unique health problems and issues.	
	Knowledge Objectives	112
Menorrhagia	Determine whether the patient is hemodynamically stable.	Vaginal Bleeding,
	2. List the specific causes for abnormal uterine bleeding.	Excessive/ Irregular/

	3. Define dysfunctional uterine bleeding.	Abnormal
	4. Define the following terms:	
	<ul><li>4. Define the following terms:</li><li>menorrhagia</li></ul>	
	• polymenorrhea	
	• metrorrhagia	
	hypomenorrhea	
	oligomenorrhea	
	primary amenorrhea	
	secondary amenorrhea	
	5. Describe the physiology of the disturbance of the normal	
	menstrual pattern, which is seen in dysfunctional uterine bleeding.	
	6. Outline the approach to the evaluation and diagnosis of abnormal uterine bleeding, stating the difference in approach based on age.	
	Skills Objectives	
	1 Differentiate between course of gymecologic blooding	
	<ul><li>1. Differentiate between causes of gynecologic bleeding.</li><li>Ask about precipitating factors, temporal pattern duration, quantity,</li></ul>	
	associated symptoms, bleeding disorder, medical and drug history,	
	and any weight change.	
	2. Perform pelvic and rectal exam.	
	• Exclude gastrointestinal and urinary tract bleeding.	
	3. Interpret critical clinical and laboratory findings which were key in the processes of exclusion, differentiation, and diagnosis.	
	4. Conduct an effective initial plan of management for a patient with vaginal bleeding.	
	Attitudes Objectives	
	1. Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.	
	2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.	
	3. Provide initial counseling and support in situations involving potential or acute emotional reactions.	
	4. Demonstrate sensitivity towards women and their unique health problems and issues.	
	Knowledge Objectives	
Pelvic Pain	1. Determine whether the pain is acute or chronic.	73 Pelvic Pain

	2. Determine if the patient's condition is hemodynamically stable and	 
	if she is a candidate for possible emergency surgery.	
	3. List the differential diagnosis for pelvic pain.	
	4. Describe the etiologic factors for pelvic pain.	
	5. Differentiate the symptoms and physical findings in acute salpingitis from those in acute appendicitis.	
	6. List and classify the micro-organisms that may be responsible for pelvic pain inflammatory disease.	
	Skills Objectives	
	1. Stabilize the patient whose pain is acute and life threatening.	
	<ul><li>2. Elicit a history including menstrual, fertility and obstetrical history, and sexual activity.</li><li>• Emphasize urinary tract symptoms, bowel disease, substance</li></ul>	
	dependence, depression, fibromyalgia, sexual, physical or psychological abuse, and domestic violence.	
	3. Perform abdominal and pelvic examination including speculum exam.	
	4. Interpret critical clinical and laboratory findings which were key in the processes of exclusion, differentiation, and diagnosis.	
	5. Conduct an effective plan of management for a patient with pelvic pain.	
	Attitudes Objectives	
	Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.	
	2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.	
	3. Provide initial counseling and support in situations involving potential or acute emotional reactions.	
	4. Demonstrate sensitivity towards women and their unique health problems and issues.	
Einet En	Knowledge Objectives	0.1
First Trimester Bleeding	1. Define the following conditions:	81 Pregnancy
Diccomig	threatened abortion	Loss

	• first trimester incomplete abortion	
	<ul><li>first trimester intrauterine death (missed abortion)</li><li>complete abortion</li></ul>	
	ectopic pregnancy	
	septic abortion	
	gestational trophoblastic disease	
	incompetent cervix	
	2. Describe the signs and symptoms of each of the above conditions.	
	3. Give the etiology of each of the above conditions.	
	4. Describe the methods used to achieve a diagnosis.	
	5. Outline emergency and definitive treatments.	
	6. Discuss the emotional impact of pregnancy loss and the relationship to future pregnancies.	
	Skills Objectives	
	1. Obtain a focused history including gestational age and viability.	
	2. Assess hemodynamic stability for surgery.	
	3. Determine whether a threatened/inevitable abortion exists.	
	4. Interpret critical clinical and laboratory findings which were key in the processes of exclusion, differentiation, and diagnosis.	
	5. Conduct an effective initial plan of management for a patient requiring pregnancy termination.	
	Attitudes Objectives	
	Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.	
	2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.	
	3. Provide initial counseling and support in situations involving potential or acute emotional reactions.	
	4. Demonstrate sensitivity towards women and their unique health problems and issues.	
G	Knowledge Objectives	0.1
Suspected Ectopic	1. Define <i>ectopic pregnancy</i> .	81 Pregnancy
Pregnancy	1. Define ectopic pregnancy.	Loss

	2. Describe the signs and symptoms of ectopic pregnancy.	
	3. Give the etiology of ectopic pregnancy.	
	4. Discuss the methods used to achieve a diagnosis.	
	5. Describe emergency and definitive treatments.	
	6. Explain potential complications.	
	7. Discuss the emotional impact of pregnancy loss and the relationship to future pregnancies.	
	Skills Objectives	
	1. Identify a non-viable pregnancy early.	
	2. Assess hemodynamic stability for surgery.	
	3. Interpret critical clinical and laboratory findings which were key in the processes of exclusion, differentiation, and diagnosis.	
	4. Conduct an effective initial plan of management for the patient.	
	Attitudes Objectives	
	1. Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.	
	2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.	
	3. Provide initial counseling and support in situations involving potential or acute emotional reactions.	
	4. Demonstrate sensitivity towards women and their unique health problems and issues.	
	Knowledge Objectives	72
Pelvic Mass	1. Explain the physiological basis for the development of functional ovarian cysts.	Pelvic Mass
	2. Describe the clinical presentation of these cysts.	
	3. Describe the investigations used to differentiate these cysts from ovarian neoplasms.	
	4. Outline expectant management of the functional ovarian cyst and indicate when they should be managed surgically.	

	Skills Objectives	
	1. Determine whether the patient may be pregnant, then whether the mass is gynecologic, and its anatomical origin (ovary, tube or uterus).	
	2. Obtain a history including menstrual, fertility and obstetrical history, sexual activity, and associated symptoms.	
	3. Perform abdominal and pelvic examination including speculum exam.	
	4. Interpret critical clinical and laboratory findings which were key in the processes of exclusion, differentiation, and diagnosis.	
	5. Conduct an effective initial plan of management for a patient with a pelvic mass.	
	Attitudes Objectives	
	Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.	
	2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.	
	3. Provide initial counseling and support in situations involving potential or acute emotional reactions.	
]	4. Demonstrate sensitivity towards women and their unique health problems and issues.	
	Knowledge Objectives	80-1
Prenatal Care	Obtain a comprehensive history.	Antepartum
	2. Order and interpret routine laboratory tests required during pregnancy.	Care
	3. Outline lifestyle modifications that improve pregnancy outcome.	
	4. Explain the benefits of breastfeeding.	
	Skills Objectives	
	Conduct a comprehensive physical examination.     Examine abdomen for fetal lie presentation.	
	2. Auscultate fetal heart.	
	Attitudes Objectives	

	Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.	
	2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.	
	3. Provide initial counseling and support in situations involving potential or acute emotional reactions.	
	4. Demonstrate sensitivity towards women and their unique health problems and issues.	
	Knowledge Objectives	
Pre-eclampsia (Pregnancy	1. List some risk factors for the development of pre-eclampsia.	9-1-4 Pregnancy Associated
Associated Hypertension)	<ul> <li>2. Differentiate between the following:</li> <li>pre-eclampsia and pre-existing chronic hypertension</li> <li>pre-eclampsia superimposed on pre-existing hypertension and primary pre-eclampsia</li> </ul>	Hyperten- sion
	3. Outline the treatment for pre-eclampsia including considerations for early diagnosis, medical supervision and need for hospital admission, and timely delivery.	
	4. Describe normal changes in blood pressure during pregnancy; define hypertension in pregnancy with these changes in mind.	
	Skills Objectives	
	1. Perform roll-over test in patients at risk.	
	2. Elicit symptoms and signs indicative of risk for convulsions; measure pressure.	
	3. Interpret critical clinical and laboratory findings which were key in the processes of exclusion, differentiation, and diagnosis.	
	4. Conduct a management plan for the patient with pre-eclampsia, including the possible use of tocolytic agents.	
	Attitudes Objectives	
	1. Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.	
	2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.	
	3. Provide initial counseling and support in situations involving	

	potential or acute emotional reactions.		
	4. Demonstrate sensitivity towards women and their unique health problems and issues.		
	Knowledge Objectives	00	2
Gestational Diabetes	1. Describe the alterations in maternal carbohydrate metabolism in pregnancy.	80- Obstet Comp	rical lica-
	<ul> <li>2. Outline the maternal and fetal/neonatal consequences of uncontrolled pre-existing or gestational diabetes, including the following:</li> <li>congenital anomalies</li> <li>macrosomia</li> <li>hydramnios</li> </ul>		
	pre-term labour     fetal/neonatal and maternal trauma		
	<ul> <li>delayed fetal lung maturity</li> <li>neonatal hypoglycemia and hypocalcemia</li> </ul>		
	3. Discuss the protocols for routine screening of pregnant women for carbohydrate intolerance and the rationale for such screening.		
	4. List the risk factors for gestational diabetes and the diagnostic test for the disease.		
	5. Outline the principles of management, including diet, blood sugar monitoring, and insulin therapy.		
	6. Describe the methods of surveillance of the fetus in pregnancies complicated by diabetes.		
	Skills Objectives		
	1. Elicit history of pre-existing maternal medical conditions, history of maternal or fetal problems in previous pregnancies, or any other complication inherent to pregnancy.		
	2. Elicit family history, nutrition, alcohol, smoking, obesity, drug use including recreational drugs, maternal age, viral infections, previous fetal congenital abnormalities, genetic disorders, bleeding, leakage of fluid.		
	3. Perform physical examination of mother, uterine height, amount of amniotic fluid, and other fetal parameters.		
	4. Interpret critical clinical and laboratory findings which were key in the processes of exclusion, differentiation, and diagnosis.		
	5. Conduct an effective initial plan of management for a patient with gestational diabetes.		

	Attitudes Objectives	
	1. Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.	
	2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.	
	3. Provide initial counseling and support in situations involving potential or acute emotional reactions.	
	4. Demonstrate sensitivity towards women and their unique health problems and issues.	
	Knowledge Objectives	90.2
Diagnosis of Labour	1. Describe the signs and symptoms of the onset of labour.	80-2 Intrapartum Care/
Labout	2. List and describe the four stages of labour.	Postpartum Care
	3. Outline the seven mechanisms of normal labour.	Cure
	4. Determine whether physical findings are present which necessitate increased levels of maternal or fetal monitoring.	
	Skills Objectives	
	1. Determine whether the patient is in labour and the presence of rupture of membranes.	
	2. Examine the abdomen for fetal presentation, lie, engagement; vaginal exam for position, station, and cervical dilatation.	
	3. Determine whether labour is in the latent or active phase, and state the approximate duration of each.	
	4. Interpret critical clinical and laboratory findings which were key in the processes of exclusion, differentiation, and diagnostic.	
	5. Conduct an effective plan of management for a patient in labour.	
	Attitudes Objectives	
	1. Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.	
	2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.	

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	3. Provide initial counseling and support in situations involving potential or acute emotional reactions.	
	4. Demonstrate sensitivity towards women and their unique health problems and issues.	
	Knowledge Objectives	
		80-3
Third Trimester	1. Explain the mechanisms of the following causes of third trimester bleeding:	Obstetrical Complica-
Bleeding	• placental abruption	tions
	• placenta previa	
	ectropion of the cervix	
	bloody show	
	carcinoma of the cervix	
	vasa previa	
	2. Outline the appropriate method of investigation for each of the above conditions.	
	3. Describe the maternal and fetal outcomes for each condition.	
	Skills Objectives	
	1. Perform the basic technical skills required to provide examination of the pregnant patient.	
	2. Interpret critical clinical and laboratory findings which were key in the processes of exclusion, differentiation, and diagnosis.	
	3. Develop an effective plan of management for a patient with third trimester bleeding.	
	Attitudes Objectives	
	1. Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.	
	2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.	
	3. Provide initial counseling and support in situations involving potential or acute emotional reactions.	
	4. Demonstrate sensitivity towards women and their unique health problems and issues.	
	Knowledge Objectives	
Pre-term		82
Labour	1. Define <i>pre-term labour</i> .	Prematurity
	2. List the criteria necessary to make a diagnosis of pre-term labour.	

- 3. Describe available methods to identify women at high risk for preterm delivery.
- 4. Describe the methods available to confirm the diagnosis of premature rupture of the membranes.
- 5. Outline the management of premature rupture of the membranes including indications and contraindications for induction of labour.
- 6. List the maternal and fetal risks associated with premature rupture of the membranes.
- 7. Describe the management regarding Group B hemolytic streptococcus maternal colonization and the prevention of neonatal infection.

## **Skills Objectives**

- 1. Develop a management plan for the mother.
- 2. Develop a management plan for initial stabilization of the premature neonate.

## **Attitudes Objectives**

- 1. Respect patient's anxieties related to embarrassment, fear or disease, and confidentiality.
- 2. Recognize the transmission of information and patient education as an integral part of every gynecological and obstetrical history and physical examination.
- 3. Provide initial counseling and support in situations involving potential or acute emotional reactions.
- 4. Demonstrate sensitivity towards women and their unique health problems and issues.