Psychologists

Psychology is a broad science and therefore psychologists can be involved in practice, education and/or research in a wide variety of areas including clinical, developmental, experimental, organizational and school psychology. A psychologist may have responsibilities such as examining behaviour; counselling individuals and/or groups to achieve more effective development and adjustment; applying psychological theories and principles regarding behaviour and mental processes; and formulating hypotheses, constructing experimental designs, reviewing literature, conducting studies and publishing research papers.

Clinical psychologists typically diagnose psychological and emotional disorders; provide psychological testing and assessment and practice psychotherapy by applying theory through evidence-based practices related to behaviour and mental processes.

A doctoral degree in psychology is required to become a psychologist in most provinces across Canada, including Prince Edward Island, Nova Scotia, Ontario, Manitoba, Saskatchewan and British Columbia. In other provinces such as Newfoundland, New Brunswick, Quebec, Alberta and the Northwest Territories, a master's degree in psychology is required. An internship or period of supervised practical experience is also required, as is the successful completion of provincial written and/or oral examinations. In all provinces and territories, a provincial certification of registration is required and in Quebec, membership in the professional corporation for psychologists is mandatory.

For more information, visit the websites listed below:

Association of Newfoundland Psychologists - www.nfpsych.com

Canadian Psychological Association - www.cpa.ca