

The Physician Wellness Studentship Application Form



Background Information

Physician Health and Well Being has been identified as a priority issue for the Canadian medical Association (CMA). The CMA has developed policy (1998) and outlined strategies and recommendations to address a range of physician health issues. In the past decade, medical schools and provincial and national associations of physicians, medical students and residents/interns have worked independently and collaboratively to develop and implement strategies to heighten awareness and build resiliency and health of physicians.

The Studentship in Physician Wellness provides an opportunity for a medical student from Memorial University to carry out a project in the area of Physician Wellness. The project must be for a minimum of four weeks and must result in the creation of a deliverable that will in some way contribute to, reflect upon, and/or evaluate the health and wellbeing of medical students (physicians-in-training) and/or practicing physicians. Project proposals will be evaluated on the basis of innovativeness, creativity and anticipated effectiveness of deliverables. Except in exceptional circumstances, projects must be completed during summer months when classes are not in session. Deliverables (such as presentations, lectures, events) can take place during the academic year.

A maximum of one project will be funded each year.

Support

The student will receive funding for a minimum of four consecutive weeks. While students will be supported by the Assistant Dean of Learner Well-being and Success in the completion of this project, they are encouraged to identify and consult with other mentors and advisors who may have subject area or other expertise relevant to their project.

Requirements

Applicants must:

1. Be a student in the Undergraduate Medical Education Program.
2. Have completed their first year of medical studies prior to the commencement of the project.
3. Meet scholarship standing as defined by the university.
4. Provide a document containing the following information about their project:
 - Title
 - Project objectives
 - Brief overview (200 words maximum) of your project
 - Project methodology
 - Specify whether or not the project will require Human Investigation Committee Approval
 - A list of special resources or materials required for the project and how these will be obtained

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- A list of mentors/advisors with whom you will be consulting during the completion of this project. **Signatures of these individuals, indicating their willingness to support your endeavors is required.**
 - A timeline for activities and the expected date of completion
 - Deliverables: describe how your project will be shared, and what impact on student and/or physician wellness you hope to see after its completion.
5. Complete this application form.
 6. Submit all documents via email to ScholarshipsUGME@mun.ca.

Application forms must be signed and completed in full by the applicant. Incomplete or improperly prepared application forms disqualify the applicant from the competition.

Applicant Information

Name: Student Number:

Mailing Address:

Email: Phone Number:

Year of Medical School:

Applicant Signature: Date:

Contact Us

If you have any questions or concerns regarding this application, please contact the Memorial University, Faculty of Medicine Scholarships Administrator at ScholarshipsUGME@mun.ca.