



# THE DISCIPLINE OF FAMILY MEDICINE

## RESIDENCY TRAINING PROGRAM



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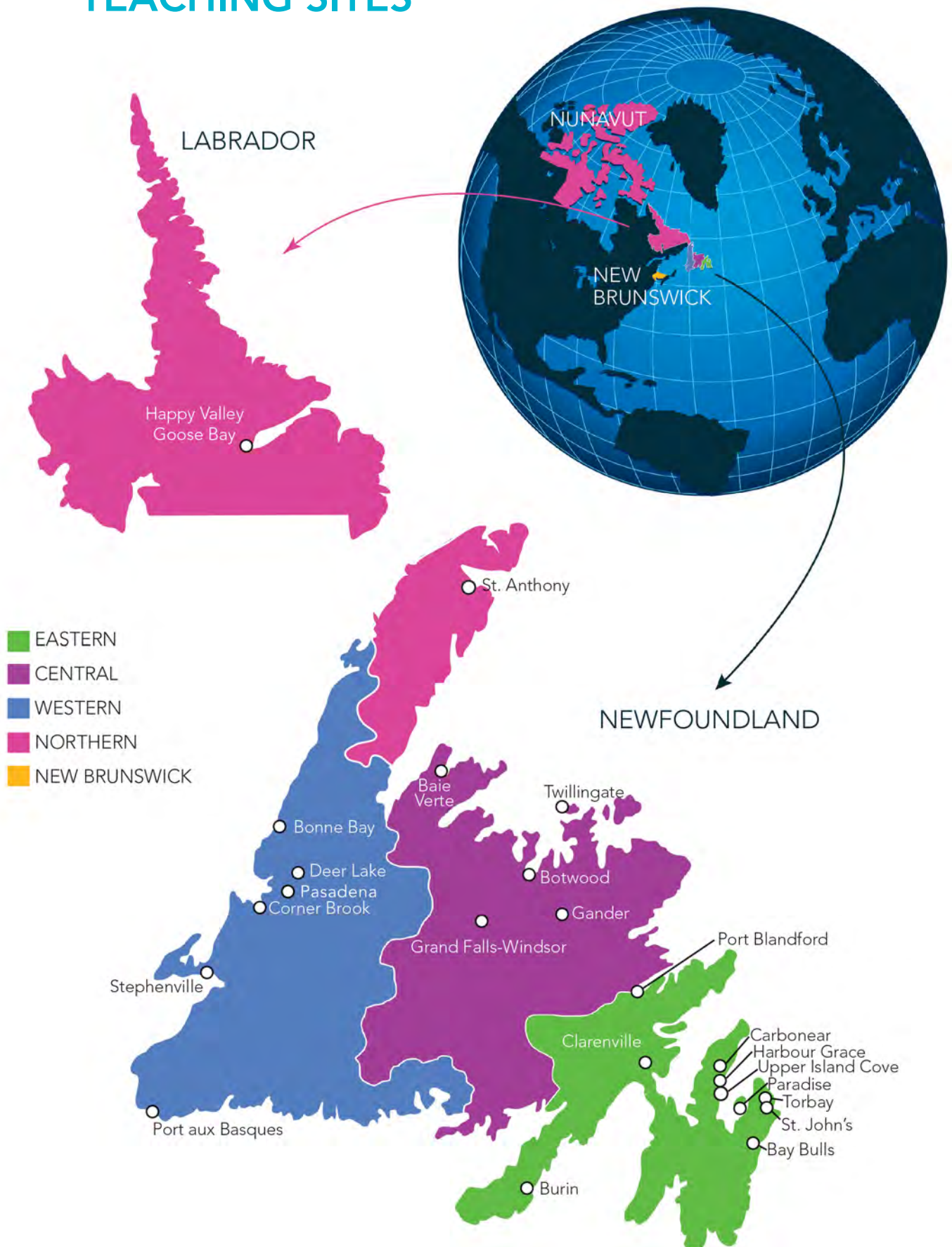
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# TEACHING SITES





# FAMILY MEDICINE RESIDENCY INFORMATION

Experience the lifestyle of Newfoundland and Labrador, New Brunswick, and Nunavut. Our program has been developed using the unique medical and geographic characteristics of our training sites to train physicians for urban, rural and remote practice.

Our two-year program has been approved and accredited by The College of Family Physicians of Canada. It provides eligibility for residents to sit the certification exam in Family Medicine.



Our teaching curriculum focuses on the Triple C Competency-based Curriculum (Triple C). We offer a number of experiences where residents have the opportunity to be **centered** in a Family Medicine Clinic where they have the opportunity to provide **comprehensive care** and **continuity of care** for patients over an extended period of time. While each teaching site has its own unique curriculum based on the local opportunities, all are unified under the central Family Medicine Program.

The Triple C Competency-based curriculum provides the relevant learning contexts and strategies to enable residents to integrate competencies, while acquiring evidence to determine that a resident is ready to begin to practice in the specialty of Family Medicine. The goal is to ensure that all Family Medicine residents develop professional competence to the level of a physician ready to begin practice in the specialty of Family Medicine.

Triple C ensures all graduates are:

- Competent to provide comprehensive care in any Canadian community
- Prepared for the evolving needs of society
- Educated based upon the best available evidence on patient care and medical education

The curriculum is based on the Four Principles of Family Medicine and the CanMEDS-FM roles. The four principles are foundational concepts regarding the nature and practice of family medicine whereas the CanMEDS-FM roles focus on outcomes of care and competencies expected of the practicing physician. The CanMEDS-FM roles retain the four principles by integrating them into the appropriate CanMEDS-FM roles.

All residents receive training in family medicine, obstetrics & gynecology, pediatrics, adult emergency, internal medicine, surgery, orthopedics, palliative care and care of the elderly. There are also two one month elective blocks in second year.

Once matched into a training stream, residents receive a list of two-year template choices that are centered around that stream. All residents rank their template preferences indicating any special considerations that should be taken into account. Residents will travel outside of their training stream if a learning experience is not available locally.

A variety of teaching sessions, courses and workshops are delivered during the residency program. Please see our website for further information: [www.med.mun.ca/familymed](http://www.med.mun.ca/familymed).

In developing educational objectives, we have used the CanMeds-FM roles of The College of Family Physicians of Canada:

- |                   |                    |
|-------------------|--------------------|
| 1. Medical Expert | 5. Health Advocate |
| 2. Communicator   | 6. Scholar         |
| 3. Collaborator   | 7. Professional    |
| 4. Manager        |                    |

### Contact Information:

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## Interview Information

- The Family Medicine Residency Program will offer interviews to candidates who meet the eligibility criteria.
- All applicants must be interviewed in order for their files to be considered.

For more information about the program, and application procedures, please visit:  
[www.med.mun.ca/familymed](http://www.med.mun.ca/familymed) or [www.carms.ca](http://www.carms.ca)

# EASTERN FAMILY MEDICINE (EastFam)

The Eastern Stream offers the opportunity for residents to complete the majority of the residency program in the Eastern region of Newfoundland and Labrador. Candidates matching to the Eastern Stream will complete a number of clinical experiences in the urban centre of St. John's, NL while also having training opportunities in Bay Bulls, Burin, Carbonear, Clarenville, Harbour Grace, Torbay and Upper Island Cove. All Obstetrics & Gynecology, Surgery and Rural Family Medicine clinical experiences will be completed in rural sites across NL and/or NB. First year residents complete a longitudinal Family Medicine experience combined with Care of the Elderly and Emergency Medicine in St. John's. A number of longitudinal clinical experiences will be available during second year in rural locations throughout the Eastern Stream.

Training Experience	Weeks	Location
First Year		
Academic Family Medicine, Care of Elderly	24	St. John's
Adult Emergency Medicine	4	St. John's, Carbonear, Clarenville
Internal Medicine	12	St. John's, Clarenville
Orthopedics or Pediatrics	4	St. John's, New Brunswick
Obstetrics/Gynecology	8	Clarenville or other NL/NB site
Second Year		
Academic Family Medicine	16	St. John's, Bay Bulls, Torbay
Rural Family Medicine	16	Clarenville, Harbour Grace, Upper Island Cove, Port Blandford or other NL/NB site
Pediatrics or Orthopedics	4	St. John's, New Brunswick
Surgery	4	Carbonear, Clarenville
Palliative Care	4	St. John's
Electives	8	Resident's choice
Integrated Experience in Family Medicine, Pediatrics, COE, Palliative Care, Electives	44	Burin, electives - resident's choice



St. John's ▲



Burin ▲

# CENTRAL FAMILY MEDICINE (CenFam)

Residents in the Central Stream receive rural Family Medicine training based out of communities and towns in Central NL over the two years of training. Training sites include Baie Verte, Botwood, Gander, Grand Falls-Windsor (GFW) and Twillingate. Residents will complete training outside of the Central Stream (elsewhere in NL and/or NB) if the training opportunity is not available locally.

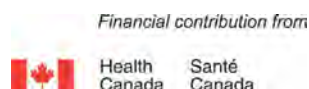
Training Experience	Weeks	Location
First Year		
Academic Family Medicine	16	Botwood, GFW, St. John's, Twillingate
Obstetrics/Gynecology	8	Gander, GFW or other site in NL/NB
Adult Emergency	4	Gander, GFW
Pediatrics	4	Gander, GFW or other site in NL/NB
Internal Medicine	12	Gander, GFW, St. John's
Surgery	4	Gander, GFW, sites in NB
Orthopedics	4	Gander, St. John's, sites in NB
Second Year		
Integrated experiences in Academic Family Medicine, Rural Family Medicine, COE, Palliative Care	40 44*	Botwood, Gander, GFW, Twillingate <i>* If Pediatrics is integrated</i>
Pediatrics	4	Gander, GFW or other site in NL/NB or integrated in Botwood, GFW, Twillingate
Care Of The Elderly	4	Botwood or integrated in Gander, GFW, Botwood, Twillingate
Palliative Care	4	St. John's or integrated in Botwood, Gander, GFW, Twillingate
Electives	8	Resident's choice



Twillingate ▲



Grand Falls-Windsor ▲

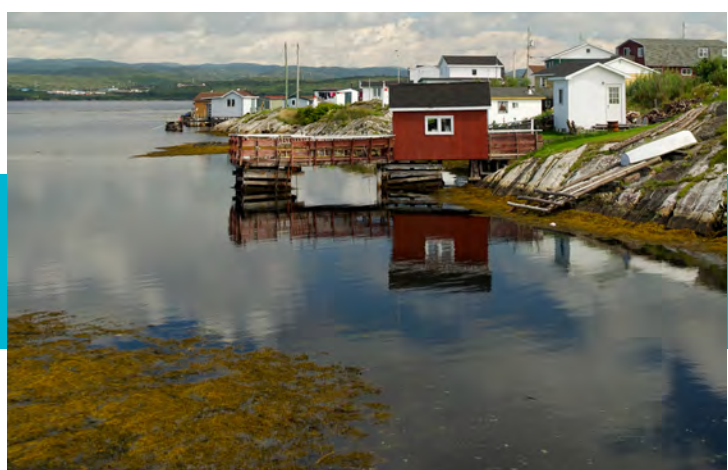




# WESTERN FAMILY MEDICINE (WestFam)

A number of rural Family Medicine training opportunities exist on the West Coast of the province. Residents in the Western Stream complete training in Bonne Bay, Corner Brook, Deer Lake, Port aux Basques and St. Anthony over their two years of training. Residents will complete training outside of the Western Stream (elsewhere in NL and/or NB) if the training opportunity is not available locally.

Training Experience	Weeks	Location
First Year		
Academic Family Medicine	16	Port aux Basques, Corner Brook, Pasadena, St. John's
Obstetrics/Gynecology	8	Corner Brook or other site in NL/NB
Adult Emergency	4	Corner Brook, St. John's
Pediatrics	4	Corner Brook, Deer Lake or other site in NL/NB
Internal Medicine	12	Corner Brook, Port aux Basques, St. John's
Surgery	4	Corner Brook and sites in NL/NB
Orthopedics	4	Corner Brook, St. John's or sites in NB
Second Year		
Integrated experiences in Academic Family Medicine, Rural Family Medicine, COE, Palliative Care	44	Corner Brook, Port aux Basques
Rural Family Medicine	16	Bonne Bay, Corner Brook
Pediatrics	4	Corner Brook, Deer Lake or other site in NL/NB
Care Of The Elderly	4	Port aux Basques. Corner Brook or other site in NL
Palliative Care	4	Corner Brook, Port aux Basques or other site in NL
Electives	8	Resident's choice



Port aux Basques ▲

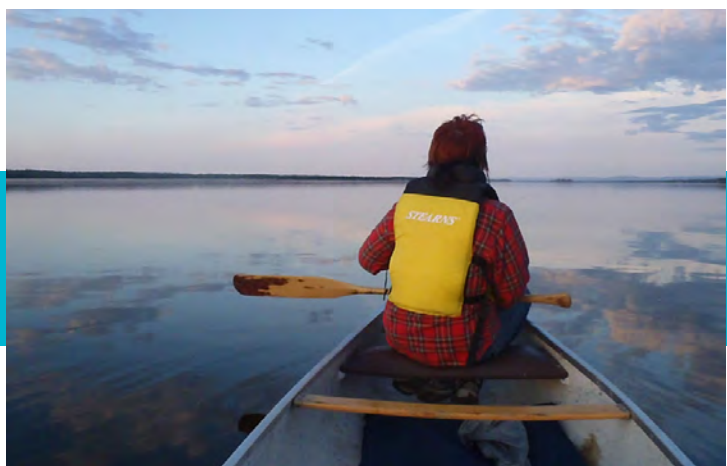


Corner Brook ▲

# NORTHERN FAMILY MEDICINE (NorFam)

Six residents in the Northern Stream will complete the majority of their training in Happy Valley-Goose Bay, NL (NorFam). While gaining exposure in rural and remote medicine, residents will have the opportunity to enhance their experiences by completing a number of rotations in NL and/or NB (e.g. Internal Medicine, ICU, Obstetrics and Gynecology).

Training Experience	Weeks	Location
First Year		
Integrated experiences in Academic Family Medicine, Adult Emergency, Pediatrics, Surgery, Orthopedics	32	Goose Bay
Obstetrics/Gynecology	8	Sites in NB, potential for 4 weeks in GB in 2019/2020
Internal Medicine, ICU	8 weeks of Internal Medicine, 4 weeks of ICU	St. John's
Second Year		
Integrated experiences in Academic Family Medicine, Rural Family Medicine, Pediatrics, Care of Elderly, Palliative Care	44	Goose Bay
Electives	8	Resident's choice



Goose Bay ▲



Goose Bay ▲

# NORTHERN FAMILY MEDICINE

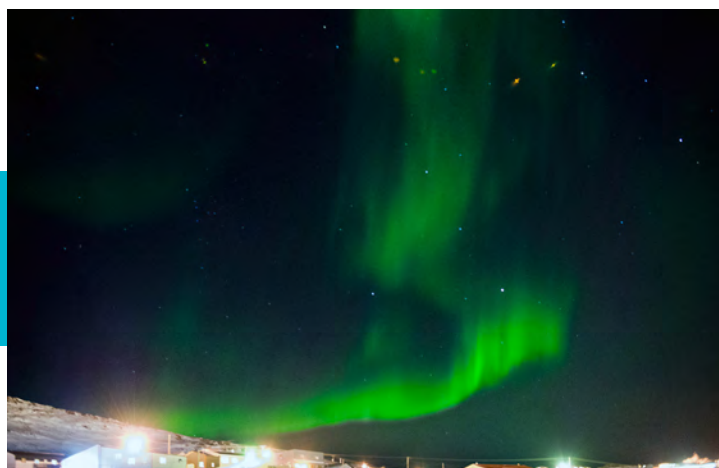
## (NunaFam)

The NunaFam experience is a collaboration between the Family Medicine Residency Program at Memorial University of Newfoundland and Labrador and the Government of Nunavut. Residents will be based at Qikiqtani General Hospital in Iqaluit and will have opportunities to work in a variety of outlying communities and practice settings throughout Nunavut. Four residents will have the opportunity to train in the remote location of Iqaluit, Nunavut (NunaFam). Residents will travel outside of the training stream if an opportunity is not available locally. Residents training through NunaFam develop excellent skills in acute, emergency, hospital, air transport and obstetrical care as well as skills in public health, health advocacy and preventative medicine.

Training Experience	Weeks	Location
First Year		
Academic Family Medicine, Care of Elderly	24	St. John's
Adult Emergency Medicine	4	St. John's, Carbonear, Clarenville
Internal Medicine	12	St. John's, Clarenville
Orthopedics or Pediatrics	4	St. John's, New Brunswick
Obstetrics/Gynecology	8	Clarenville or other NL/NB site
Second Year		
Academic Family Medicine integrated with Pediatrics	12	St. John's, Bay Bulls, Torbay, sites in NB
Rural Family Medicine	24	Iqaluit, Nunavut
Surgery	4	Carbonear, Clarenville
Palliative Care	4	St. John's
Electives	8	Resident's choice



Iqaluit ▲



The Northern Lights ▲





# FAMILY MEDICINE CURRICULUM



Academic Half Days (held weekly)



PoCUS



Medical Ethics



ALARM



Psychiatric Emergency and Crisis Intervention (PEACI)



Psychiatric Emergency and Crisis Intervention (PEACI)



Residents' Forum



Simulated Office Orals (SOOs)



# FAMILY MEDICINE CURRICULUM



Residents' Forum Award Recipients



Practice Management



Neonatal Resuscitation Critical Care (NRP)



TIPS - Teaching Tips for Residents

# ENHANCED SKILLS IN FAMILY MEDICINE

## EMERGENCY MEDICINE

This is a one-year program designed to provide physicians with the complex skill set necessary to practice Emergency Medicine.

### Prospective applicants must be:

- Currently enrolled in an accredited Family Medicine Residency Training Program in Canada OR
- In practice (CCFP certified or eligible to sit the CCFP examination)

All successful applicants must be eligible for registration on the Educational Register of the College of Physicians and Surgeons of Newfoundland and Labrador.

### Program Objectives:

The Family Medicine Emergency Medicine Enhanced Skills Program at Memorial University is designed to:

- Train physicians to the high level of competence and confidence necessary for practice in rural or remote communities;
- Provide trainees with a broadly developed skill set appropriate to their chosen practice;
- Enable the emergency physician to take a leading role in the administration of emergency services in the community;
- Provide a formal teaching setting to prepare trainees to successfully sit the Examination of Special Competence in Emergency Medicine.

Rotation	Duration
Emergency Medicine – Urban	20 weeks
Emergency Medicine – Rural	4 weeks
Pediatric Emergency	4 weeks
Anesthesia	4 weeks
Coronary Care	4 weeks
Intensive Care (Adult)	8 weeks
Plastic Surgery	4 weeks
Elective	4 weeks

### Program Training Sites

- St. John's
- Anesthesia (Grand Falls-Windsor)
- Emergency Medicine (Grand Falls-Windsor, Goose Bay)

### Interview/Selection:

This program participates in the CaRMS match, see [www.carms.ca](http://www.carms.ca). Interviews will be offered to short-listed candidates only.

### Contact Information:

Dr. Peter Rogers  
Program Director  
Enhanced Skills Emergency Medicine  
[peter.r@nl.rogers.com](mailto:peter.r@nl.rogers.com)

Ms. Patricia Penton  
Program Administrator

Tel: 709 864 6535, Fax: 709 777 7913  
Email: [ppenton@mun.ca](mailto:ppenton@mun.ca)

For additional information, please visit us at:  
[www.med.mun.ca/FamilyMed/Third-Year-EM.aspx](http://www.med.mun.ca/FamilyMed/Third-Year-EM.aspx).





# ENHANCED SKILLS IN FAMILY MEDICINE

## CARE OF THE ELDERLY

This is a six-month program specifically designed for physicians with a focus on geriatric clinical work. The program is ideally suited for physicians interested in geriatric hospital and nursing home work and academic geriatric medicine.

### Prospective applicants must be:

- Currently enrolled in an accredited Family Medicine Residency Training Program in Canada OR
- In practice (CCFP certified or eligible to sit the CCFP examination)

All successful applicants must be eligible for registration on the Education Register of the College of Physicians and Surgeons of Newfoundland and Labrador.

### Program Objectives:

The Enhanced Skills in Care of the Elderly Program at Memorial University is designed to:

- Establish effective doctor-patient communication and act as a health expert for the senior within the primary care setting and specialized geriatric care systems;
- Learn the comprehensive geriatric assessment and develop a comprehensive approach to the frail elderly which includes assessment of mental function;
- Become familiar with atypical presentations of illness and the management of the common geriatric and psychogeriatric problems in the community and long-term care (LTC) settings;
- Develop additional administrative and clinical expertise in frail elderly care by working with an interprofessional team in a variety of urban and rural settings including LTC, acute care, rehabilitation, family medicine/geriatric focused clinics, and the patient's home.



Rotation	Length	Location
Geriatric assessment/ward/consult	4 weeks	Saint John, NB
Geriatric rehabilitation*	4 weeks	St. John's, NL
Long-term care/continuing care*	4 weeks	St. John's, NL
Geriatric psychiatry *	8 weeks	St. John's, NL
Rural Family Medicine geriatrics	4 weeks	Botwood, NL
Vacation	2 weeks	

*\*Includes longitudinal geriatric clinics, ward duties and consults, movement disorders, Parkinson's clinics, Alzheimer's Society, Adult Rapid Response Team, etc.*

### Interview/Selection:

Application should be made directly to the Program Administrator.



### Contact Information:

Dr. Roger Butler  
Program Director  
Enhanced Skills Care of the Elderly Program  
rbutler@mun.ca

Ms. Lisa Grant, Program Coordinator  
Lisa.Grant@med.mun.ca,  
T: 709 864 6486 / F: 709 777 7913

For additional information, please visit us at:  
[www.med.mun.ca/FamilyMedicine/Postgraduate/Enhanced-Skills/Care-of-the-Elderly.aspx](http://www.med.mun.ca/FamilyMedicine/Postgraduate/Enhanced-Skills/Care-of-the-Elderly.aspx)



## CARE OF UNDERSERVED POPULATIONS

Enhanced skills in Care of Underserved Populations (CUP) is a postgraduate year 3 program. Similar to global health programs, CUP is founded upon principles of social justice to address health inequities. The program includes clinical care, but intentionally focuses on issues of sustainability and capacity building by engaging residents, transdisciplinary partners, and community in education and scholarship.

### Prospective applicants must be:

- Currently enrolled in an accredited Family Medicine Residency Training Program in Canada OR
- In practice (CCFP certified or eligible to sit the CCFP examination)

Successful applicants must be eligible for registration on the Education Register of the College of Physicians and Surgeons of Newfoundland and Labrador.

### Program Objectives:

- Community and transdisciplinary engagement in scholarly projects;
- Advocacy within health systems for underserved populations;
- Social determinants of health in domestic and international settings;
- Patient care balancing evidence and resource-based approaches.

### Contact Information:

Dr. Russell Dawe  
Program Director  
Enhanced Skills in Care of the Underserved Populations  
[r.dawe@mun.ca](mailto:r.dawe@mun.ca)

Ms. Lisa Grant, Program Coordinator  
[Lisa.Grant@med.mun.ca](mailto:Lisa.Grant@med.mun.ca)  
T: 709 864 6486 / F: 709 777 7913



# FAMILY MEDICINE ELECTIVES

## What Family Medicine is all about:

Diversity, continuity of care, obstetrics, emergency medicine, women's health, sports medicine, community health, care of the elderly, palliative care, research, administrative medicine, alternative medicine, aboriginal health, psychotherapy, international health and occupational health.

## Clerkship Electives

All applications must go through the Undergraduate Medical Education Office. Please see the website at [www.med.mun.ca/UGradME/Forms.aspx](http://www.med.mun.ca/UGradME/Forms.aspx) for further information and an application form. Contact the Family Medicine office at: [fm.ugme@med.mun.ca](mailto:fm.ugme@med.mun.ca), if you have any questions regarding available sites.

To apply:

### MUN STUDENTS:

**Apply to the Electives Academic Program Assistant (APA):**

Memorial University of Newfoundland  
Undergraduate Medical Education – Faculty of Medicine  
T: 709 864 6293  
F: 709 864 6362  
Toll Free: 709 855 8463 (UGME)  
[ugme.electives@med.mun.ca](mailto:ugme.electives@med.mun.ca)

### RURAL SELECTIVES:

**Apply to the Clerkship Academic Program Assistant (APA):**

Undergraduate Medical Education Office  
Faculty of Medicine, Memorial University of Newfoundland  
300 Prince Philip Drive  
Health Sciences Centre| Suite M2M101A  
St. John's, NL A1B 3V6  
T: 709 864 6291  
F: 709 864 6362  
Toll free: 709 855 8463 (UGME)  
[ugme.clerkship@med.mun.ca](mailto:ugme.clerkship@med.mun.ca)

### VISITING STUDENTS:

Applications must be made to the AFMC student portal at [www.med.mun.ca/UGradME/Visiting-Students.aspx](http://www.med.mun.ca/UGradME/Visiting-Students.aspx)

**Visiting Electives Secretary:**

Undergraduate Medical Education  
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Memorial University of Newfoundland  
Room M2M101  
300 Prince Philip Drive  
St. John's, NL A1B 3V6  
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[ugme.electives-visiting@med.mun.ca](mailto:ugme.electives-visiting@med.mun.ca)





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