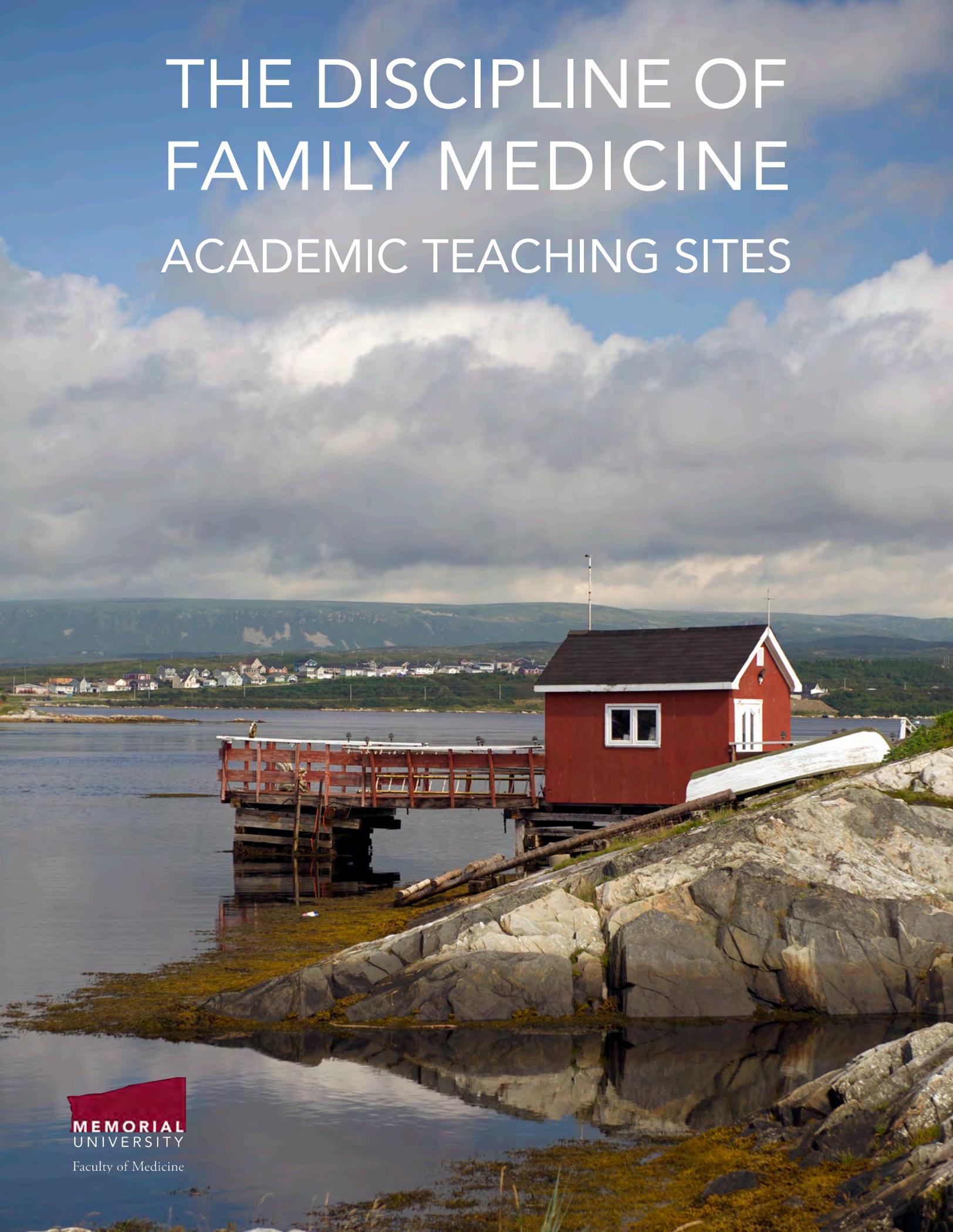


# THE DISCIPLINE OF FAMILY MEDICINE ACADEMIC TEACHING SITES



## Family Medicine Residency Program

Discipline of Family Medicine

Faculty of Medicine, Memorial University of Newfoundland

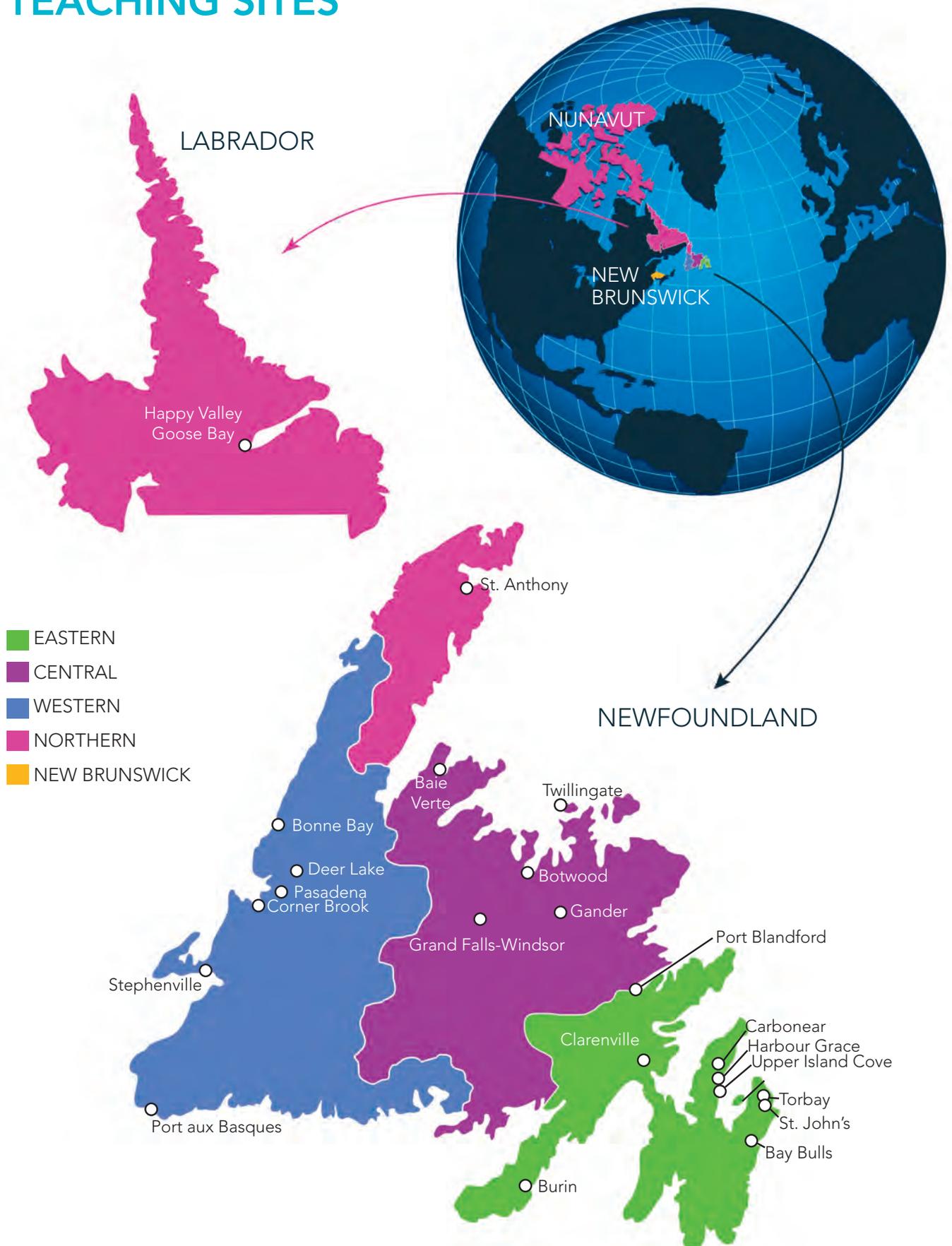
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# TEACHING SITES





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# BAY BULLS

## BAY BULLS FAMILY PRACTICE

The beautiful town of Bay Bulls is located on the southern shore of the Avalon Peninsula. Approximately a 30-minute drive from the city of St. John's, this popular tourist town has a population of 1,200-1,500 residents.

The Bay Bulls Family Practice is a semi-rural practice, serviced by four certified family physicians. House calls, prenatal care, after hour clinics and nursing home visits are all an important part of this community-based practice.

This practice is situated in a newly constructed building with a designated resident office.



## BURIN PENINSULA HEALTH CARE CENTRE

The Burin Peninsula Health Care Centre is located on Route 210 on the Burin Peninsula in Placentia Bay, Newfoundland. The centre provides services to a population of approximately 20, 000 people.

The Burin Peninsula Health Care Centre has 41 acute care beds, providing the following services: anesthesia, chemotherapy, diabetes education, general surgery, gynecology and obstetrics, ICU/CCU, internal medicine, laboratory, palliative care, pastoral care, pathology (off site), pediatrics, psychiatry, radiology, respiratory therapy, ultrasonography and 24 hour emergency. Some other services include: laboratory, nursing, pharmacy, physiotherapy, occupational therapy, pastoral care, radiology, social work, diabetic education and speech language pathology along with visiting speciality clinics.

There are five family practices in this area. These practices are located in the communities of Burin and Marystown.



The town of Burin has a population of approximately 2,000. Burin/Marystown has an arena, swimming pool, gym, various playgrounds softball and soccer fields, several walking trails, running/walking track, banks, grocery and shopping malls. As well, we have a new recreational facility under construction which will be fully operational in Dec. 2015.

# CLARENVILLE

## CLARENVILLE

The town of Clarenville has a population of approximately 6,000 and is located one hour and 45 minutes from St. John's. The town offers many recreational amenities, especially skiing and golfing. Clarenville has a swimming pool, gym, various playgrounds, several softball fields, track and field, and hiking trails. There is a Wal-Mart, Kent Building Supplies, Canadian Tire, Tim Horton's, Subway, A&W, Booster Juice and McDonald's. There are grocery stores and various convenience stores in the community, along with several banks.



The Dr. G.B. Cross Memorial Hospital provides services to a population of approximately 20,000 people.

The hospital has 47 acute care beds, 42 long-term care beds, and two respite care beds. The long-term care patients are located in the Dr. Albert O'Mahony Manor. This is a long-term care facility that is attached to the hospital.

Services include: anesthesia, chemotherapy, family practice, general surgery, gynecology, obstetrics, ICU/CCU, internal medicine, laboratory, palliative care, pathology, pediatrics, psychiatry, radiology, respiratory therapy, ultrasonography and 24 hour emergency (category A). Other services include nursing, nutrition, pharmacy, physiotherapy, occupational therapy, pastoral care, social work, diabetic education, and speech language pathology. Visiting clinics include neurology and ophthalmology.

Also situated in Clarenville are the two following clinics:

## CLARENVILLE MEDICAL ARTS

The Medical Arts Clinic is a busy, well organized, fee-for-service office with a great patient demographic mix. Dr. Emily Godec is the main preceptor. Residents have their own office with two fully-equipped examination rooms. The office has a fully integrated electronic medical record, MedAccess. Residents are able to participate in walk in clinics, chronic disease management, various procedures and home visits. Focus is always on evidence based medicine.

## FAMILY MEDICAL CLINIC

The Family Medical Clinic is a busy, well organized, fee-for-service office with a great patient demographic mix. Drs. Blaine Pearce and Paula Pye are the two main preceptors for the Family Medical Clinic. Residents have their own office with two attached fully-equipped examination rooms. The office has a new computer system with high speed internet. The Dr. G.B Cross Hospital is just three minutes away. Residents do regular ER shifts and follow family medicine in-patients as well as house calls and visits to nursing homes occur regularly. Frequent teaching rounds occur at the hospital.

# HARBOUR GRACE

## FAMILY FOCUS HEALTH CENTRE

Harbour Grace is in historic Conception Bay North (CBN) which has a colorful history from pirates to planes to plantations. Since Amelia Earhart touched down in Harbour Grace in 1932, the area has grown into an urban-rural center with the commodities of various shopping centers and a hospital with obstetric and surgical services, while maintaining the rural connection in the small communities that constitute the CBN area. Outdoor activities are at your doorstep with local hiking trails, wide open harbours, a plethora of ponds and the Salmon Cove and Northern Bay Sands a short drive away.



The clinic based in Harbour Grace serves the CBN area and is a teaching clinic with medical students and residents. The clinic provides regular and walk in appointments to its patients. The daily routine includes providing care to the spectrum of life: prenatal care, adult, pediatrics and geriatric patients, while also offering minor procedures, home visits and palliative care. The clinic is highly modern with an electronic medical record system and a collaborative team approach.



# PORT BLANDFORD

## PORT BLANDFORD MEDICAL CLINIC

Port Blandford is a beautiful town of approximately 500 located just 28 km west of Clarenville and bordering Terra Nova National Park. Found on Clode Sound and surrounded by a boreal forest, it's views and vistas are stunning. Port Blandford Medical Clinic is a new, modern clinic serving not only the people of Port Blandford but those of the surrounding communities on the Bonavista Peninsula. Residents will work with EMR in this busy practice and care for patients from newborn to palliative. House calls, minor procedures as well as joint injections are included in the variety of experiences to be gained. Opportunities to learn practice management and the importance of life/work balance are offered in this peaceful, friendly locale.



## AIRPORT HEIGHTS MEDICAL CLINIC

Airport Heights Medical Clinic is a lovely family practice clinic located at the new Health Complex on Major's Path staffed by three full time physicians. The clinic provides comprehensive and continuous care to patients by providing a wide variety of services in a comfortable environment. Aside from regular clinic appointments, the clinic also does house calls, minor procedures, liquid nitrogen application, pap smear clinics, and walk in evening clinics.

There is a wide variety of patients, from newborn babies to the eldest housebound patients, as well as many prenatal patients. The staff is excellent and they are very supportive of physicians and residents. Residents get a wide variety of clinic experience and regularly scheduled teaching sessions. Airport Heights Medical Clinic is a great place to work and to learn.



# ST. JOHN'S

## ELEVEN ELIZABETH FAMILY PRACTICE

Eleven Elizabeth Family Practice is situated in St. John's and is what most people remember as the old Newfoundland Drive Family Practice Clinic. This practice moved to a new location in August 2011.

The large bright clinic is home to 10 physicians—five full-time and five part-time physicians. Clinic hours are: 8:30 a.m.- 8 p.m., five days a week and there is a clinic on Saturday and Sunday. Physicians are involved in various areas of medicine

include nursing homes, palliative care, house calls, pediatrics, well woman care and prenatal care. With such a large group of physicians there is a lot of variety available to residents. The clinic also uses an electronic medical record (EMR).



## FAMILY PRACTICE UNIT, HEALTH SCIENCES CENTRE

This teaching unit for the Discipline of Family Medicine is situated in the Health Sciences Centre in St. John's and has two clinical group practices: Teams 1 and 2. The clinics offer a full spectrum of family medicine including house calls, intra-partum obstetrics, sports medicine and refugee healthcare.

This site has videotaping capability, Internet access, and an electronic medical record (EMR).

With its proximity to the Family Medicine Postgraduate office, this site functions as the home base for residents during their program.



# ST. JOHN'S

## MAJOR'S PATH FAMILY PRACTICE

Major's Path Family Practice is located in the east end of St. John's and is served by six family practice physicians. It is a long established practice, now located in a large modern facility beside Eastern Health out-patient services with online access to Meditech and PACS.

This clinic provides a comprehensive range of family practice services including well woman, men's health, pediatrics, obstetrics (no deliveries), house calls and some minor procedures. The physicians at this clinic also provide advice and guidance on practice management.



# ST. JOHN'S

## ROSS CENTRE, L.A. MILLER CENTRE

The Ross Family Medicine Centre is a family medicine clinic which serves the full spectrum of family medicine including house calls and personal care home visits. It is located within the L.A. Miller Centre, the major convalescent rehabilitative and long-term care centre in St. John's. Four family medicine faculty members, a locum family physician, a nurse practitioner and a clinical pharmacist provide an inter-professional experience. There is also an opportunity to interact with medical, pharmacy and nurse practitioner students. The unique location also provides experience for in-patient care at the attached Veterans' Pavilion and in the Palliative Care Unit. This clinic has an electronic medical record (EMR), and direct viewing/recording capability for patient interviews.



# ST. JOHN'S

## SHEA HEIGHTS COMMUNITY HEALTH CENTRE

Shea Heights Community Health Centre offers a unique clinical experience on the outskirts of St. John's. The community has a well-defined rural atmosphere and the health centre demonstrates a multidisciplinary approach to health care. Working with pharmacists, public health, a social worker/mental health counselor and a community health nurse gives residents a real experience of teamwork and service to a community. Intra-partum obstetrics, house calls and acupuncture are included in the practice.



This site has videotaping capability, Internet access, and an electronic medical record (EMR).



## TORBAY ROAD MEDICAL CLINIC

The Family Medicine Clinic in the Torbay Road Mall is the most recent addition to the Discipline of Family Medicine's academic teaching site in St. John's. The clinic is staffed by five physicians and generally has two residents doing their four month academic family medicine rotation.

The clinic offers a complete range of family medicine services as well as house calls, minor surgical procedures, and participation in the after-hours on call service provided by the Discipline of Family Medicine.

This site has video recording capability, Internet access, and an electronic medical record (EMR).



# TORBAY

## TORBAY MEDICAL CLINIC

Just over Piperstock Hill on the south side of Torbay, Torbay Medical Clinic serves the northeast Avalon area with a full range of family medicine services. Located near St. John's, it is a semi-rural practice with many of the challenges of both urban and rural practice. Three certified family physicians work full-time, each with a unique practice. There are opportunities to see different aspects of family medicine outside of the clinic setting. House calls, after hours clinics, personal care homes, community education and community involvement are all an integral part of a community-based practice. All aspects of family medicine, including prenatal and minor procedures are a part of this practice.



The coastline of Torbay is magnificent, the historic sites are interesting and compelling, and the combination of small (but not too small) and quaint (but not too quaint) makes the town one of those wonderful well-kept secrets. Watch the waves break over Torbay Beach or take a hike along the scenic coast.



# UPPER ISLAND COVE

## UPPER ISLAND COVE MEDICAL CLINIC

With its recent renovations and expansion the Upper Island Medical Clinic provides a relaxed atmosphere of a rural setting less than one hour from St. John's and only 15 minutes to the Carbonear Hospital.

The modern clinic has 4 fully-equipped, well-lit offices available, each completed with brand new medical equipment, as well the clinic uses the electronic medical record (EMR) system. It has a large waiting area with a receptionist office to accommodate two secretaries as well as both a private and public washroom. The clinic is attached to an established pharmacy as well.





## BAIE VERTE PENINSULA HEALTH CENTRE

Baie Verte Peninsula Health Centre is staffed by three full-time physicians and is supported by visiting specialists from surrounding regional centers. This centre consisting of 26 beds (18 long-term care, one respite, six acute care and one palliative care) is designed to provide 24 hour clinical diagnostic and emergency services with acute care and long-term care services to approximately 6,000 residents located in 21 communities around the peninsula. Located approximately 175 km from Grand Falls, 275 km from Gander (two major referral sites) and 220 km from Corner Brook (Western Health Authority).



Other services available in the Baie Verte Peninsula Health Centre include: 24 hour nursing, clinical chemistry and diagnostic imaging with ultrasound available on site, active therapeutic recreation services and volunteer programs, comprehensive rehabilitation service with a physiotherapist and physiotherapy assistant on site, consultation with occupational therapy and speech language therapist and chiropractic clinics. Offices of Community Health Services consisting of public health nursing, continuing care nursing; social work—child, youth, and family services, child protection, child behavioral management, addictions counseling and mental health.

La Scie Medical Clinic offers services as a satellite clinic staffed by visiting physician and support staff once per week. This satellite clinic is located in the town of La Scie, located 65 km from Baie Verte.

# BOTWOOD

## DR. HUGH TWOMEY HEALTH CENTRE

The Dr. Hugh Twomey Health Centre opened in 1989, replacing the Botwood Cottage Hospital which began operation as a Canadian military hospital in 1942. The centre serves 13 coastal communities with a population of approximately 7,000. The Twomey Centre is staffed by five primary care physicians. The physicians operate a busy category B emergency department as well as family medicine clinics, palliative care and long-term care. There are 80 long-term care beds, including a Veteran's Pavilion, and a protective care unit.



The Twomey Centre offers learners an opportunity to experience rural practice with a wide variety of office, long-term care and ER clinical encounters. In particular, learners are exposed to chronic disease management, care of the elderly, dementia care, as well as a wide variety of minor procedures. The ER offers an opportunity to manage all common presentations, including minor trauma, acute coronary syndromes, pediatric and orthopedic cases. The learning environment at the Twomey Centre fosters independence in a supportive environment. Botwood is currently one of only a small number of rural sites in Newfoundland to offer opioid replacement therapy, including Suboxone and Methadone maintenance therapy. Learners will be given the opportunity to take part in weekly teaching SOO and SAMP practice, and attend conferences during their time in Botwood. It is not uncommon for residents to choose to set up practice in Botwood at the completion of their training here.



## GANDER MEDICAL CLINIC

The town of Gander is located in Central Newfoundland with a population of approximately 10,000 people. Gander offers two swimming pools, three gyms, and one great golf course and is a great town for biking, walking, and running. It is just 45 minutes from Terra Nova National Park. The Airport Nordic Ski Club offers groomed ski trails for skiing and snowshoeing.



The Gander Medical Clinic is presently served by a nine member group. The resident fits in as one of the physicians in the group during the rotation. One day a week is spent working in the ER at the James Paton Memorial Regional Health Care Centre (JPMRHC). The rest of the time is spent working in scheduled clinics. During on call days, the resident works in the afternoon walk in clinic.

When on call, the resident is on first call for in-patient problems that arise with their Family Medicine clinic patients at JPMRHC. As well, the resident covers any problems that come up at Lakeside Homes; a 100 bed nursing home in Gander. During weekends on call, the resident works a Saturday a.m. walk in clinic. The resident is always backed up by a preceptor.



Residents completing their Pediatric rotations at James Paton Memorial will work as part of a rural consultant pediatric practice. They will be responsible for neonatal resuscitation and newborn care, General Pediatric inpatients and clinics, as well as specialized clinics in the area

of developmental assessment, learning and behavior. Interdisciplinary team clinics for children with diabetes and asthma will provide an opportunity to see a team-based approach to chronic medical conditions in the pediatric population. The pediatricians in Gander act as a resource for primary care providers in the outlying communities of Central Newfoundland, and focus Family Medicine resident training on communication and reliance on clinical skills.



# GRAND FALLS-WINDSOR

## KILLICK HEALTH CARE SERVICES

The town of Grand Falls-Windsor is located in Central Newfoundland with a population of approximately 14,000 people. Situated within this town are two clinics, located at 129 Lincoln Road and 54 Union Street.

Killick Health Care Services Practice is a grassroots physician driven initiative which employs the latest technology to deliver evidence-based care in a patient-centered way to produce measurable results.

These clinics provide a comprehensive range of services with opportunities for residents to learn core competencies in general family practice, procedural skills and practice management as well as long term care of elderly and palliative care exposure, low risk obstetrics, primary care for psychiatric in-patient and emergency medicine. The clinic is computerized using the Nightingale EMR with Internet access to such online resources as PubMed and Up To Date.

Residents see patients in the office setting during scheduled clinics, do house calls, provide on call service with the hospital and follow in-patients. Maximum call is five per month.

The majority of the preceptors are examiners for the College of Family Physicians and the use of SAMPS and SOOs figure prominently in the learning experience. Additional teaching consists of scheduled teaching rounds, resident presentations and the review of patients seen by the learner with an assigned physician on a daily basis. CME also occurs in conjunction with the hospital education department and by video conference using an in house conferencing system.



# TWILLINGATE

## NOTRE DAME BAY MEMORIAL HOSPITAL

The Notre Dame Bay Memorial Hospital is the third largest health care centre in Central Newfoundland. Located on scenic Twillingate Island, the hospital serves a large catchment area of approximately 7,000 patients. The hospital provides comprehensive care with a 24/7 emergency department, out-patient clinics, in-patient medical ward, long-term care, restorative care, lab services, X-Ray, EKG and physiotherapy and occupational therapy.



The hospital employs four to five full-time family physicians as well as two to three nurse practitioners. Residents have the opportunity to work in a variety of environments, including clinics, minor procedures, ER, hospital call, in-patient care, and long-term care. There is a good variety of patient demographics, from newborn to geriatrics and palliative care. Four newly-established restorative care beds provide rehabilitation services to patients from across Central Newfoundland.

Residents are also able to engage in out-patient clinics in nearby New World Island. Opportunities for other experiences (e.g. anesthesia, ophthalmology, urology, etc.) may be made available to the resident depending on their objectives and educational needs.

The Notre Dame Bay Memorial Hospital has been a well-regarded teaching site for many years, and accommodates a variety of medical students, residents and electives students. There is an excellent opportunity for residents to provide teaching to various levels of other students. There is an outstanding atmosphere of interprofessional collaboration and camaraderie.

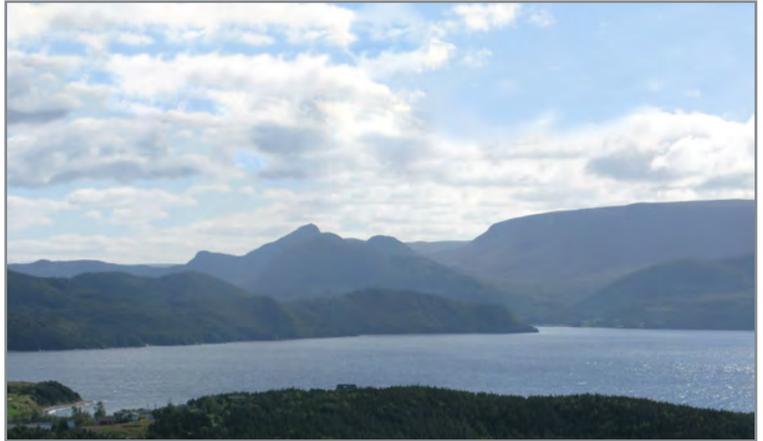
Outside of the hospital, there is a multitude of activities. Beautiful hiking trails, kayaking, and cross-country skiing are a few of the nearby outdoor pursuits. There is a local winery open year-round, and summertime brings icebergs, tourists, and dinner theaters. Twillingate is a thriving rural community with an amazing sense of history and pride.



# BONNE BAY

## DR. BOWEN'S CLINIC

Dr. Bowen's clinic is located in Norris Point in the heart of beautiful Gros Morne National Park on the west coast of Newfoundland. Dr. Bowen owns and operates his own medical clinic which is located in the Bonne Bay Pharmacy Building just across the road from the Bonne Bay Health Care Centre. The health centre is more like a hospital with ER, lab, X-ray, 8 inpatient beds and 14 chronic care beds and is a fully accredited and linked to the Western Health Care Organization. The centre also operates five Satellite Medical Clinics at Woody Point, Trout River, Cow Head, Parson's Pond, and Daniel's Harbour for a total population of approximately 5000.



Training in Bonne Bay includes in-patient care, and clinic appointments and ER shifts.

It is a true *cradle - to - grave* practice with an emphasis on complex chronic disease management and *sorting out* of people with assorted complaints (e.g. fatigue or pain). A lot of the patients seem to have extra challenges e.g. low income, mental health issues, need for supports, frequent travel for work etc. so every case is individualized.

While in Norris Point residents and students can be expected to be challenged in a high performance family practice situation but also have time to explore and get to know the region of Gros Morne National Park and its resilient and lovely residents.

# CORNER BROOK

## BROADWAY FAMILY HEALTH CLINIC

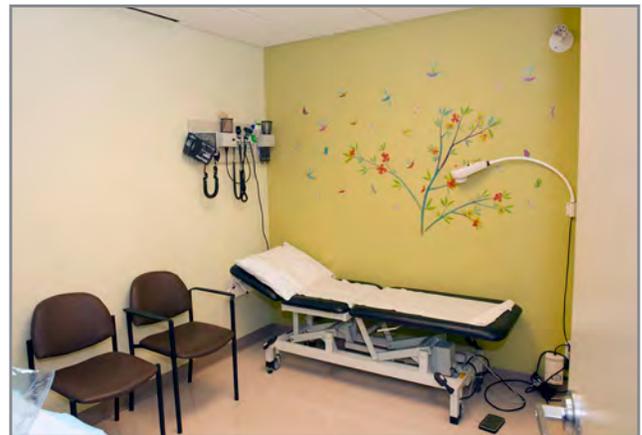
Corner Brook is a city located on the beautiful west coast of Newfoundland and Labrador. There are 20,000 residents within the city with the immediate surrounding areas adding an additional 20,000 residents who travel to Corner Brook for work, recreation or other services.

Despite being a small city, Corner Brook prides itself on being able to offer a wide range of opportunities.

It has a natural beauty and endless opportunities to enjoy recreational and cultural activities. Corner Brook is located where the Humber River meets the Bay of Islands. Temperatures are moderate for Canada with mild, yet snowy winters and fair summers. There is a wide range of outdoor activities to enjoy the beautiful views and weather including walking and hiking trails, biking trails, cross-country and downhill skiing, golfing, zip-lining, and river rafting. If cultural activities are what you prefer there is a thriving arts community of music, dance, visual arts and theater.

The following services are offered by physicians at Broadway Family Health:

- Shared care obstetrics (but no deliveries)
- Newborn, pediatric and adolescent care
- Women's and men's health
- Mental health counseling/psychotherapy
- Geriatric and palliative care
- In-patient hospital care
- Occupational medicine
- Minor procedures
- Home visits/house calls (on a case-by-case basis)



Broadway Family Health currently accepts medical students, clinical clerks and family medicine residents. A clinical rotation at Broadway Family Health provides opportunities in both community and hospital based family medicine as well as emergency and out-patient care.

While at this clinic, the learner will be assigned to one physician as a main preceptor but will have the opportunity to work, on a rotational basis, with all the physicians in the practice. This provides the learner with opportunities to see a wide range of patients and experience a variety of practice and teaching styles amongst physicians.

Broadway Family Health is a fee-for-service, group family practice. As a result, the learner will gain practical experience with many practice management skills and the day-to-day needs and challenges of running a business.

# CORNER BROOK

## WELLNESS FAMILY PRACTICE

Wellness Family Practice provides comprehensive family medicine care from the newborn to geriatric period. We are currently four physicians, all in practice a number of years with extensive teaching experience. We provide opportunities in hospital-based family medicine care, emergency room coverage, and operating room assisting.

We are part of a multidisciplinary team, with access to physiotherapy, occupational therapy, psychology, speech language pathology, kinesiology, and massage therapy.

Wellness Family Practice is a fee-for-service, group family practice. We opened in March 2016 - we have new equipment and electronic medical records. We have amazing staff, have a fun time at work, and take pride in providing a relaxed and enjoyable learning environment.



# DEER LAKE

## DEER LAKE MEDICAL CLINIC

Located in the Town of Deer Lake is the Deer Lake Medical Clinic. Providing medical care to an approximately population of 5,000 it houses a Nurse Practitioner, Women's Health/Pap Test Clinic, Pediatric Clinic, Dietitian Counseling (one day per week), Laboratory Services and X-Ray Services. Currently four family physicians and a pediatrician provide care to the people in the Deer Lake area.



The Town of Deer Lake is located at the intersection of the Trans-Canada Highway and the Viking Trail on Newfoundland and Labrador's west coast. It derives its name from caribou which crossed the lake during their natural movement from north to south. The sandy shores of Deer Lake provide excellent availability for swimming, sailing, canoeing and kayaking. Adjacent to the Deer Lake Regional Airport is the beautiful Humber River Golf Course, which offers a nine-hole course, clubhouse, power carts, and a driving range. The Newfoundland Insectarium is located in nearby Reidville and features a world-class collection of insect and arthropods as well as a butterfly house. When it comes to winter tourism, Deer Lake is your hotspot for all the cool activities. From the large network of groomed and backcountry snowmobile trails to winter hiking, snowshoeing, and ice skating, Deer Lake has winter activities abound.

Deer Lake has grown to become a regional service and transportation hub offering, shopping, restaurants, banking, medical and recreational services. Deer Lake Regional Airport, which serves a large area of the island, is the fourth busiest in Atlantic Canada



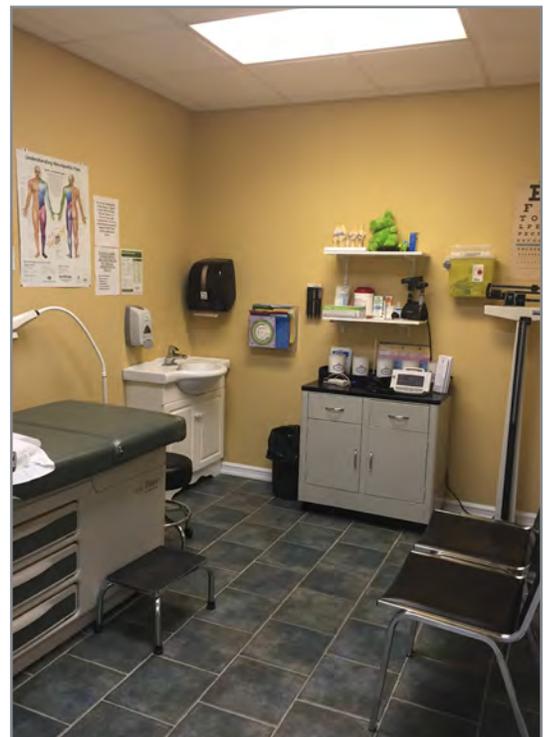
# PASADENA

## PASADENA MEDICAL CLINIC

Located in the beautiful Humber Valley, Pasadena is a picturesque town with a population just over 3,200. Residents are able to enjoy an active and engaging lifestyle. A town that is known for its attractive abundance of green spaces, flower gardens and mature tree growth, Pasadena has been recognized by a leading national magazine as one of the ten most desirable places to live in Canada. Standing along the beautiful sandy beaches in Pasadena you will witness its breath taking views of the surrounding mountains, an ideal place for water and land activities. The community also offers a nature trail that doubles as a cross country ski and snowshoe trail during the winter months. Within a few minutes' drive from Pasadena you can access the beautiful Marble Mountain Ski Resort and Deer Lake International Airport.



The clinic offers a close knit family feel in a small setting. It is an efficient EMR based practice staffed by two full time physicians who provide a wide array of patient care including weekly evening clinics, a yearly cervical screening clinic that is open to the public, and home visits. In addition to these services, the physicians also participate with clinics at Grenfell University and Western Memorial Regional Hospital. As well, the clinic hosts physiotherapy and blood collection services on a weekly basis.



# PORT AUX BASQUES/SOUTHWEST COAST

## PORT AUX BASQUES/SOUTHWEST COAST

Unique Practice:

- 44 Bed facility
- Comprehensive emergency room, inpatient & outpatient services within the scope of family medicine
- ER practice develops special skills in trauma, critical care and transport medicine.
- Transport Medicine and Wilderness Medicine courses (under development)
- Point of Care Ultrasound
- EMR
- Dedicated resident space/resident suite
- Satellite clinics to remote communities including LaPoile by helicopter
- Award winning Interdisciplinary Practice/Teaching environment (patient's medical home type model)

Dr. Charles L. LeGrow Health Centre (DCLLHCC) is located in the town of Port aux Basques and provides Primary, and Long Term Care services to the Southwest coast for a population of 10 000. It has been recognized both provincially and nationally as a Primary Health Care Centre that provides excellent service through an interdisciplinary team approach.

The Centre is a 44-bed facility with 14 acute care beds including 2 ICU beds and 1 palliative care suite. There are 30 long term care beds. Health services provided in the area include social work, physiotherapy, occupational therapy, recreation therapy, speech/language pathology, dietetics, diabetes education, pharmacy, laboratory, x-ray and ultrasound services, community health nursing and those services provided by two nurse practitioners. LeGrow Health Centre provides emergency services and a wide range of ambulatory care services, including chemotherapy, dialysis, Telehealth and an interdisciplinary Healthy Aging Clinic.

Currently there are 7 physicians in Port aux Basques. All provide inpatient and outpatient services, do home visits, perform minor procedures and work in the Emergency Department. The emergency room experience for rural learners here is like none other in the province. Being the "Gateway" to the province the tourism traffic here is very high. This combined with the landscape and the famous "Wreckhouse", with the highest winds in North America, gives the region an extraordinary volume of trauma. The health centre is more than 200 km from the Regional Centre. Critical care and transport medicine are crucial parts of the educational experience. Point of Care Ultrasound is utilized. Outpatient clinics have an Electronic Medical Record. Residents have their own dedicated office space to facilitate supervised independent practice. The younger demographic profile of this area means that residents will gain excellent skills in pediatrics and prenatal care. Learners work with a consultant cardiologist and nephrologist who visit monthly.



# PORT AUX BASQUES/SOUTHWEST COAST

The health centre operates three satellite medical clinics at Doyles, Rose Blanche and La Poile. Visits to Doyles and Rose Blanche clinics occur weekly by a nurse practitioner. The La Poile clinic is isolated and accessible only by boat or helicopter. Medical staff along with medical students and residents travel to the La Poile Clinic on a monthly basis by helicopter. This is always an exciting adventure to an isolate community of 100 people. A few bears or caribou will likely be spotted along the way!

There are many opportunities to get outside and enjoy nature in all its beauty within the town of Port aux Basques, as well as surrounding communities. Port aux Basques has beautiful walking trails such as the Grand Bay West Beach Trail. This trail is a mix of boardwalks, gravel pathways and sandy beach walking. Outdoor fitness equipment is located at various points along the trail. The area between Port aux Basques and the Codroy Valley is known for its white sandy beaches and playful sand dunes. For those not so nice days, you can visit the Bruce II Sports Centre. The facility boasts an ice rink, two curling sheets, a six-lane bowling alley, a swimming pool, fitness centre and meeting facilities. A great way to spend an evening is at Scott's Cove Park where locals and tourists gather to enjoy the local entertainment. Vendors sell various NL crafts, clothing and foods from the colorful kiosks resembling outport-fishing stages.

If you travel east on the Trans Canada it will take you to the beautiful and scenic Codroy Valley where you can enjoy beaches, parks, bird watching, golfing, and hiking and walking trails. The Starlite Trail takes you to the top of the Long Range Mountains, 1500 feet above sea level. A panoramic view of the Codroy Valley awaits you once you reach the top. Known locally as the Table Mountains, this mountain range is a beautiful extension of the Long Range Mountains from Gros Morne. If you prefer bird watching then visit the Codroy Valley Estuary. This is an important stopover for migrating and nesting waterfowl and is well known for the best bird watching in the province!

The St. Andrew's Golf Course is steps away from the local Medical Clinic in Doyles. A nurse practitioner, pharmacist and community health nurse are the main providers here. Physicians and learners visit the clinic weekly.

Heading out on Route 470 will take you on the scenic Granite Coast Drive. Isle aux Morts or 'Island of the Dead' is





one such community. In this community, you can walk the Boat Cove Pond trail or the Harvey Trail. There's extra celebrations around Ann Harvey days and the summer dinner theatres here are a must see! The drive ends in Rose Blanche, so named for the white granite that the community is built on. This community has Atlantic Canada's only granite lighthouse. Completely restored in 1999, this lighthouse has the best scenic views of the Cabot Strait.

The clinic in this picturesque town is also run by a nurse practitioner. Learners rotate through the

clinic with her. It's not only a beautiful end of the road but is the final leg and stop of the famous "Race to the Sea" an annual event each August that is sure to have a least a couple of medical teams from the local area.

# HAPPY VALLEY-GOOSE BAY (NorFam)

## LABRADOR HEALTH CENTRE

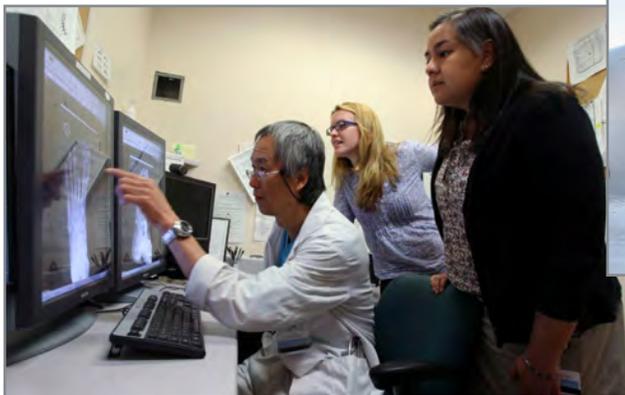
NorFam (Northern Family Medicine) is an exciting program designed for residents interested in practice in northern and remote settings. Based in Happy Valley-Goose Bay, Labrador, residents will spend seven months in first year, and up to the entire second year in Happy Valley-Goose Bay. Understanding and developing competence in working with First Nations and Inuit people is an integral component of this experience. The NorFam mission is to prepare family medicine residents to be competent, confident rural physicians. Residents should come prepared for a northern experience.



The Labrador Health Centre contains a 26-bed hospital that cares for children and adults and provides obstetrical and newborn care. The hospital includes a 3-bed monitored unit for critically ill patients, a palliative care bed and a protective custody room. The centre also has an emergency department, operating room, day surgery, chemotherapy, and dialysis units. The hospital is staffed by 13 family physicians, an obstetrician, a general surgeon and an anaesthetist. Numerous visiting specialists travel to Happy Valley-Goose Bay on a regular basis.

A long-term care facility is adjacent to the Labrador Health Centre and accommodates 75 residents. Medical care is provided by a family physician who visits there every week.

There are 10 nursing stations serving the coastal communities. Basic primary care is delivered by regional nurses and visiting physicians. Patients travel to Goose Bay for more complex problems and diagnostic imaging.



# NUNAVUT (NunaFam)

## QIKIQTANI GENERAL HOSPITAL

Incredible and challenging rural and remote health care experiences are available for family medicine residents in the Territory of Nunavut. Residents are based in Iqaluit, at Qikiqtani General Hospital, and have opportunities to work in some of the smaller communities throughout Nunavut.

NunaFam residents spend the first year of training in the Eastern Stream in Newfoundland. Second-year residents spend six months in Nunavut. The remainder of the residency training experiences are offered in Newfoundland and Labrador, or in New Brunswick.

In Nunavut, residents practice full scope family medicine in remote, isolated environments and will develop cultural competence skills to help them work more effectively with Aboriginal communities. This is an exceptional opportunity to learn comprehensive generalist medicine including obstetrical and neonatal skills in a unique setting where family doctors attend over 400 births annually.

Residents develop excellent skills in the clinic, in-patient, emergency, air transport and obstetrical care settings. In addition to clinical skills, within NunaFam there is an emphasis on health advocacy, public health and preventative medicine.



# NEW BRUNSWICK

Some Firsts.....

New Brunswick's First Neurosurgical Unit  
New Brunswick's First Neonatology Unit  
First in New Brunswick to use teleradiology  
World first trial of balloon catheter for angioplasty

## FREDERICTON

The Dr. Everett Chalmers Regional Hospital is located in the City of Fredericton, the capital of New Brunswick. This regional hospital is recognized as a centre of expertise for reconstructive and restorative medicine and a leading plastic surgery centre.

The Dr. Everett Chalmers Regional Hospital provides undergraduate and graduate education experience for approximately 20 health disciplines and is a certified partner of the Dalhousie University Family Medicine program, the University of New Brunswick nursing program, and offers the only Clinical Pastoral Education internship program and certification in New Brunswick.

The Fredericton area provides comprehensive addiction and mental health services including a range of acute, in-patient, out-patient and community services. Programs are organized in the areas of assessment and crisis intervention, children and youth, adult, geriatrics, and community care.



- In-patient Acute Care Psychiatric Unit – approximately 35 beds
- In-patient Addictions Unit – Approximately 20 beds
- Emergency Mental Health Services based at the Cr. Chalmers Regional Hospital
- Mobile Mental Health Crisis Intervention Team
- Operational Stress Injury Clinic
- Children and Youth Treatment Programs
- Gambling Program
- Methadone Treatment Program
- Individual, Family and Group Counselling

Residents have the opportunity to train in obstetrics & gynecology, pediatrics, surgery and orthopedics in Fredericton.

## MIRAMICHI

The Miramichi Regional Health Authority is dedicated to providing quality client-centered care to the people of the community. The service area has a population of approximately 46,000 and includes the villages of Baie-Sainte-Anne Blackville, Néguaac, Rogersville, and the City of Miramichi, and surrounding areas. The health authority operates New Brunswick's newest state-of-the-art, 183 bed, acute care Miramichi Regional Hospital as well as four health centres, the Miramichi medical Day Clinic and the Extra Mural Program, a unique community-based program.



The Miramichi area is known for its beautiful landscapes, interesting coves, salt water beaches and wooded areas that create a backdrop for hiking, biking and cross-country ski and snowmobile trails. This area provides care through a network of one regional hospital and five health centres.

Residents have the opportunity to train in Rural Family Medicine in Miramichi.

## MONCTON

The City of Moncton is situated south eastern New Brunswick with an area population of 146,000. This bilingual community is rich in history and culture. It offers abundant shopping and entertainment options, great nightlife and downtown facilities, nearby sandy beaches and two national parks with an hour's drive. Winter activities like skiing, indoor/outdoor skating, snowboarding, etc. are also widely available.



The Moncton Hospital is a 386-bed tertiary care facility providing service to eastern New Brunswick, northern Nova Scotia and Prince Edward Island. Family Medicine serves as the most responsible physician for 180 of these beds. It is a full service hospital with all specialities available with the exception of Cardiac Surgery. A busy Emergency room/Trauma Centre providing care for 54,018 visits per year and is staffed fully by CFPC/EM physicians.

The learning experience provides for more hands-on teaching and a better understanding of what's involved in both family and specialty medicine. An emphasis to ensure that learners' education needs come first, and one does not find the hierarchy of an academic tertiary centre. Personal one-on-one mentorship of preceptor training model is used throughout the program, both on specialty rotations and in Family Medicine.

## WATERVILLE

The Upper River Valley Hospital, located in Waterville, is a primary care facility and the newest hospital building in New Brunswick. It serves several small communities in western New Brunswick along the border of New Brunswick and Maine. It services a population of approximately 45,000 with 60 in-patient beds. Rural medicine is practiced here with relatively more services than most primary care facilities. In addition URVH hosts several visiting specialist clinicians, mostly from Fredericton. Our Mental Health clinic, although located in Woodstock, is under the Fredericton umbrella as well.



URVH offers graduate and undergraduate medical education programs in the areas of Family Medicine, Emergency Medicine, Obstetrics and Surgery for Family Medicine Residents. In addition there are opportunities to work with Anesthesiologists, Internal Medicine physicians in the Concentrated Care Unit, with Psychiatrists and Mental Health professionals. URVH has an obstetrical unit run entirely by GP's. This unit runs a pre-natal clinic and does approximately 300 low-risk deliveries each year. Family Physicians between Bath and Woodstock do call in the hospital in Obstetrics, in Emergency alongside Emergency Physicians, and as OR Surgical Assistants.

In addition to block rotations, URVH hosts the Longitudinal Integrated Clerkship program for Dalhousie Medicine New Brunswick clerks and the 12 week P2P program for Memorial University clerks.

We welcome medical learners to come and enjoy the scenic Upper River Valley area.

## SAINT JOHN

The Saint John Regional Hospital is the largest tertiary care hospital in New Brunswick and is the primary health care referral centre for this area and to all New Brunswickers for major trauma and cardiac care.

The New Brunswick Trauma Program and the New Brunswick Heart Centre are located within the hospital. It is also the center of Dalhousie Medicine New Brunswick's distributed medical education program.



This site offers autologous stem cell therapy, and a new stem cell processing laboratory. A new 44,000 sq. ft. addition to the hospital's emergency department opened in early 2011.





## Family Medicine Residency Program

Discipline of Family Medicine

Faculty of Medicine, Memorial University of Newfoundland

The Health Sciences Centre, RM: 2743

St. John's, NL, A1B 3V6

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