

Overall Goals and Objectives of the Core Internal Medicine Residency Program at Memorial University

The overall goal of the core internal medicine programs is to produce competent General Internal Medicine Specialists who can provide safe and professional care to a variety of patients ranging from those with simple, directed problems to those with complex, undifferentiated medical issues. This will provide all the skills necessary to continue and complete further training in General Internal Medicine or another Subspecialty of Internal Medicine.

Each of the three years in the Core Program has specific goals. These allow for stepwise progression through the Program and build the foundation for the next year's objectives. The rotational structure and objectives are designed to facilitate the learner to achieve each year's goals.

PGY1

During this year, the learner will build upon the knowledge obtained from medical school and further acquire in-depth practical knowledge and skills required to manage and care for patients with common medical problems seen in Internal Medicine and its subspecialties. The resident will work as a member of a clinical team and understand the importance of being a team player. There is an elective during this year where the learner can further explore subspecialty interests. Research is introduced at this stage at a beginner's level and the minimal expectation being a case report and literature review.

PGYII

The learner will take on a larger leadership role and further consolidate his/her knowledge to care for patients with both common and uncommon medical problems in Internal Medicine and its subspecialties. Further training will be focused on the managerial, administrative and supervisory role of an internal medicine consultant. There is a mandatory community rotation during this year. The elective opportunity during this year will allow the learner to confirm their future career path as well as exploring sites where he/she will complete their training. The learner will continue the research program in the way of a research project with the guidance of a faculty mentor. We also provide opportunity for those interested to avail of the Royal College exam preparation curriculum.

PGYIII

The learner will further develop and refine their consultation skills through a rotation structure that emphasizes on inpatient consultation and ambulatory care. The elective opportunity will provide an additional month to acquire expert knowledge in the chosen subspecialty, or to acquire additional knowledge/skills in internal medicine. The learner will complete the research project with further guidance of a faculty mentor. Preparation for the Royal College examination intensifies in this year with a more formal curriculum.

PGY IV and above

Residents will either pursue a 4th year in Internal Medicine training, or complete a 2 year General Internal Medicine (GIM) Fellowship, or pursue further training in a subspecialty area in Internal Medicine.

The PGY IV year prepares the resident to practice GIM as a consultant in academic or rural setting. We mandate that essential rotations occur (ICU, community, ambulatory clinic rotations) and provide experience as an attending faculty with appropriate supervision (Junior Staff rotation). We permit 8 blocks of electives so residents have the opportunity to focus their training as well.