

## MUN Internal Medicine

### Competency By Design: Newsletter 2



## Important Terms in CBD

### Competency Based Medical Education:

A shift in the idea of training from a time based education system to an outcomes based system. What does this mean? It means that the approach changes to incorporate many small, frequent assessments that are more formative in nature, rather than fewer high stakes assessments.

### Competency By Design:

The Royal College's adoption of Competence By Design is the Canadian answer to Competency Based Medical Education. MUN internal medicine is rolling out our CBD program in July 2019.

### Entrustable Professional Activities (EPAs):

An EPA is a task that is a key part of a specialty that, once competency has been observed, a resident would be entrusted to perform without supervision. These are made up of milestones to be achieved and will be in a coaching format.

EPAs will be observed or discussed with faculty. Residents will have frequent follow up on EPAs in order to have assessments on the daily tasks of a physician.

### Milestones

Unlike EPAs, milestones are the underlying expected abilities of residents at certain stages in training. They create the basis for the tasks that are assessed (EPAs), but are not tasks themselves. They are formulated based on canMEDS competencies and range from novice to mastery.

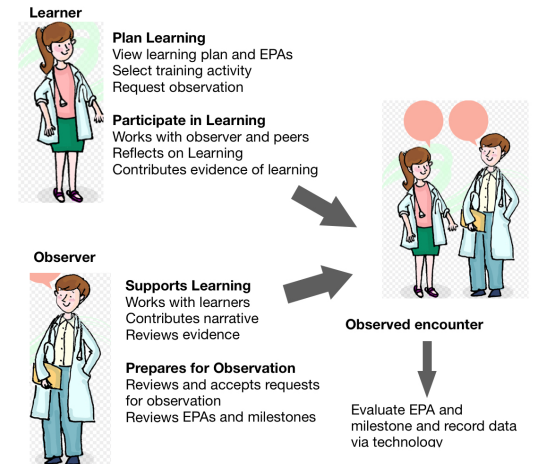


### Competence Committee:

A competence committee is a group that will review EPAs with the resident in order to determine progression through training and the areas that need more or less focus.



### Workplace Based Assessment:



Royal college resident development orientation cbd 2017

### Stages of Residency

1. Transition to Discipline  
Emphasizing the early stages and knowledge of training
2. Foundations of Discipline  
Broad based competencies at the basis of training
3. Core of Discipline  
Discipline specific competencies are focused on
4. Transition to Practice  
Readiness for independent practice

