

General Medicine OPD Diagnostics

This rotation will focus specifically on solidifying the skills necessary to conduct and interpret general medicine diagnostics including stress tests and ambulatory blood pressure monitoring.

Rotation Specific EPAs:

Primary

1. Appropriately conduct diagnostic testing to guide management of acute and chronic medical conditions

Secondary

2. Encourage patients to actively participate in health maintenance and risk factor reduction.
3. Appropriately determine the need for subspecialty consultations to supplement management or diagnostic testing in the acute care setting.
4. Actively engage in lifelong learning activities to ensure the highest quality of patient care.

Rotation Specific Objectives:

Medical Expert

- Demonstrate proficiency in performing and interpreting common general medicine procedures, including but not limited to:
 - o Exercise stress testing
 - o Ambulatory blood pressure monitoring
 - o Electrocardiogram interpretation
 - o Ambulatory electrocardiogram (Holter)
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- Demonstrate an understanding of risk stratification, including appropriate assignment of diagnostic testing and medical treatment according to risk.
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- Recognize your own practice limitations by appropriately determining when consultation to another specialty or subspecialty is necessary, especially in the case where urgent procedural intervention is required.

Communicator

- Obtain informed consent prior to performing any procedure through accurate communication of all potential risks and benefits.
- Generate a clear and concise written record of every diagnostic procedure including a comprehensive report of all relevant results.

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- Recognize the role of each multidisciplinary team member and avail of each professional's skills to best serve the patient's unique needs.
- Optimize efficiency by delegating components of diagnostic procedures to multidisciplinary professionals as appropriate.

Manager

- Demonstrate socially responsible resource utilization, balancing the needs of each individual patient with system sustainability.
- Employ best evidence in patient safety to maximize quality of care.

Health Advocate

- Incorporate health promotion and disease prevention into every patient encounter, focusing on evidence informed interventions such as smoking cessation, weight management, and routine exercise.
- Assist patients in navigating the health system, taking into account their unique goals of care and social context when attempting to overcome system deficiencies.

Scholar

- Engage in lifelong learning by utilizing each patient encounter as a means of identifying personal knowledge gaps and actively seeking to enhance those competencies.
- Contribute to a positive teaching environment for patients, trainees, and colleagues through the sharing of knowledge relevant to each individual's learning objectives.

Professional

- Demonstrate a commitment to delivering the highest quality of care and maintenance of competency.
- Demonstrate respect for patients, families, trainees, colleagues, and all contributors to the health system.