

MUN Internal Medicine

Introducing Competency By Design: Newsletter 7



The CBD continuum

The Competence Continuum

- There are four stages of internal medicine residency within CBD training:
 - 1) Transition to Discipline
 - 2) Foundations of Discipline
 - 3) Core of Discipline
 - 4) Transition to Practice
- Each stage has specific milestones and EPAs
- Progression is assessed by the competence committee

The Transition to Discipline and Foundations of Discipline stages roughly correspond to our current "Junior Resident" designation, while the Core of Discipline and Transition to Practice correspond to the "Senior Resident" role

Transition to Discipline

- Focuses on a new trainee's early time in the program
- Will have a focus on the orientation and assessment of new residents from a variety of backgrounds



Foundations of Discipline

- Covers the basic competencies that every resident must have before moving on to more specialty specific competencies



Core of Discipline

- This stage covers the core competencies that are specific to the discipline of medicine

Transition to Practice

- EPAs and milestones in this stage focus on the transition into independent practice
- Occurs primarily in 4th year or fellowship

Examples - EPA 1

1) Transition to Discipline

Performing histories and physical exams, documenting and presenting findings across clinical settings for initial and subsequent care

Assessing, diagnosing, and providing initial management for patients with common acute medical presentations in acute care settings

2) Foundations of Discipline

Assessing, diagnosing, and managing patients with complex or atypical acute medical presentations

3) Core of Discipline