

HKR 4485: Leisure Education in Theapeutic Recreation Settings

Winter 2021 Course Summary

NOTE: This course summary is to provide you with a general idea of the course content, delivery, and evaluation for Winter 2020. This outline is subject to some change. The course content and general course delivery will not change. However, slight changes to course evaluation may be made. A formal syllabus will be provided on the first day of class.

Instructor: Dr. Angela Loucks-Atkinson (aloucks@mun.ca). If you have questions before the term – please don't hesitate to email me.

Course Calendar Description:

The course is designed to examine a variety of aspects of leisure education from both a practical and theoretical perspective. Topics will include leisure education models, leisure assessments, counseling tools and techniques, leisure education facilitation techniques for both individuals and groups and evaluation techniques. Diverse groups (e.g. adults, youth, disadvantaged and disabled) and settings (e.g. community, schools, institutions, and workplace) suitable for leisure education will be discussed. The course will include hands-on applications to complement lecture material.

Course Format/Delivery: This course has always been an on-line, distance education course.

- 100% asynchronous
 - Pre-recorded video lectures and independent-learning
 - Videos will be posted on Youtube.

Course Objectives

Upon complete of the course, each student shall be able to:

- explain the conceptual and theoretical foundations of leisure education
- identify, interpret, and explain the purpose, value and processes of leisure education
- describe the relationship between people, their environments and well-being, and the role that meaningful leisure plays in that relationship
- state their personal values with regard to leisure
- outline and explain various leisure education tools and facilitation techniques
- describe the leisure problems of specific client groups
- plan, implement and evaluate a leisure education program

The required text for the course is:

Dattilo, John. (2015). *Leisure Education Program Planning: A Systematic Approach* (4th ed.). Sagmore-Venture Publishing: State College PA.

Additional course readings will be required. These will be linked on Brightspace.

Course Evaluation (in progress – evaluation of the course might change).

1. **Two Facilitation Techniques**(end of weeks 6, 10) **20%**
2. **Three Case Studies**(end of weeks 7, 9, 11) **15%**
3. **Leisure Interview & Participation**(end of week 8) **30%**
4. **Leisure Education Program**(end of week 12) **35%**