



School of Human Kinetics & Recreation

www.mun.ca/hkr

<p>Course HKR 2300 Growth and Development</p> <p>Section 001</p>	<p>Instructor Aaron Flood</p> <p>B.PE '11 - Memorial University B.Ed '13 - St. Francis Xavier University M.PE '20 - Memorial University</p>
<p>Email a.flood@mun.ca</p> <p>*Please use the Brightspace (D2L) Course Mail feature for course related questions*</p>	<p>Office PE 2008B</p> <p>Office Hours by appointment</p>

Land Acknowledgement

We respectfully acknowledge the territory in which we gather as the ancestral homelands of the Beothuk, and the island of Newfoundland as the ancestral homelands of the Mi'kmaq and Beothuk. We would also like to recognize the Inuit of Nunatsiavut and NunatuKavut and the Innu of Nitassinan, and their ancestors, as the original people of Labrador. We strive for respectful relationships with all the people of this province as we search for collective healing and true reconciliation and honour this beautiful land together.

Access & Accommodations

I will make extended efforts to facilitate learning for all students. If you have any accessibility requests (e.g., requiring larger font size for printed materials, needing to sit at the front of the class, written/verbal instructions, etc) please see me as early in the term as possible.

Course Website – D2L/Brightspace

Website: <https://online.mun.ca/>

Students are encouraged to use the course website on a daily basis. If you need to contact the instructor do so *exclusively* using D2L/Brightspace course email.

Course Delivery

Semester: Winter 2021

Class Times: Monday, Wednesday, Friday 3:00pm - 3:50pm*

Classroom: **Remote Delivery/Asynchronous**

Classes Begin: January 11th

Winter Semester Break: February 22nd to 26th

April Holiday: April 2nd

Classes End: April 9th

*This course is a module-based course offered through **asynchronous** lectures. Though subject to change, the only two synchronous lectures are an introductory class and review session. Please consult the course calendar for details.

Course Description

An introductory study of human growth and development factors and their influence on the learning of motor skill. This course provides students with a knowledge base that will help them understand motor development and physical activity capabilities. Students will learn about motor development theories, Newell's model of constraints, and how those constraints apply to growth and development. While the course focuses mainly on children and adolescents, lectures will include material on aging populations.

HKR 2300 is of the philosophy that motor development is an interactive process that continues across the lifespan. Human motor development is strongly influenced by the cognitive, social-emotional, and physical changes that take place as an individual ages, and this course examines these interactions while maintaining its focus on the movement aspects of human development.

Required Text

Haywood, K. M., & Getchell, N. (2020). *Life span motor development* (7th ed.). Human Kinetics.

The textbook is available at the bookstore. The Student Resources on this website includes PowerPoints, videos, practice tests and other online resources for each chapter. I encourage you all to familiarize yourselves accordingly. Internet resources that accompany this text are available at: <http://www.routledge-textbooks.com/textbooks/9781621590439/>

Learning Outcomes

By the end of this course, students will be able to:

- 1) Describe theories and principles of motor development.
- 2) Explain changes in growth and maturation from birth to adulthood.
- 3) Express the progression of movement from birth to adulthood.
- 4) Design appropriate motor programs for children and adolescents.
- 5) Demonstrate an improvement in writing skills.

Student Expectations:

- 1) Stay current on class modules, due dates, responsibilities
- 2) Read course materials prior to watching/listening to the lectures
- 3) Submit work on time.
- 4) Do not plagiarize/cheat/use anyone else's work
- 5) Ask questions when things are not clear.
- 6) Be mindful of your mental, spiritual, emotional, physical wellness throughout the term.

Instructor Expectations:

- 1) Post all relevant module materials prior to the start of each week.
- 2) Return all work in a timely manner.
- 3) Be respectful and reasonable toward student needs.
- 4) Maintain accessibility via email (generally expect a response within two business days).

Grading

Students should familiarize themselves with [University regulations relating to grading](#).

Academic Integrity

Students and faculty at Memorial University share an important responsibility to maintain the integrity of the teaching and learning relationship. This relationship is characterized by honesty, fairness and mutual respect for the aim and principles of the pursuit of education.

Academic misconduct impedes the activities of the university community and is punishable by appropriate disciplinary action. Students are expected to be familiar with Memorial University's regulations on Academic Misconduct (Section 6.12 of the Academic Calendar) which sets out the kinds of actions that constitute academic misconduct, including plagiarism, copying or allowing one's own work to be copied, use of unauthorized aids in examinations and tests, submitting work prepared in collaboration with another student when such collaboration has not been authorized, and other academic offenses. The regulations also describe the procedures for dealing with allegations and the unit level as well as the university level, and the sanctions for any finding of academic misconduct, which can range from a written reprimand to a rescindment of the degree. A lack of familiarity with Memorial's regulations on academic misconduct does not constitute a defense against its application.

If an instructor alleges that academic misconduct has occurred for evaluative instruments worth between 15-39% the course instructor is required to submit the student's work along with a summary of the allegation to the **SHKR Committee for Academic Integrity** for consideration and a decision. Any allegations of misconduct that occur with evaluative instruments worth 40% or more of the final grade or final examinations are automatically sent to the **Senate Committee on Undergraduate Studies** for consideration.

Further information on academic integrity is outlined in the University Calendar 6.12: <http://www.mun.ca/regoff/calendar/sectionNo=REGS-0748> Information regarding acceptable writing practices is available through the Writing Centre at <http://www.mun.ca/writingcentre/>

One-week resolution policy

All feedback and grades will be shared through D2L/Brightspace. If students have concerns about a grade they earn, they are invited to bring the concern to the instructor's attention using the course email feature on Brightspace (D2L). To bring a concern to my attention, you must write or type a brief explanation of the concern that outlines the concern and demonstrates that the student has reviewed the feedback and is either seeking clarification or re-evaluation. Students have one week (i.e. five academic days) from the time that the assignment is returned to file the concern. Concerns voiced after that week has passed will not be considered. Please note that I do not review contested grades until after classes have ended.

It is encouraged that students keep copies of all their assignments and materials used in the event that the instructor does not receive the assignment or there is a question of the ownership of the material. If there is a dispute about an assignment that you have completed but has not been recorded as complete, it will be your responsibility to prove that you have completed the given assignment. You are advised to save your work in many places (computer, flash & even e-mail it to yourself).

Please refer to the University Calendar 6.15.6 for details that must be included in medical documentation <http://www.mun.ca/regoff/calendar/sectionNo=REGS-0859>

Do not leave these assignments to the last minute as this leaves you no time to overcome technical difficulties such as broken flash drives, computer crashing, wifi issues, power outages, etc... It is also much easier on your mental health and stress levels to avoid letting things pile up in all aspects of life. It is up to you to meet deadlines.

Late submissions are not accepted. Extensions for reasonable excuses are granted if students can document they have made progress on the paper.

Course Evaluation

See additional evaluation details on D2L/Brightspace

Evaluation	Description (See D2L for further evaluation information)	Due Date: End of week by 4pm
Quizzes (24%)	<p>Used to aid with knowledge retention, there are 12 short quizzes, each worth 2% of the overall grade. Quizzes are available through D2L/Brightspace.</p> <p>Quizzes will be open at the start of each week (Monday), and are due by the end of the week (Sunday) before 4:00pm.</p> <p style="text-align: center;"><u>Missed or late quizzes result in a score of 0.</u></p>	<p>Jan 17th, 24th, 31st</p> <p>Feb 7th, 14th, 21st</p> <p>Mar 7th, 14th, 21st, 28th</p> <p>April 4th, 11th</p>
Independent Reading Assignments (4 x 4% = 16%)	<p>There are 4 IRAs, each worth 4% of the overall grade. These readings are in the D2L/Brightspace folders (IRA #3 is Ch. 7 in the text).</p> <p style="text-align: center;">IRA #1: Prenatal Development Concerns IRA #2: Developmental Delays IRA #3: Manipulative Skills (Ch. 7) IRA #4: Moral Development</p>	<p>IRA #1: Jan 24th</p> <p>IRA #2: Feb 14th</p> <p>IRA #3: Mar 7th</p> <p>IRA #4: Mar 21st</p>
Midterm Timed Assignment 15%	<p>There is one midterm timed assignment worth 15% of the overall grade. This is available through D2L/Brightspace in the Quiz section. Students will have a predetermined length of time to complete the assignment, which will be announced at a later date.</p>	<p>Anytime from February 22nd to February 28th</p>
Term Paper (20%)	<p>The primary objective of the term paper is to ensure students understand the applications of Newell's model to physical activity. Follow APA 7th guidelines for citations/references (include textbook and articles).</p>	<p>April 4th</p>
Final Timed Assignment (25%)	<p>There is one final timed assignment worth 25% of the overall grade, which is available through D2L/Brightspace. Students will have a predetermined length of time to complete the final timed assignment, which will be announced at a later date.</p>	<p>During Final Exam Schedule</p>