

# EMERGENCY PREPAREDNESS WEEK

## GET PREPARED

By taking a few simple steps, you can become better prepared to face a range of emergencies - anytime, anywhere.

### KNOW THE RISKS

Although the consequences of disasters can be similar, knowing the risks specific to our community and our region can help us better prepare.

### MAKE A PLAN

It will help you and your family know what to do.

### GET AN EMERGENCY KIT

During an emergency, you need some basic supplies. You may need to get by without power or tap water. Be prepared to be self-sufficient for at least 72 hours in an emergency.

[www.mun.ca/emergency](http://www.mun.ca/emergency)

Public Safety Canada



Environmental Health and Safety