

# DRINKING WATER SAFETY

## IS YOUR DRINKING WATER SAFE TO CONSUME?

EVEN IN NATURE WATER IS RARELY PURE. In Canada, the responsibility for making sure drinking water is safe is shared between provincial, federal and municipal governments. In Newfoundland and Labrador the majority of people get their drinking water from their municipality. Some residents may have a private water supply or well.

### Tips

- To reduce your intake of lead from drinking water let the water run for 2-3 minutes in the morning or after being away from home for over a day
- Use water from the cold tap for drinking, cooking or making baby formula as water from hot water tanks may have higher amounts of lead
- If you have a well get your water tested for impurities
- For more information or for a list of boil advisories in the province visit [www.gov.nl.ca](http://www.gov.nl.ca)
- For information on drinking water quality on campus visit [www.mun.ca/health\\_safety](http://www.mun.ca/health_safety)

