



What are Slips, Trips, and Falls?

Slip: An unexpected slide due to a loss of traction between the ground and foot.

Trip: Temporary instability and potential loss of balance as a result of a foot striking an object.

Fall: An unexpected vertical drop in height of the human body often resulting from a loss of balance.

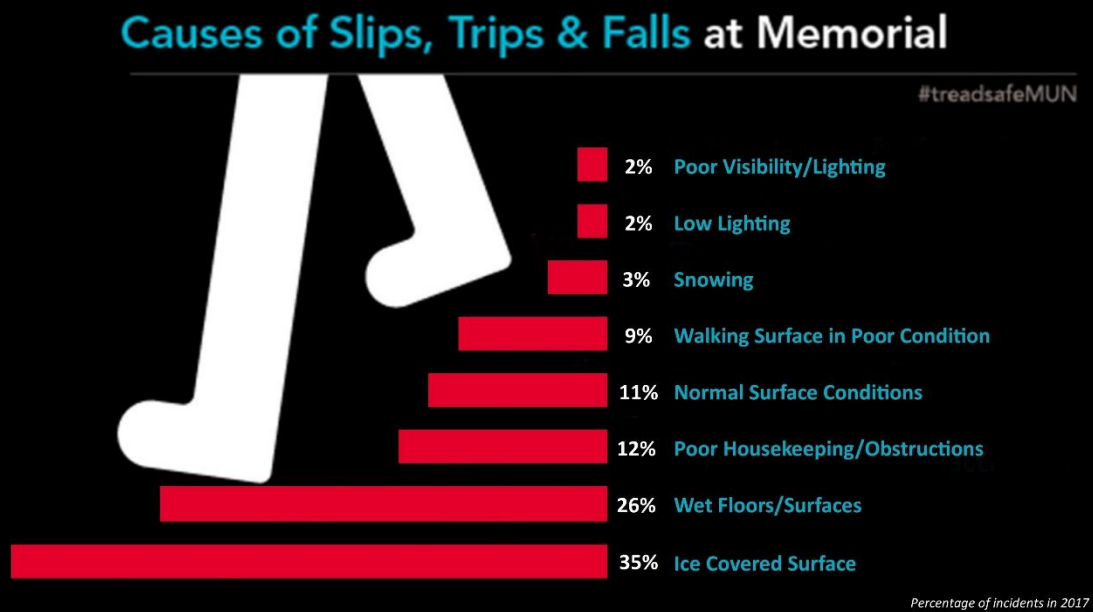
Why are slips, trips, and falls an issue?

Slips, trips, and falls in environments like a university campus have been shown to be a major source of work related injuries, accounting for over 1/4 of all reported occupational injuries.

Who do slips, trips, and falls affect?

Slips, trips, and falls can affect anyone who spends time on campus including: employees, students and visitors.

How do slips, trips and falls happen?



What is MUN doing about slips, trips, and falls on campus?

MUN is taking a proactive approach to slips, trips, and falls on campus by developing a comprehensive prevention program that will help increase awareness, identify hazards, and develop effective ways to eliminate or decrease the risks associated with these hazards.

How can you prevent slip, trips, and falls?

Pay Attention: Avoid distractions & be aware of signs and warnings.

Slow Down: Avoid hurrying and rushing.

Avoid Shortcuts: Stick to designated walking areas.

Use Extra Caution: Be aware of hazards around you.

Look after Your Feet: Wear proper footwear for winter conditions.

Look after Your Shoes: Clean off your shoes when entering buildings.

Look after Yourself: Stay well rested and manage stress and fatigue.

What do you do if you see a slip, trip, or fall hazard on campus?

You can report any potentially hazardous areas via the MUN Safe app or by contacting facilities management at (phone: 709-864-7600 or email: facman@mun.ca)

What happens if you have a slip, trip, or fall on campus?

Report any slips, trips or falls using the MUN Safe App (<http://www.mun.ca/emergency/MUNSafe/>)



#treadsafeMUN