

Anti-Racism Resources for Youth

Here's a curated list of resources, spanning movies, books, podcasts, and social media influencers/accounts. These resources cover various aspects of anti-racism, including anti-Black, anti-Indigenous, anti-Asian, anti-immigrant, and more.

Movies and Documentaries

1. **"The Hate U Give"** – A film about a Black teen who witnesses a police shooting and navigates the complexities of her identity. (U.S.)
2. **"Indian Horse"** – Follows the story of an Indigenous boy in Canada who survives a residential school and becomes a hockey star. (Canada)
3. **"They Call Us Monsters"** – A documentary exploring the lives of Latino youth in the American juvenile justice system. (U.S.)
4. **"We Were Children"** – A powerful film about two Indigenous children's experiences in Canadian residential schools. (Canada)
5. **"Minding the Gap"** – A coming-of-age documentary focusing on American skateboarding culture, masculinity, and how race shapes personal lives. (U.S.)
6. **"Inconvenient Indian"** – An exploration of Indigenous identity in Canada and the ongoing impacts of colonialism. (Canada)
7. **"Minari"** – Tells the story of a Korean immigrant family and their pursuit of the American dream amidst cultural and racial challenges. (U.S.)

Books

1. **"This Book Is Anti-Racist"** by Tiffany Jewell – A guide for young people to understand, identify, and challenge racial injustice.
2. **"The Skin We're In"** by Desmond Cole – Chronicles a year in Black Canadian life and highlights racial injustices in Canada.
3. **"From the Ashes"** by Jesse Thistle – A memoir of Métis-Cree author Jesse Thistle's struggles and resilience, touching on themes of poverty and Indigenous identity.
4. **"We Are Not From Here"** by Jenny Torres Sanchez – A novel about three teens fleeing gang violence in Guatemala and seeking asylum in the U.S.
5. **"I Am Not Your Perfect Mexican Daughter"** by Erika L. Sánchez – Explores themes of immigrant identity, cultural expectations, and mental health.
6. **"A Different Mirror for Young People"** by Ronald Takaki – A youth version of Takaki's famous work that provides a multicultural history of the U.S.
7. **"Seven Fallen Feathers"** by Tanya Talaga – A powerful exploration of racism and inequality faced by Indigenous youth in Thunder Bay, Canada.
8. **"They Called Us Enemy"** by George Takei – A graphic memoir recounting the author's childhood in American Japanese internment camps.
9. **"Dear Martin"** by Nic Stone – A novel about a young Black man writing letters to Dr. Martin Luther King Jr. as he experiences racial profiling and violence.
10. **"We Are Here: 30 Inspiring Asian Americans and Pacific Islanders Who Have Shaped the United States"** by Naomi Hirahara – Celebrates the history and contributions of AAPI individuals.

Podcasts

1. **"Code Switch"** – An NPR podcast that dives into race, culture, and identity issues.
2. **"All My Relations"** – A podcast hosted by Indigenous women exploring what it means to be Native and how it impacts their identities.
3. **"Small Town Queer"** – Explores queer and BIPOC experiences in rural and small towns in Canada.
4. **"Immigrantly"** – An intersectional podcast that explores immigration stories and cultural diversity.
5. **"Secret Life of Canada"** – Focuses on Canadian history often left out of textbooks, including stories on race and Indigenous identities.
6. **"Intersectionality Matters!"** – Hosted by Kimberlé Crenshaw, this podcast discusses race, gender, class, and other intersections.
7. **"Asian Enough"** – Hosts discuss what it means to be "Asian enough" and explore Asian American experiences in the U.S.

8. **“Yo, Is This Racist?”** – A comedy podcast that answers questions about race and cultural appropriation, using humor to educate.

9. **“Latino USA”** – An award-winning podcast that delves into Latino news and culture, covering a wide range of stories and experiences.

Social Media Influencers and Accounts to Follow

1. **@desmondcole** – Desmond Cole, a Canadian journalist and activist advocating for racial justice in Canada.

2. **@lindseyshrimpton** – Lindsey, a Mi’kmaq woman from Canada sharing insights on Indigenous rights and cultural appreciation.

3. **@ms_benes** – Dr. Crystal Watson, a Black academic from Canada, focuses on systemic racism and education.

4. **@theconsciouskid** – A U.S.-based account that provides resources for parents and educators on anti-racism and inclusion for children.

5. **@nativapride** – James Jones, an Indigenous dancer and educator sharing cultural knowledge and activism.

6. **@ajplus** – News coverage and social justice content highlighting stories often underrepresented in mainstream media.

7. **@decolonizeyourdiet** – Focuses on the intersections of food, identity, and Indigenous resilience.

8. **@sheenataban** – Sheena, an Asian Canadian anti-racism activist, shares perspectives on race and Asian representation.

9. **@ethnicallyambiguous** – Hosts Anna and Shereen discuss their experiences as women of Middle Eastern descent and explore topics around immigrant identity.

10. **@thenapministry** – Focuses on rest as a form of resistance, founded by a Black woman and highlights racial and economic justice issues.

11. **@angryasiangirls** – A platform that voices issues affecting the Asian community and fosters solidarity.

12. **@blackandembodied** – Alishia McCullough, a therapist focusing on Black mental health, racial trauma, and healing.

This list offers a range of engaging, accessible resources for youth to deepen their understanding of anti-racism, confront stereotypes, and learn about the experiences of marginalized communities.