

Course:

Date:

Safety Lecture Outline (Morning, Day 1)

Field Safety is an increasingly important issue. Field activities are normally safe, but accidents can happen and consequences are potentially serious.

1. Safety is important - Instructors will insist on safe behaviour from all participants. Consequences can involve medical evacuations.
2. Safe practices and behaviour - Walk, don't run in the field; assess the ground you're traversing over and behave accordingly. Be aware of potential hazards when working in the outdoors - see attached list of some potential hazards.
3. Personal responsibility - Know your limits and act within them. Do not participate in actions that you feel are beyond your physical/mental abilities. There is no grade penalty for non-participation. Be aware and careful not to succumb to peer group pressure. **ABOVE ALL ELSE, USE YOUR COMMON SENSE.**
4. Appropriate Field Gear: Proper footwear (Vibram-like soles recommended), drinking water, hat, sunscreen; rain gear, warm/cool clothing.
5. Audit of class participants to identify any pre-existing medical conditions.
Request that students with conditions inform instructors and complete a written medical information form. Possible reasons to be concerned about participating in field school: allergies, medications, pre-existing conditions, limited mobility/hearing/sight, fear of heights etc.
6. Audit of class participants to identify any students who possess formal first-aid training.
Record the names of students with training and document the type of training they currently have.
7. Review with class all of the attached safety-related handouts and policies.
8. All students must complete and sign an "Informed Consent" form.