COVID-19 Health and Safety Moment
for on campus, office and field work

UPDATED Jan 2022

Overview
During the COVID-19 pandemic, information continues to change and evolve. We understand these are challenging and unprecedented times not only at Memorial, but around the world. We encourage following public health guidelines as well as Memorial’s processes to prevent the spread of COVID-19.

Controls for Approved Access to Campus

- Memorial requires all faculty, staff and students to be fully vaccinated.
- All vendors, contractors, volunteers, etc. on Memorial campuses are required to be fully vaccinated and may be required to show verification through the use of NL Vax Pass.
- Completion of Memorial’s COVID-19 awareness session is required for faculty, staff and students. The COVID-19 module is available in Brightspace.
- Memorial encourages faculty, staff and students to download the COVID Alert app to help protect yourself and others. The app is designed to let Canadians know whether they may have been exposed to COVID-19.
- Please use the density calculator. Unit activities should align with these density parameters.
- Before arriving each day, complete a COVID-19 self-assessment check; also available on the MUN Safe app.
- Please do not report to campus, offices or field activities if you are exhibiting flu-like symptoms. These symptoms may include fever (or signs of a fever such as chills, sweats, muscle aches and lightheadedness), cough, headache, sore throat or runny nose.
- Do not report to campus, offices or field activities if you are self-isolating.
- Memorial requires wearing non-medical face masks while inside in public spaces and common areas. A three-ply face mask is the minimum standard while some may choose to wear surgical masks or N95 respirators. Face shields do not replace a mask, masks with exhalation valves should not be worn, and neck gaiters, scarves and bandannas are not recommended. The only time a person should remove a face mask is when in an office alone or when eating or drinking.
- Wash your hands often, for at least 20 seconds with soap and warm water or in the absence of water use an alcohol based hand sanitizer. Clean hands before, during and after leaving campus.
- Avoid touching your eyes, nose and mouth. Cover coughs or sneezes with a tissue, then throw the tissue in the trash. Clean and disinfect frequently touched objects and surfaces.
- Maintain a physical distance of 2 metres from other people in order to stop, slow down or contain the spread of COVID-19. Everyone has a part to play.
- Stay to the far right in hallways and stairwells.
- Read and comply with signage posted on exterior building doors for any additional information.

Contact us
Environmental Health and Safety
Office of the Chief Risk Officer
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If you have questions please email: health.safety@mun.ca