COVID-19 Health and Safety

Overview
During the COVID-19 pandemic, information continues to change and evolve. We understand these are challenging and unprecedented times not only at Memorial, but around the world. We encourage following public health guidelines as well as Memorial's processes to prevent the spread of COVID-19.

Controls
- All members of the Memorial University community conducting on-campus work activities at the St. John’s campus are required to complete the one-time Memorial University Activity form prior to returning. This includes staff, faculty and students who are employed with the university.
- Completion of Memorial's COVID-19 awareness session is required before resuming campus, office and field activities.
- Memorial is encouraging all faculty, staff and students to get fully vaccinated.
- Memorial encourages faculty, staff and students to download the COVID Alert app to help protect yourself and others. The app is designed to let Canadians know whether they may have been exposed to COVID-19.
- Please use the density calculator. The unit's plan should align with these density parameters.
- Before arriving each day, complete a COVID-19 self-assessment check; also available on the MUN Safe app.
- Please do not report to campus, offices or field activities if you are exhibiting flu-like symptoms. These symptoms may include fever (or signs of a fever such as chills, sweats, muscle aches and lightheadedness), cough, headache, sore throat or runny nose.
- Do not report to campus, offices or field activities if you are self-isolating.
- Memorial requires wearing non-medical face masks while in public spaces and common areas at Memorial. A two ply face mask is the minimum standard while three ply is recommended. Face shields do not replace a mask, masks with exhalation valves should not be worn, and neck gaiters, scarves and bandannas are not recommended.
- Wash your hands often, for at least 20 seconds with soap and warm water or in the absence of water use an alcohol based hand sanitizer. Clean hands before, during and after leaving campus.
- Avoid close contact with people who are sick. Avoid touching your eyes, nose and mouth.
- Cover coughs or sneezes with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Maintain a physical distance of 2 metres from other people in order to stop, slow down or contain the spread of COVID-19. Everyone has a part to play.
- Stay to the far right in hallways and stairwells.
- Read and comply with signage posted on exterior building doors for any additional information.

Contact us
Environmental Health and Safety
Office of the Chief Risk Officer
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If you have questions please email: health.safety@mun.ca