

# COVID-19 Health and Safety Moment for In-Person Laboratory Work



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## Overview

During the COVID-19 pandemic, information continues to change and evolve. We understand these are challenging and unprecedented times not only at Memorial, but around the world. We encourage following public health guidelines as well as Memorial's processes to prevent the spread of COVID-19 while attending in-person laboratory sessions.

## Required COVID-19 Controls for Laboratory Work

- **Vaccination:** Memorial requires all faculty, staff and students to be [fully vaccinated](#).
- **Training:** Completion of Memorial's [COVID-19 awareness session](#) is required for all faculty, staff and students.
- **Self-Assessment:** All faculty, staff and students must complete a daily [COVID-19 self-assessment](#) check prior to coming to campus. Assessment also available on the MUN Safe app.
- **Masks:** Three-ply face [masks](#) will be provided prior to entering the lab.
- **Ventilation:** Memorial's labs are equipped with mechanical ventilation systems that are designed in accordance with Memorial's and ASHRAE standards and are continually monitored to ensure proper operation. Mechanical ventilation helps minimize the spread of COVID-19.
- **Hand Sanitizer:** Everyone must sanitize their hands upon entry into lab.
- **Disinfectant:** Shared equipment must be disinfected after each use.
- **Distancing:** Maintain a physical distance of 2 metres from other people, if possible

### If physical distancing cannot be consistently maintained, additional controls may include:

- Modify work design / process to maximize distancing (e.g. observation of experimental exercise instead of direct participation). For further information on modified work design/processes, please contact EHS.
- Reduce the number of people each person has contact with by using 'fixed teams or partnering' (so each person works with only a few others).
- Arrange seating to maximize back-to-back seating.
- Designate entrance and exit doors and implement directional travel within the lab.
- Implement "hand washing" and "surface disinfection" breaks during lab sessions.
- Schedule attendance to minimize the number of people attending at one time. Eg. Stagger lab start time for group (cohort) of students.
- Increase the number of laboratory sessions with reduced occupancy.

## Contact us

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