

## Seed Saving Introduction Workshop

June 13<sup>th</sup> 2013 – Memorial University Community Garden

### Outline

What are Seeds?

- Plant lifecycle: How the roots, shoots, fruits of a plant support seeds and reproduction
- Common terms in seed saving (hybrid, heirloom, cross pollination, genetic modification)

Local seed saving virtual tour; the possibilities for your garden!

Why Save Seeds

- Varietal preservation, the interesting and unusual, cost, sharing, heritage, biodiversity

Hands on show & tell – exploration of common vegetables

Storing your Seeds: Considerations for seed longevity and record keeping

Wrap up & discussion



### Additional Resources

*How to Save Your Own Vegetable Seed*, Seeds of Diversity: An illustrated booklet on saving your own seed for Canadian gardeners and farmers, easy to follow instructions for many kinds of vegetables

*Breed Your Own Vegetable Varieties*, Carol Deppe: Classic information for amateur and advanced

Food Skills Workshop Series from Food Security Network of NL; material and outlines to host your own seed saving workshop, plus plenty of great links throughout the blog:

<http://rootcellarsrock.ca/food-skills-workshops/>

Seeds of Diversity Canada: Canadian volunteer organization that conserves the biodiversity and traditional knowledge of food crops and garden plants, resources' and membership listing online at

<http://www.seeds.ca>

Seed Savers Exchange: Non-profit organization dedicated to saving and sharing heirloom seeds (USA), online information by plant type available at

<http://www.seedsavers.org/Education/Seed-Saving-Resources/>

**Thanks for coming & stay in touch!**

Followup questions can be directed to [communitygarden@mun.ca](mailto:communitygarden@mun.ca)