The Campus Food Bank is reopening for requests for hampers, as of June 26, 2020. Hampers will be available by delivery only, as long as the MUN Campus is under COVID-19 NL alert regulations. Please do not come to the food bank as we will be unable to serve you there. Deliveries will be on Saturday mornings, between 11am and about noon, starting on July 4th. There will be a limit to how many hampers we can deliver each week so you may have to wait, depending on demand. If you work Saturday mornings, we will work with you to find another time. Note: As client needs may change from month to month, there’s not an automatic sign-up for an extended period. Any month that a hamper is needed, a request must be made for it.

To receive a food hamper, recipients need to email foodbank@mun.ca with their name, student number, address and phone number, and advise if they are a current client. Food Bank personnel will be in touch to confirm further details. All the hampers will contain the same types of food. As we can have limited personnel on campus preparing them, then we can’t offer a variety of choices. If any of the items in your hamper are foods which fall outside your dietary practices, you can share with other students – do not return them to us, please.

As there is a limit on how many hampers we can deliver, then there will be only ONE hamper per month delivered per address. Clients who are room-mates will need to share the food delivered. If you are receiving food from a different food bank, you cannot also receive food from us in the same month. These rules are the same as the practices of other food banks in St. John’s.

A reminder of the role of the Campus Food Bank: A food bank is a non-profit, charitable organization that distributes food to those who do not have enough money to purchase sufficient food to avoid hunger. A food bank provides an emergency source for a small amount of food. It is not expected to be enough food for a user’s needs until their next visit. The Campus Food Bank does not require that any user provide financial information to prove that they are in financial need. However, it is expected that those who have enough money to buy their own food would not ask for help from us. Doing so would leave the food bank with less food for those who truly need our help.

July 29, 2020