



## The 12 Days of Giving Food Drive - June 5 to June 20, 2019

The 12 Days of Giving is a Food Drive sponsored by the Campus Food Bank. We ask that Departments and Offices around Memorial's campus get involved and compete against each other with the winning department or office receiving munchies for a coffee break. There are prizes for collecting the most points in total and the most points per capita, so regardless of the size of your department, everyone has a chance to win!

The idea for the Food Drive is simple as it plays off the 12 Days of Christmas theme. Each day, there are suggested food items to donate and the amount of the item corresponds to the Day of Giving. Points will be assigned per item donated from this list. Points will also be assigned for items donated not on the list, but please note – list items are worth more points. Brand names are not important. Please keep an eye on best before dates if taking items from your home pantry.

At the end of the 12 Days of Giving, volunteers from the Campus Food Bank will arrange for the collection of food from participating departments and the results will be tallied. It is important in arranging this event to know who is participating. Please advise us, if possible at the start of the campaign, if your department is collecting for this drive.

### Requested items for each day are:

June 5	Day 1	1 long grain rice
June 6	Day 2	2 jars of peanut butter
June 7	Day 3	3 bottles of ketchup or mayonnaise
June 10	Day 4	4 cans of diced tomatoes, pasta sauce, or tomato paste
June 11	Day 5	5 cans of chunky soup, chowder or stew
June 12	Day 6	6 cans of fruit (not individual size)
June 13	Day 7	7 1-litre containers of orange or apple juice
June 14	Day 8	8 cans of milk
June 17	Day 9	9 cans of vegetables, any kind
June 18	Day 10	10 individual juice boxes (apple or orange juice, please)
June 19	Day 11	11 cans of chickpeas, lentils, or kidney beans
June 20	Day 12	12 cans of protein: tuna, chicken, turkey or ham



**Food collection will occur at the end of the drive. We will be in contact with signed-up departments, near the end of the drive, to provide details.**

**For more information or to advise of your participation, contact:**

**Anne Sinnott [asinnott@mun.ca](mailto:asinnott@mun.ca)**

**Our website is [www.mun.ca/campusfoodbank](http://www.mun.ca/campusfoodbank)**