

## LAUREN QUINLAN

St. John's NL ▪ A1A 5J6

Cell: 709 682 8174 | [lequinlan@mun.ca](mailto:lequinlan@mun.ca) | [www.linkedin.com/in/lauren-quinlan-915125291](http://www.linkedin.com/in/lauren-quinlan-915125291)

### EDUCATION

---

#### **Bachelor of Commerce Co-op**

Memorial University, St. John's NL

*2022-Present*

- Currently completing undergrad degree with past semester holding a 4.0 average

#### **High School Diploma**

*2022*

St. Bonaventure's Collage, St. John's NL

- Finished with Presidents Honours roll and awarded over \$25,000 in various university scholarships.

### WORK EXPERIENCE

---

#### **Sales and Marketing Assistant**

*Summer 2022/2023*

Quinlan Brothers Ltd, St. John's, NL

- Assisted with administrative duties such as Data entry, filling, invoicing, and fulfilling shipments.

#### **Host/Expo**

*Summer 2022/2023*

Jungle Jim's, St. Johns NL

- Two summer seasons experience in a busy work environment. Jobs included maintaining a clean work environment during rush hours, greeting and seating customers and overseeing the quality of Jungle Jim's food line.

### AWARDS / CERTIFICATIONS

---

#### **NCCP Trained coach**, Skate Canada

*2021-present*

- Courses include Planning a practice, Making Ethical Decisions, Coaching Athletes with a disability, Teaching and learning and NCCP emergency action plan.

#### **Marquee Training**, The marquee Group

*2023*

- Discounted Cash Flow (DCF)
- Building a Financial Model (for a business)

#### **Other awards include,**

- Bronze Duke of Edinburgh
- GOLD free skate, skills and dance testing levels
- First Aid Training
- Bloomberg Certified

### VOLUNTEER EXPERIENCE

---

#### **Mun Relay for Life Coordinator**

*2022-Present*

- Raised over \$94,000 on the Relay for the Life Committee to fund Cancer research.