

Sensory Plants

Garden Ornamentals to Stimulate
Smell, Touch and Taste

By Todd Boland

Shrubs

- Daphne species
- Viburnum species
- Rose (shrub types; especially alba and rugosa)
- Lilac
- Mockorange
- Honeysuckle (vining)

Fragrant Bulbs

- Hyacinth
- Daffodil/Narcissus
- Oriental/Trumpet Lily

Annuals

- Sweet Pea
- Sweet Alyssum
- Petunia
- Pansy/Viola

Perennials – June-July Blooming

- Lily-of-the-Valley - *Convallaria majalis*
- Sweet Woodruff - *Galium odoratum*
- Pinks - *Dianthus spp.*
- Early Daylily - *Hemerocallis flava*
- Sweet Rockets - *Hesperis matronalis*
- Peony - *Paeonia hybrids*

Late Summer-Fall

- Japanese Bugbane - *Cimicifuga ramosa*
- Garden Phlox - *Phlox paniculata* hybrids
- Soapwort – *Saponaria officinalis*
- *Hosta 'Fragrant Boquet'*

Fragrant Foliage

- Calendula
- Scented Geranium - *Pelargonium* spp.
- Scent-leaved Geranium - *Geranium macrorrhizum*
- Mint – *Mentha species*
- Oregano – *Origanum* species
- Lavender - *Lavendula*
- Beebalm – *Monarda didyma*
- Perennial Sage - *Salvia pratensis*
- Yarrow – *Achillea* species
- *Artemisia* species

Soft-Touch Plants

- *Artemisia* species
- Lamb's-ear – *Stachys lanata*
- Mint-scented geranium
- Mullein – *Verbascum thapsus*
- Rose campion – *Lychnis coronaria*
- Ornamental grasses

Rubbery Plants

- Sedum species
- Hens and Chicks – Sempervivum cultivars
- Ice-plant - Mesembryanthemum

Leathery Plants

- *Canna* lily
- *Ligularia* species
- Hart's-tongue fern – *Asplenium scolopendrium*
- Wild ginger – *Asarum* species

Prickly Plants

- Teasel – *Dipsacus fullorum*
- Sea-holly – *Eryngium* species
- *Bolax glebaria*