Bios of Host and Artists:

Sophie Angnatok
Sophie Angnatok is an Inuk performer originally from Nain, Nunatsiavut. Inspired by a newspaper clip of her Anasiak Elizabeth Andersen, Sophie has been practicing the art of throat-singing and traditional Inuit drumming for nearly two decades. She has been performing for diverse audiences locally and across the country. Her career has led her to be involved in many festivals, community functions, and arts-based events. She even performed for the Prime Minister during The Truth and Reconciliation apology for Labradorimut. Sophie currently lives in St. John’s, Newfoundland where she plays an active role with her local urban Inuit community. She often shares her love and knowledge of Inuit culture and is a leader in her practice.

Anita Best
Anita Best is a traditional singer and storyteller working primarily with Newfoundland songs and stories. She also works as a broadcaster and folklorist. Anita has received several honours for her work in collecting and disseminating Newfoundland folksongs, including the Marius Barbeau award from the Folklore Studies Association of Canada and an honorary doctorate from Memorial University. She was named to the Order of Canada in 2011. She currently lives in Norris Point, in the heart of Gros Morne National Park, where she volunteers with the Voice of Bonne Bay community radio station.

Tama Fost
Tama Fost is first generation urban Inuk, born and raised in St. John's. She is a proud mother of her eleven-year-old boy who has been throat singing since he was a baby. She completed a Bachelor of Arts (English and Aboriginal Studies) in 2013; prior to joining the St. John’s Native Friendship Centre team, she was employed for five years with Nunatsiavut Government, and was an electoral candidate in the 2017 by-election for the Ordinary Member (Canadian Constituency) of the Nunatsiavut Assembly. With a strong passion for Inuit culture, language and traditions, Tama is honoured to facilitate Inuit specific programming as well as cultural support to all community members.
Dale Jarvis (Host)

Dale Gilbert Jarvis is a storyteller and professional folklorist. By day, he is the provincial folklorist for Newfoundland and Labrador. By night, he is the proprietor of the St. John’s Haunted Hike ghost tour, and raconteur of local tales. Dale tells ghost stories, stories of the fairies and little people, tales of phantom ships and superstitions, and legends and traditional tales from Newfoundland, Labrador and beyond. His repertoire includes long-form folk and fairy tales, with a wide-ranging knowledge of local legends, tall tales, and myths. Former newspaper columnist and author of several books on island folklore, he is a tireless promoter of local culture and oral history.

Kelly Russell

A professional musician since 1975, Kelly has been a member of landmark groups Figgy Duff, The Wonderful Grand Band, The Plankerdown Band, The Irish Descendants Working closely for many years with legendary fiddlers Rufus Guinchard and Emile Benoit, learning, recording and documenting their music, Kelly has inherited genuine status as one of Newfoundland's leading traditional music performers. Kelly performs his solo show Tunes & Tales of Pigeon Inlet weekly in summer at The Crow’s Nest in St. John’s. He has been designated the Province’s first Tradition Bearer, awarded The Queens Diamond Jubilee Medal and named to The Order of Canada.