

WAMUN Newsletter



Women's Association of Memorial University of Newfoundland Vol. 43 no. 1 September 2015



Dear Friends:

Welcome back!

As the summer that never quite arrived rapidly escapes from us, I hope this newsletter finds you all well and well read. It is been the perfect summer for getting a head start on book group selection!

News from the AGM:

We were happy to see all the members who came to the AGM in April. It was the rollicking, exciting affair that it always is. Aside from the good food and convivial conversations with friends, we attended to a few items of business, approving a constitutional change and electing a new executive for the coming year. The constitutional change, which was proposed in the March newsletter, has changed our financial year so that it now runs from September 1 to August 31. This change was made to make it easier for the treasurer to complete the year-end books in time for them to be reviewed and presented at the Fall General Meeting.



A special welcome to those who are new to the executive. Bev Gardner has agreed to serve as secretary, while Sue Murdey is bravely returning for a term as treasurer. Many thanks are due to out-going executive members Mary Chalker and Joan Fuller for their hard work as treasurer and secretary over the past two years. We were also thrilled to present Karen Lippold, a past president of the association and hard working member of the social convenor group, with the distinguished service pin for 2015.

A special moment at the AGM was our presentation of a cheque for \$2500 to Rebecca Dutton from Alumni Affairs. This donation to the WAMUN Scholarship Fund was in addition to the contributions made by our members during the past year. At the AGM in April 2014, we voted to make a \$1000 donation, but we then found that we would be able to increase the amount to \$2500. This was approved by vote by the members present at the Fall Talk in November 2014. Rebecca expressed great appreciation for the support WAMUN has offered to students over the decades, and noted that our scholarship winners have been notably active in 'paying it forward' in offering their own financial support to students in later years.

Events this Fall:

Planning for the 2015-2016 main events is now almost complete. They are listed in this newsletter and in a printed program which should be available shortly. You can also find the schedule of events at any time on the WAMUN website's HOME and PROGRAM pages. <http://www.mun.ca/wamun/program.php>

In Memoriam

We note with regret the passing of five of our members: Leila Clase, Kjellrun Hestekin, Susan Jackson, Doreen Ross, and Ellen Rusted. In the pages that follow, friends have written tributes to these fine women.

PROGRAM OF SOCIAL EVENTS 2015-2016

FALL RECEPTION AND GENERAL MEETING: 7:30 p.m. SEPTEMBER 16, 2015

FALL POTLUCK AND TALK: 6:30 p.m. NOVEMBER 25, 2015

Doors open at 6:00 Talk begins at 7:30

Speaker: Penny Gillies

Topic: Spreading Smiles in Haiti, one smile at a time.

NEW YEAR'S COFFEE MORNING: 10:30 p.m. JANUARY 9, 2016

SPRING TALK: 7:30 p.m. MARCH 16, 2016

Speakers: Rose Ricciardeli

Topic: A sociologist's view of our prison system

Each of these events will take place in ER 4065, in the Earth Science Building at MUN.
Parking will be available (free) in the lower of the two parking garages beneath this building.
Members and guests are welcome!

ANNUAL GENERAL MEETING AND LUNCHEON 12:00 noon APRIL 23, 2016

Location: Junior Common Room, Gushue Hall, MUN

Doors open at 11:30 a.m. Food is served at 12:00 Meeting begins at 1:00

Fall Potluck and Talk

Spreading Smiles in Haiti - One Smile at a Time

The Canadian International Dental Foundation, has, over the last five years, mounted a multifaceted response to assist with dental health in Haiti. Accompanying her dentist husband, Penny Gillies made her first trip to Haiti in January 2015. She is coming to tell us about the work of the Foundation, and to give us her impressions of how the people in the poorest country in the Americas are faring, since the catastrophic earthquake of 2010.



New Executive 2015-2016

President	Kathy Simonsen
Past President	Julia Mathieson
Vice President	Dorothy Milne
Treasurer	Susan Murdey
Secretary	Bev Gardner
Membership Chair	Susan Goold
Social Convenors	Brenda Burness Karen Lippold Ingrid Pardoe
Newsletter editors	Dorothy Milne Susan Goold



Front Row, left to right: Ingrid Pardoe, Brenda Burness, Bev Gardner, Dorothy Milne. Back Row, left to right: Susan Goold, Kathy Simonsen, Karen Lippold.

Distinguished Service Award

At the April 2015 AGM, the Distinguished Service Award was presented to Karen Lippold (left) by Kathy Simonsen, President of WAMUN.



Membership Renewal

It is that time again - time to renew your WAMUN membership. Dues are still only \$15 for electronic delivery of the newsletter and \$20 for a posted copy. Attached with this newsletter is the membership form you need to fill out and return to us. You can also find the membership form at this link if you prefer: http://www.mun.ca/wamun/WAMUN_Mem_Form_2014.pdf

We hope to see many of you at the Fall Reception on September 16th. If you come, you can bring the form and payment by cash or cheque with you. If you can't come to that event, you can bring the form and payment to one of the interest group meetings. If neither of those options works for you, please mail the form and cheque to the address shown on the form. If you are paying by cheque, please make it out to 'WAMUN'.

Please Note:

When writing cheques, membership dues and scholarship fund donations are sent to *different funds*. Please be sure to write cheques for scholarship donations to "MEMORIAL UNIVERSITY".

New members are welcome

Our membership numbers are holding steady. As some members have moved on or passed away, others have joined, often after getting to know us by attending an interest group or two. If WAMUN is to thrive, we will need a steady stream of new members. If you know women who have recently retired or moved to St. John's - women who might enjoy our fellowship - why not invite them to one of our events or activity groups? Or, refer them to our website so they can see for themselves what sort of activities we have. You might even offer to give them a year's trial membership.

You may have to reassure potential members that it is *no longer* necessary to have any connection with Memorial University to become a member.

Some photos from the April 2015 AGM



The WAMUN Scholarship Fund

Our success to date:

Since the beginning of its scholarship program in 1978, WAMUN has provided 219 scholarships. We now provide eight awards annually, four for undergraduates and four for graduate students, each valued at \$1200. It costs us \$7200 per year to fund the scholarships. (Four of them are cost-shared with the School of Graduate Studies).

The need for donations:

In the past year, \$2425 was contributed through individual donations, about \$30 per member. Some of us are more able to donate than others, of course. However, at today's low interest rates, the endowment fund is less able to fund the scholarships than it was in earlier years. Now that we are no longer fund raising, the shortfall needs to be met with member donations. It would be very helpful if those of us who can, would consider increasing the amount of their donation this year.



The photo shows three of last year's scholarship winners: from left to right: Melissa Power, Emma Lang, and Camilla Parsanini.

Please remember to make your cheque for scholarships out to "MEMORIAL UNIVERSITY"

The Scholarship Donation Form can be found at the end of this Newsletter. Print copies can also be obtained from Susan Goold at our events and from the convenors at interest group meetings.

You can also access it by clicking on this link:

http://www.mun.ca/wamun/WAMUN_DONATION_FORM_rev_2011.pdf

To read the 2014-2015 WAMUN Endowment Fund Report, click on this link:

<https://drive.google.com/drive/u/1/folders/0Bz6MgKWJOUmVYkNyWlpDcVB1QmM>

Campus Food Bank

For many years, WAMUN has supported the Campus Food Bank. Our support now is more necessary than ever. Economic conditions are all the more difficult for students, with food costs rising and jobs hard to get. Thus, we make the usual plea for non-perishable food items. Food donations are accepted, year round, at all WAMUN events and at most interest group meetings.



Cheques are also welcome. They allow the food bank to buy perishable items such as milk, eggs, and fruit. Donations made by cheque are eligible for a tax receipt.

Cheques can be made out to: "MUN Campus Food Bank".

In Memoriam: remembering five of our members

Leila Clase 1935 - 2015

"She never hurt a fly!" That is what I said to the nurse at the Palliative Care Unit when Leila died last November. Was it a strange thing to say? Maybe not even a fact?

Why did I not talk of her encyclopedic knowledge of plants, her respect for all things botanical, which made her such a gifted gardener? Mentioned her commitment to the MUN Botanical Garden where together with Howard, her husband for over 50 years, she was a much admired and very hard working volunteer? What about the lovely new garden she created after moving from her Eden behind the Holland Nurseries?



I could have spoken of her culinary skills, nothing slapdash or gimmicky ever came out of her kitchen, only delicious food adorned with herbs or flowers grown by the kitchen door. Or Leila the linguist. How many people study Inuktitut? How many students of Russian are asked by their professors to teach the course next time around?

The members of the NDP Women's caucus could have told you about her commitment to Social Justice. Our own book group appreciated her calm presence and well-considered opinions. And, throughout their many years in St. John's Leila and Howard were enthusiastic supporters of the Arts.

But when sense of style, home-making skills and all other talents are no longer of much importance, Leila with her innate modesty and deep connection to all living things, would possibly have appreciated my comment re the fly.

--- *Elke Molgaard*

Kjellrun Hestekin 1948 - 2015

Kjellrun began attending WAMUN interest groups about two years ago. The walking groups probably got to know her first. She went on many walks with both the Monday and Saturday groups, undeterred by the coldest weather or roughest trails. When she attended E-Toys meetings, she cheerfully put her extensive knowledge of computers to use in helping others. What most of us will remember most about her was her unfailing good humour and bright smile, as well as her gentle and self-effacing manner. We hoped to get to know her better.



Kjellrun was born in Eau Claire, Wisconsin into a family of Norwegian heritage. Her first love was music, having sung in her church choir and played the French horn in her high school band. She arrived in St. John's in 1976 where she was one of the four faculty members who founded the School of Music at Memorial. In the early days of the School, she organized musical events and visited schools around the

province. Her energetic and innovative approaches to teaching in those early years were remarkable. She taught in the School of Music for almost forty years, and thus taught an entire generation of young musicians, both popular and classical, in this province. Not only a well-known and loved professor, she was awarded the President's Award for Distinguished Teaching in 2004. In the School's early days, she directed the MUN Concert Band. Over the years, she also played in the NSO, and sang in the MUN Festival choir, the MUN Chamber Choir, and in Cantus Vocum. She volunteered for Festival 500 and the Tuckamore Chamber Music Festival.

Few people were aware of her important work with the MUN Faculty Association. For a number of years, she served on the union's executive, negotiating team, and grievance committee. In these roles, she advocated for the rights and needs of her colleagues, sometimes under difficult circumstances. These tasks required a lot of courage from someone with a gentle and congenial nature, tasks which most people are unwilling or not strong enough to take on themselves.

From childhood, she was an active outdoorsperson, hiking and skiing. In Newfoundland, she continued to enjoy the wilderness. Summer holidays for her often involved biking through some of the more obscure European countries. Travelling combined her love of languages with her sense of adventure. A perennial student and curious about everything, she was never without a book in her hand, even in post-retirement years. Hers was a life lived intensely and well, with many friends, and ended far too soon.

--- Dorothy Milne

Susan Jackson Passed on April 25, 2014

Susan was born in Vienna. Since she preferred not to reveal her date of birth it is not shown above. She and her husband Herbert moved to Newfoundland in 1951.

Susan and I got to know each other when my husband died in 1991. Susan, and her husband Herbert, were kind and helpful to me at a difficult time. I realized then, and often later, why they were so loved by faculty, staff and students in their early years in St. John's. They both took care of anyone new to the university and, many years later, students would get in touch with Susan whenever they returned to St. John's for a visit and she welcomed them with open arms.



We became close friends when Herbert died in 1995. Susan was full of life and was game to do anything and go anywhere at the drop of a hat. She was always there whenever anyone had problems, having them over for coffee or taking them food. She was a wonderful cook and was the convenor for the WAMUN International Food Group for a number of years. The food group committee had many lively discussions at her house, always ending with delicious cake and tea.

She was an avid cross-country skier and was still skiing 18 months or so before she passed away. She also loved to swim in Western Gully Pond in Portugal Cove, even when the water was very cold, and went frequently to the Aquarena.

On holiday with her in Germany I came to realize what a determined lady she was. We had to stop every afternoon for fabulous cream cakes and coffee, even if we'd only eaten a couple of hours earlier. One didn't argue with Susan!

She was a kind and wonderful lady and I miss her. --- Brenda Burness

Doreen Ross 1929 - 2015

Doreen arrived in Newfoundland from England in 1954 to take a position as an outpost district nurse, first in Ramea and then Port aux Basques and Placentia. In her position she introduced well baby clinics and maternity clinics to improve the health of mothers and children.

In 1959, she married John Ross, a community doctor in various locations in Newfoundland. She became actively involved with the Red Cross, raising funds as campaign chair and becoming president of the local chapter in Placentia. She actively volunteered in the community, helped establish well baby clinics and blood collection services, and taught home nursing. In the 1950s and 60s she was involved with Girl Guides in several communities and started a Guide company in Freshwater, Placentia. In 1985, she was presented with a 26-year service pin in recognition of her years of service.



In 1989, Doreen and her husband left on a CIDA-funded mission to Uganda. While there, she joined the board of the Salvation Army orphanage where she helped raise funds. As well, she made curtains for the orphanage windows and screens for the hospital out of materials used for packaging to provide privacy and dignity for patients.

After her return to Newfoundland, she was a volunteer at the Gathering Place and at the Anglican Cathedral. At the Cathedral, she served as a summer tour guide and as an assistant in the office, and helping with summer teas in the Crypt. She helped with a weekly afternoon tea at St. Luke's Home. She was also an active member of her condominium community, helping to arrange social activities and making hospital visits to ailing and sick neighbors.

Doreen continued all these activities until ill-health forced her to give up her volunteering activities. Even then, she continued to make marmalade and sent pots of it to friends in nursing homes. She was a gallant lady who dedicated herself to others. I miss her greatly as a friend and neighbor.

--- Kay Matthews (with assistance from Pearl Herbert)

Ellen Rusted 1917 - 2015

Ellen was born in Stenderup, Denmark. After an adventurous childhood living in Denmark and Belgium, her family arrived in Canada in 1929 to start a new life in Tatamagouche, NS. At the age of 19, she moved to Montreal where she worked at the Royal Victoria Hospital until her marriage to Ian Rusted in 1949. Ellen and Ian moved to Rochester, Minnesota and lived there until 1953 when they moved to St. John's. Ellen devoted her life to nurturing her husband, children, and grandchildren. She was active in art groups, various charitable causes, her church, and in later years, the embroidery guild. Ellen was a magnificent cook, a gracious hostess and avid gardener.



A friend, Dorothy Harris, remembers what a gentle, kind, and generous person Ellen was. When her children used to visit Ellen, there was always a cookie for them. When she and her family were leaving St. John's, Ellen arrived at the house with a basket of food.

Julia Mathieson remembers that she first met Ellen when she moved to St. John's 36 years ago. Both were members of WAMUN, both their husbands were doctors. Ellen had worked in the Royal Victoria Hospital in Montreal where Julia had trained. They had a lot of common interests.

Julia writes: "Ellen welcomed me with open arms and we warmed to each other easily. She was a gracious hostess who enjoyed entertaining. We were often there for WAMUN morning coffees and we later served on a WAMUN committee together, probably in the year of WAMUN's first Silent Auction fund-raiser. Ellen loved to knit and always had busy needles. I have one of the throws that she knit. We were both attendees at the Anglican Cathedral. Later in her life when she no longer drove, I used to take her to Church and her home again. We enjoyed each other's company. After one such Sunday, she gave me, insisted I take, a silver soup tureen. It is much too large for regular family meals and so I use it only at Christmas when I fill it with holly from my garden and think of her and her many kindnesses to me. I will shine it up and fill it with a few extra sprigs this year in her memory. Ellen was a warm friendly lady and it was my great pleasure to know her."

--- Julia Mathieson and Brenda Burness

Interest Group News and Plans

Art Happenings

Our goal for this new group is to alert members to art happenings in the St. John's area and to arrange visits to exhibitions and galleries.

Our rookie interest group continued happily throughout the winter and spring. In monthly meetings since January we visited the Christina Parker Gallery, the Emma Butler Gallery, the Leyton Gallery of Fine Art, the Red Ochre Gallery, and the Peter Lewis Gallery. Each visit concluded with discussion and convivial conversation over coffee or tea at a nearby watering hole.

Our dedicated members have inspired us to continue next year. We'll send a monthly email to our members highlighting local art events, including Cineplex art showings. We'll wrap up the email with a *Pick-of-the-Month* - a gallery or exhibition for our group visit.



New members and new suggestions are welcome!

The time and place of the next monthly visit is also show on the group's page on the WAMUN website :

<http://www.mun.ca/wamun/arts.php>

--- Tonya Bassler and Olga Broomfield-Richards, convenors

Book Discussions -- Mostly Fiction

The flourishing, ever popular Mostly Fiction interest group will continue to meet in two sections starting in September. Members opt for one particular section, but since both sections read the same selection every month, a member might from time to time attend the other section if her own personal schedule is in conflict. New members are welcome in either section

The two sections usually meet at 2 p.m. at the Marjorie Mews Library. One group meets on the second Tuesday of the month and the other on the fourth Tuesday.



We combine our two sections whenever authors join us. We will be reading two novels by well-known local authors this year: Michael Crummey (*Sweetland*) and Lisa Moore (*Caught*).

They will attend a joint meeting on November 24, 2015 and March 8, 2016 respectively.



The two sections combined for our final meeting of the 2014-2015 year in June. We enjoyed our traditional annual evening potluck meal followed by an animated discussion about the selection of books to read in the coming year. Each member could suggest up to two books, which she must have already read. After the discussion, we voted to determine the reading list. --- Tonya Bassler, convenor

THIS YEAR'S BOOKS



READING SCHEDULE 2015-2016

September 15 & 29	<i>All the light we cannot see</i> by Anthony Doerr
October 13 & 27	<i>The Headmaster's Wager</i> by Vincent Lam
November 24 (both sections)	<i>Sweetland</i> by Michael Crummey
January 12 & 26	<i>Far from the Madding Crowd</i> by Thomas Hardy
February 9 & 23	<i>The Little Old Lady Who Broke All the Rules</i> by Catherine Ingelman-Sunberg
March 8 (both sections)	<i>Caught</i> by Lisa Moore
April 12 & 26	<i>The Garden of Evening Mists</i> by Tan Twang Eng
May 10 & 24	<i>The Girl on the Train</i> by Paula Hawkins



The Mostly Fiction Book Discussion Group at the June 2015 Meeting.

The schedule is also shown on our webpage: <http://www.mun.ca/wamun/BookGroups/fiction.php>

Book Discussions -- Nonfiction

The Nonfiction Book Discussion Group has been meeting for over a decade now. No one should be surprised at the discussion generated by mixing selected nonfiction books with a small, eclectic group of friends, but one is. Like our reading, our discussion is wide-ranging and sometimes off-topic, but always interesting and never stuffy.

In 2014 – 2015 local authors joined us at two meetings. The first was a wonderful social occasion that featured Anne Budgell, whose book *Dear Everybody*, was chosen by both the Nonfiction and the Mostly Fiction Book Groups. Later in the year, we met with Jo Shawyer to talk about *Occupied St. John's*. We shared many memories and particularly enjoyed her insights into the history and changing geography of St. John's.



We also walked through pre-WWII Europe with Patrick Leigh Fermor (*A Time of Gifts*) and were dumbfounded by his vocabulary and ability to describe architecture. We considered "A Curious Account of Native People in North America" as Thomas King subtitled his book (*The Inconvenient Indian*) and searched for truths about the life and burial of an Egyptian King (*Tutankhamen*), to name but a few of our experiences.

This year we are ready to explore: what life was really like in the Victorian era (*How to be a Victorian*), what it was like for a white child born during the Rhodesian civil war (*Don't Let's Go to the Dogs Tonight*). We will read a page-turning account of the extraordinary life of a religious figure (*The First Muslim*), and learn about disappearing religions in the Middle East (*Heirs to Forgotten Kingdoms*). We will examine the impact of genetics on our lives (*The Violinist's Thumb*) and discuss changes in style and grammar (*A Sense of Style*). We will think about the challenges of coping with the aftermath of the death of parents (*They Left Us Everything*) and about how society deals with the aged in the period before death (*Being Mortal*). And, finally, we will share a hilarious account of the travels of a 19th century explorer in the far north (*Tent Life in Siberia*). Each of these books has been test-run and enthusiastically recommended by a member of our group. --- Deborah Rehner



Come join us in the discussion of some or all of these books ! The reading list for this group can also be seen on the website: <http://www.mun.ca/wamun/BookGroups/nonfiction.php>

READING SCHEDULE	
September 8, 2015	<i>How to be a Victorian</i> by Ruth Goodman
October 6, 2015	<i>Don't Let's Go to the Dogs Tonight</i> by Alexandra Fuller
November 3, 2015	<i>The First Muslim</i> by Lesley Hazleton
December 1, 2015	<i>They Left us Everything</i> by Plum Johnson
January 5, 2016	<i>Tent Life in Siberia</i> by George E. Kennan
February 2, 2016	<i>A Sense of Style</i> by Steven Pinker
March 1, 2016	<i>Being Mortal</i> by Atul Gawande
April 5, 2016	Presentation of members' recommendations for 2016 - 2017*
May 3, 2016	<i>The Violinist's Thumb</i> by Sam Kean
June 7, 2016	<i>VOTING and Heirs to Forgotten Kingdoms</i> by Gerard Russell

Scrabble

Anyone out there love word games? If you do, come join us on Wednesday mornings to play Scrabble. We start to assemble at 9:30 a.m., but don't actually start playing until 10. We then play for as long as people wish to stay. We play every week, year round. We play no matter what the weather. Some of us have even been known to brave snowstorms to come!

No one needs to feel intimidated. We have players at all levels of skill so we can pair up and play at our comfort level. Everyone likes to win, but we aim mostly just to have fun and socialize. No need to sign up in advance, just show up whenever you wish. Looking forward to seeing you there!

Where and When: 10 a.m., every Wednesday
at Starbucks in Chapters on Kenmount Rd.



--- Susan Goold

Coffee Mornings

Coffee morning has been popular with our members for decades.

Gathering in private homes every other Wednesday morning at 10:30 with coffee, tea, something savory, something sweet, we talk about anything and everything. Showing off your latest knitting, asking and getting advice about something, discussing whatever is on your mind, talking about wills -- yes, that was done last Spring -- telling funny stories, it is all part of coffee morning. Members take turns hosting, but we don't stress over providing refreshments. Three items - one savory and one sweet with a little cheese and maybe a bit of fresh fruit - are all that's required. However, if you want an excuse to bake and serve more, we won't say no. It's a good chance to try a new recipe! Members are only too happy to be part of a taste panel.

Tip: our members do like a sweet chocolate item, and this can be classified as a fruit if you wish.

Come and join our warm, supportive group. You will leave with good karma and satisfied taste buds.

To get on the e-mail or phone list, contact us at wamun@mun.ca

--- Ruth Noel, convenor



E-Toys

We're the group that plays with those electronic toys you love to hate. We begin our third year with the same idea we started with in September, 2013. We bring our iPads, Samsung Tablets, Kindles, smart phones, cameras, laptops and our questions. These contraptions are supposed to be user friendly, but a trick that seems intuitive once you have done it several times can be almost impossible to discover. So, another member who has learned how shows how it's done. We bring our frustrations and we leave having laughed a lot and usually having learned something new.

Last year, we settled into a format of having one table for iThings, especially iPads, and another table for Androids. We're planning to keep this format for the coming year.

Most of us have an iPad, so there was a steady group of 4 to 8 people learning about iPads. In the course of the year, we covered: taking photos, making photo albums, emailing, writing, playing games (e.g. Scrabble), using FaceTime, listening to and storing music, etc. One day we even used FaceTime to see and talk to one





of our members who was at that moment visiting Las Vegas. For many, an introduction to using a smart phone is a prime concern. We have seen some who started out saying 'I don't know how to turn the thing on' become people who show newbies how it's done. As simple as it sounds, that's the idea.

Special thanks are owed to Karen Herzberg who ably and patiently introduced a group of newcomers to the mysteries of the iPad for many weeks last Spring.

Please note there will be a new place and schedule for the meetings :

This year we will be meeting every second Thursday, at the Marjorie Mews Library, from 1:30 to 3:00 p.m. By meeting every second week, we will only have to remember whether or not we came last week!

The date of the next meeting can also be found on the group's webpage: <http://www.mun.ca/wamun/ET.php>



New members, and new ideas for e-topics are most welcome. Feel free to bring a friend.

The co-convenors for this group are Susan Goold, Karen Herzberg and Dorothy Milne
--- Karen Herzberg and Deborah Rehner

Music Interest

The Music Interest Group has been meeting for just two years. Over that period, we have explored a variety of things musical. In 2014–2015, for example, we surveyed the music of three composers: Brahms, Britten and Chopin; enjoyed music from the movies and musical theatre; went to YouTube to find out what it would be like to dance the hornpipe and gavotte and similar dances; heard about Gaelic song tradition; visited the Czech Museum of Music and its historical collection of musical instruments.



Generally, we pick a theme for a meeting, and then several among us explore the internet for musical selections of interest, which we play, using a laptop and a portable speaker, and sometimes even a projector if we have images to go along with the music.



Giraffe Piano

In 2015–2016, we will almost certainly survey a few more composers and may be in for a few surprises. In the past year, at least, it seemed good not to try to plan too far ahead, but rather leave space for our ‘whims’ and personal favorites as they developed.



Chopin

We invite you to our first meeting for the year on Tuesday, September 22 at the Marjorie Mews Library at 2:00 p.m. Everyone is welcome. Come join us!

At this meeting, we plan to listen to a musical gift from a friend. We'll also set aside some time to talk about what we might like to do during the next few months, what particular topics we would like to focus on.

A record of our past meetings, and the topic of the next meeting can be found on our page on the WAMUN website: http://www.mun.ca/wamun/music_interest.php

--- Deborah Rehner, convenor

Monday Walking Group

For faster, longer and sometimes more challenging paths, walk with the Monday group. A Sunday afternoon email tells you where we will meet at 1:30pm the next day, rain or shine, all year long. This June we enjoyed a remarkable run of Mondays when the rain stopped just minutes before we started out for a nice dry walk. We favour natural or at least green areas in or near St. John's or Mount Pearl or bits of the East Coast Trail. So join us for some friendly talk as we get a bit of exercise each Monday.

Over the past nine months, we walked on the trail south from Cape Spear, walked the Signal Hill trail to have a look at the eagles' nest (twice), walked the Three Pond Barrens (several times), went snow-shoeing in Pippy Park and Bowring Park, as well as walking in other locations.

To get on the mailing list, contact Marjorie Evans marjjevans@nl.rogers.com or phone 722-1925 (or call cell 730-2284 but only just before walks)

-- Marjorie Evans



Saturday Walking Group



This past year may always be remembered by the Saturday Strollers as the year when we saw Kjellrun's quietly smiling face on many Saturday walks and looked forward to getting to know her better on later walks. Sadly, that opportunity will never come, but we are still being reminded of her by the presence of her dog, Cricket, who has a mind of her own.

Happily, this year will also be remembered as the year in which Dorothy became an avid photographer and documented our walks with pictures of people, dogs, ponds, rivers, cascades, the city, the ocean and flowers. You can see photos of our recent adventures here:

http://www.mun.ca/wamun/walking_gp_photos2015B.php

A glance through the website shows that if there is a trail that's not too hard to reach from St. John's, and not too strenuous for the less able among us, we are likely to try to walk on it. We have our favorites: Bowring Park, which is always accessible, even in the snowiest part of winter; Cobblers Brook Trail, which is a fairly accessible walk to the ocean; all parts of the T'Railway, starting from the harbour and walking (1 or 2 km at a time) along the old railroad bed; the Virginia River Trail, from Quidi Vidi Lake north to beyond the Hindu Temple. And every once in a while, we find a new place to walk that we did not know about before. And, this year once again we participated in the Grannies Walk around Quidi Vidi Lake.



Weather rarely stops us! We missed no more than four times last year, despite the occasional challenges of bitter cold, brisk winds, snow or heat. In winter, we walk on roads that are ice-free. Since some of us walk faster than others, we pair up with others who match our level of ability. No level of ability is too slow. We offer an opportunity for exercise to even the slowest walkers.



We walk up to one hour, then gather for coffee and conversation.

The after-coffee chat is almost as important as the walk.

Everyone is welcome, including four-footed friends. We walk every Saturday at 1:30 p.m. Come join us!

Notice of each walk is sent out by email or phone usually on Friday.

-- *Deborah Rehner, convenor*

Women's Association of Memorial University of Newfoundland Membership

Personal information will not be used or disclosed for purposes other than for sharing information between WAMUN members. Initial here _____ if you do **not** wish your contact information to be displayed on the membership list.

Please initial here _____ if you do wish to receive emails from WAMUN, such as notice of meetings and other items of interest. In compliance with the Anti-spam law, we cannot send you such e-mails unless we have your indication here.

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Membership: New _____ Renewal _____

Membership fee:

if Newsletter is sent to email address provided above _____ \$15

to university address as above _____ \$15

to home address by post _____ \$20 (\$5 extra is for postage)

Amount enclosed: \$ _____ (make cheques payable to **WAMUN**)

Mail to: WAMUN
Arts and Administration Bldg., Mail Room Box 130
Memorial University P.O. Box 4200
St. John's, NL, A1C 5S7

Special Interest Groups: Indicate below any group you may be interested in attending.

Visit our website at www.mun.ca/wamun for further information about our activities.

Art Happenings _____ Coffee mornings _____ E-Toys _____ Book Discussion, Nonfiction _____

Book Discussion, Fiction (1st Tuesday) _____ Book Discussion, Fiction _____ (4th Tuesday)

Music Interest _____ Scrabble _____ Monday Walking _____ Saturday Walking _____

WAMUN SCHOLARSHIP DONATION TO MEMORIAL UNIVERSITY

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