Are you exploring or planning your career and looking for advice? Here are some steps you can take towards navigating your career path. This checklist is a guide to help you keep track of what you have already done as well as what you have left to do in your career development journey.

Checklist

1. Learn about Yourself
   - Check out Career Cruising
   - Complete the Strong Interest Inventory
   - Reflect on your skills, interests, and strengths

2. Explore Career Options
   - Participate in the Externship or Discover Talent programs
   - Attend employer information sessions on campus
   - Conduct an informational interview with employers of interest
   - Research labour market information
   - Explore job search websites (e.g. Job Bank, Career Beacon, Indeed)

3. Build your Network
   - Think about who is already in your network (make a list)
   - Attend networking events on campus
   - Volunteer
   - Look for part-time employment
   - Create or update your LinkedIn profile

4. Getting the Job
   - Create or update your resume and cover letter
   - Practice your interview skills by booking a mock interview
   - Attend weekly career development workshops

To book an appointment with a career advisor, visit: https://www.mun.ca/student/student-success/career/

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