PSYD PRACTICUM GOALS AND OBJECTIVES

Within 2 weeks of the beginning of each placement, the supervisor and student are expected to establish specific goals and objectives for the overall practicum. A review of the goals and objectives completed in the student’s previous practica should be helpful as part of this process. Using the attached form, students and supervisors should rate the student’s entry skill level for each goal identified and establish a target level of mastery based on the anticipated practicum experience. Progress towards the goals should be reviewed midway through the practicum, and revisions made where necessary. Exit ratings should be completed for each goal at the end of the practicum.

There is no set number of goals to be established: **supervisors and students should feel free to set as many goals as seems appropriate.** Sometimes students and supervisors find it helpful to set additional short-term goals over the course of the practicum. An additional sheet is provided for this purpose.

**Competencies**
The following list of competencies is intended to help with assigning goals to particular domains. More detail concerning the types of skills that might be included in each section can be found by looking at the student evaluation form.

**1. Science**
- A. Scientific Mindedness and Clinical Application of Research

**2. Professionalism**
- A. Self Reflective Practice and Interpersonal Functioning
- B. Ethics and Professional Standards

**3. Relationships**
- A. Professional Deportment
- B. Consultation and Functioning in Interprofessional Systems
- C. Individual and Cultural Diversity

**Functional competencies** are the functions or actions that a psychologist is expected to carry out.

**1. Assessment**
- A. Psychological Assessment & Diagnosis

**2. Intervention**
- A. Individual Intervention Skills
- B. Group Intervention Skills

**3. Supervision**
- A. Participation in Supervision Process
- B. Professional Development: Efficiency & Prioritization
- C. Provision of Supervision
Skill Level Ratings

Advanced Skills (AS): Skills and performance consistently meet the expected practice standards of the profession with minimal supervisory guidance and the student is able to fully engage in self-reflective practice. This rating might be expected at the completion of post doctoral training or the Psychology Board registration year. However, it is possible that some interns and advanced practicum students will be functioning at this level within some of the competency areas.

High Intermediate Skills (HIS): Competency attained in all but most complex cases; students demonstrate sophisticated and refined clinical skills and generally meets all expected professional standards of practice. Supervisors still provide overall management of students’ activities; however the depth of supervision is based on specific clinical needs (e.g. some areas will require very little oversight, while others may be the focus of more in-depth feedback). This rating might be expected at the end of the Internship or of some advanced practica.

Intermediate Skills (IS): Able to identify and meet expected professional standards but may need prompting, may not apply consistently, or may not understand nuance or complexity of issues. Most common rating during practica and at the beginning of internship. Routine supervision of clinical activities has a focus on refining and expanding professional and clinical skills.

Novice Skills (NS): Meets part of the expected professional standards of practice, and/or requires supervisory guidance to identify and build the requisite skills to meet standards. Most common rating for junior practicum. However, it would not be uncommon for a senior practicum student or an intern learning a new area to be performing as a novice (e.g. couples’ therapy, group).

Does not Meet Expectations: Intensive remediation required to attain acceptable level of competency consistent with expected professional standards of practice. Implementation of an action plan is necessary with measurable objectives to guide the acquisition of requisite skills.

For the midpoint evaluation, please indicate if progress towards the target is S (satisfactory), NS (not satisfactory) or NA (not available).
PSYD PRACTICUM GOALS AND OBJECTIVES

Name of Student: ______________________________  Semester: ________________

Practicum Location:____________________  Supervisor:________________________

Goal: Competency Domain: ______________________________

LEVEL: Entry ____  Target ____  Midpoint  S / NS / NA  Exit _____

Goal: Competency Domain: ______________________________

LEVEL: Entry ____  Target ____  Midpoint  S / NS / NA  Exit _____

Goal: Competency Domain: ______________________________

LEVEL: Entry ____  Target ____  Midpoint  S / NS / NA  Exit _____

Goal: Competency Domain: ______________________________

LEVEL: Entry ____  Target ____  Midpoint  S / NS / NA  Exit _____

Goal: Competency Domain: ______________________________

LEVEL: Entry ____  Target ____  Midpoint  S / NS / NA  Exit _____
Establishment of Goals

_____________________     ___________________
Signature of the Student         Date

_____________________     ___________________
Signature of the Supervisor       Date

Mid-Point Evaluation

_____________________     ___________________
Signature of the Student         Date

_____________________     ___________________
Signature of the Supervisor       Date

Final Evaluation

_____________________     ___________________
Signature of the Student         Date

_____________________     ___________________
Signature of the Supervisor       Date

Supervisor’s Comments:

Student’s Comments:
PSYD PRACTICUM ADDITIONAL SHORT-TERM GOALS AND OBJECTIVES

Name of Student: ______________________________  Semester: ______________

Practicum Location: ____________________________________________________

Primary Supervisor: ____________________________________________________

Goal: Competency Domain: ________________________ Date added: ______________

LEVEL: Entry ____  Target ____  Exit _____ Date completed:______________

Goal: Competency Domain: _______________________ Date added: ______________

LEVEL: Entry ____  Target ____  Exit _____ Date completed:______________

Goal: Competency Domain: ________________________ Date added: ______________

LEVEL: Entry ____  Target ____  Exit _____ Date completed:______________

Goal: Competency Domain: ________________________ Date added: ______________

LEVEL: Entry ____  Target ____  Exit _____ Date completed:______________

Goal: Competency Domain: ________________________ Date added: ______________

LEVEL: Entry ____  Target ____  Exit _____ Date completed:______________

_____________________     __________ ______________________     _________
Student Signature   Date   Supervisor Signature               Date
Use additional copies of this sheet as required