

MEMORIAL UNIVERSITY SCHOOL OF NURSING  
*Peer-Mentoring Program 2020-2021*



Welcome to Memorial University's Faculty of Nursing!

This is the beginning and first step of the path to starting a long and successful career as a nurse as well as first introduction into the professional community. The Faculty of Nursing prides itself on student involvement by creating a caring and professional environment. The Peer-Mentoring Program is a student run collaborate effort between Memorial University's Nursing Society and its members to provide a welcoming environment for new students.

No matter if you are a first year university student or have a previous degree, the program will allow for opportunities for you as new students to bond with other students and forge lifelong friendships. It will also help you receive insight about campus activities, and navigate a smooth transition to university and the nursing profession. The goal of the Peer Mentoring Program is to help you, the new nursing student, make the most out of your time here by getting involved in the activities offered at the school. Also, to help you grow a sense of community as well as to have the opportunity to make a difference in the nursing community.

By becoming involved in the peer-mentoring program you will be connected with another nursing student who has already completed one or more years of the program, they will be matched based on similarities that you two may share. It is the responsibility of the mentor to provide assistance and answer questions that may arise in your first year of nursing. This could involve you requiring information specific to nursing or requiring more generalized information about MUN, residence and off campus housing. It can also include information on the location of things in the city and any other needs that you have.

The mentor will provide support and assurance through encouragement and sharing of student knowledge and experiences that will help them adjust to the pace and style of nursing school learning. They will also provide tips for "surviving nursing school" from a student perspective and try to answer any queries you may have about what is required from them in their first semester of nursing school. Your mentor will also encourage you to take advantage of valuable professional development and other learning opportunities and to participate in MUN events and activities.

Becoming involved in the peer-mentoring program is a way to build lasting relationships within the school. If you would like a peer mentor please send an email to [munsonpeermentoring@gmail.com](mailto:munsonpeermentoring@gmail.com) , with your name, year of university, and if you will be living at residence this coming fall. Then please bring along a filled-out copy of the form attached to this letter on the day of orientation.

The objectives for the program are included below. If you have any questions or concerns, please email me at the address given above.

*Objectives:*

- i. Provide support and assurance to first year students through encouragement and sharing of student knowledge and experiences that will help them adjust to the pace and style of nursing school learning.
- ii. To foster professional and personal growth through experiences for both peer mentors and peer mentees
- iii. Provide tips for “surviving nursing school” from a student perspective. Eg. Time management techniques and tips on buying textbooks and scrubs.
- iv. To answer any queries the student may have about what is required from them before beginning nursing school.
- v. Provide basic information about the University. Eg. How to get a parking pass?
- vi. Provide information and answer any questions the first year student may have about the city of St. Johns. Eg. Where is the closest grocery store?
- vii. To encourage students to take advantage of valuable professional development and other learning opportunities
- viii. To encourage students to participate in MUN School of Nursing events and activities
- ix. To build lasting relationships between students

I hope to hear from you,  
Thank you,

Nursing Society

Memorial University Faculty of Nursing  
Peer Mentoring Program

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Age: \_\_\_\_\_

Option:        4-Year                      Fast Track

Is this your first year of University?

Yes

No

If No, what was your previous program of study? \_\_\_\_\_

Are you planning on living in Residence?

Yes

No

If yes, which one: \_\_\_\_\_

Current Address: \_\_\_\_\_

Hometown: \_\_\_\_\_

Interests: \_\_\_\_\_

What is your favorite TV show? \_\_\_\_\_

MUN Email Address: \_\_\_\_\_

Would you be ok with your mentor contacting you through social media? Eg. Adding you on Facebook?

Yes

No

If yes how could they reach you (name you are under):

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What do you most hope to gain from the peer mentorship program?

Tips and support in "surviving nursing school"

Basic information about the university and or the city of St. John's

Tips on how to get involved within the School of Nursing and community

Other, please explain: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_