THURSDAY, Oct. 17

Pancake Breakfast
7:30 a.m.
Main Dining Hall
Who doesn't love pancakes? Skip that boring oatmeal, bring along a non-perishable food item for the campus food bank and come out for a free pancake breakfast. Register online, limited seating available.

Launch
9:15 a.m.
Main Dining Hall
Right after everyone is stuffed full of pancakes, stick around for the official kick-off of I ♥ MUNdays ... but it's kind of top secret, so that's all we can say.

Spirit Parade
9:30 a.m.
St. John's campus
Join in this spirited march around campus; wave a flag, sing a song, represent your house, club or society, or faculty ... just show some spirit! Did we mention there will be a $1000 prize for the most spirited group? Register your group online.

Mid-Term Resource Fair
10 a.m. – 2 p.m.
The Landing – University Centre 3rd floor
Are you in your first year and not sure what program to choose? Have no fear we are here to help! Join us on the 3rd floor of the UC for a Mid-Term academic fair. It will give you an opportunity to get some advice, information and tools you can use to help you with your undergraduate degree.

PLUS

Random Acts of Music and Spirit Award Challenge — all week long!

I ♥ MUN Instagram Contest – Running Sept. 6 – Oct. 28

UC Lounge runs Thursday, Friday and Monday, Tuesday in the University Centre

20% off clothing at the bookstore Oct. 14 – 22

FRIDAY, Oct. 18

Kindness Friday
All Day
St. John's campus
Show some love, it's easy. You can commit your own acts of kindness, or bring in non-perishable food items and help the university community Fill The Square. Register your kindness idea online.

Fill the Square
All Day
Paton College Square
You are invited to join the entire university community in digging deep and cleaning out pantries for a big collection of non-perishable food items – all benefiting the Campus Food Bank.

Faculty Reunion Events
All Day
Various locations
Mark your calendars, dig out those yearbooks and university jackets or jerseys, grab your camera and put yourself back into the picture.Faculties all around campus will be hosting reunion events as a part of Havin' a Time: Reunion 2013. Check out www.munalum.ca for all the details.

UC Lounge Festival
10 a.m. – 2 p.m.
University Centre 3rd Floor
Tired of sitting on the floor in the hallway? Drop into the University center food-court during I ♥ MUNdays week, when it will be transformed into an awesome lounge, complete with a live music and DJ line up!

MUNdays BBQ
11 a.m. – 2 p.m.
Outside the QEII Library
Hungry? We have you covered! Hosted by tech services, all proceeds for this event will support the Roland "Rex" Carter Memorial Scholarship.

SATURDAY, Oct. 19

Community Service Learning Day
All Day
Various locations
This is your chance to volunteer and give back to your community. You will be armed with- personal care item packages, shovels and cowbells! The Community Service Learning Day works alongside several community partners. So come on out for some people who really appreciate a helping hand.

Sea~Hawks Tailgate Party
2 p.m.
King George V
Show your Sea~Hawks pride! Enjoy live music, food and giveaways before and in between the Sea~Hawks soccer matches. Buses will be provided to and from campus.

Out Move Sammy
3:45 and 5:45 p.m.
King George V
In between the Sea~Hawks soccer games the Paton College houses and Burton's Pond Apartments have to get ready for the best residence vs. Sammy dance contest EVER! The winners of the competition bring back some major prizes for their house to enjoy how they please.

Sea~Hawks Soccer Games
3 p.m. and 5:15 p.m.
King George V
Come watch the Sea~Hawks take on Dalhousie in double header soccer matches. The women hit the turf first followed by the men.

Super TSC Night
8 p.m.
Club One
Get ready for a rockin' time good time as you join hundreds of the other alumni on George Street! Relive your memories of former concerts and parties held in the Thompson Student Center. You'll be on the dance floor kickin' up your feet into the night!

SUNDAY, Oct. 20

Sea~Hawks Soccer Games
11 a.m. & 1 p.m.
King George V
Come watch the Sea~Hawks take on Dalhousie in double header soccer matches. The women hit the turf first followed by the men.

PUBLIC EVENT ♥
PRE-REGISTRATION REQUIRED ♥

MONDAY, Oct. 21

MUNday
All Day
St. John's campus
Wear your pride, rock that MUN branded hoodie all day. Lacking in the MUN clothing department? No worries, the bookstore will hook you up with a 20 per cent discount on clothing.

3MT (3 Minute Thesis Challenge)
3 p.m.
The Landing
Three Minute Thesis (3MT®) is a research communication competition developed in 2008 by The University of Queensland (UQ) in Australia. Research students have three minutes to present a compelling oration on their thesis and its significance.

32nd Alumni Tribute Awards
6:30 p.m.
Sheraton Hotel Newfoundland
Join us as we shine the spotlight on some of our proud graduates during the 32nd Alumni Tribute Awards where Memorial will recognize excellence among its alumni.

Joyful Noise
7:30 p.m.
St. John's Chapel
MUN Chaplaincy presents 'Joyful Noise' an evening of inspirational and spiritual music. Enjoy musicians both local and from around the world.
Food donations will be accepted for the Campus food bank.

TUESDAY, Oct. 22

Health Circus (Closing Event)
11 a.m. – 3 p.m.
Field House
Come one, come all to the Field House big top for a day dedicated to healthy living. Featuring free fitness classes, the Memorial health challenge, demonstrations and the amazing Wonderbolt Circus, this event is sure to have something for everyone!

I ♥ Touque Day
10 am. – 2 pm.
ED 2000, ED 1032
Drop off your scarves, hats and mittens to Distance Education, Learning and Teaching Support in the Education Building and we'll donate them for you, sending you off in style wearing a Memorial@Home touque. All donations are distributed to the Froude Avenue Community Centre.

International Bazaar
12 p.m. – 3 p.m.
The Landing – University Centre 3rd floor
You might want to skip breakfast! Come out for a celebration of our diversity, complete with delicious international cuisine, music, dancing, and crafts. But come early! The food doesn't last long.

MEMORIAL UNIVERSITY

I ♥ MUNdays

www.mun.ca/mundays